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# INTRODUCTION TO GENERAL PATHOLOGY

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**AUTOPSY**

**INVESTIGATIVE PATHOLOGY**

**Biopsies**

**Surgical Pathology**

**MANIFESTATION OF DISEASE**

**Macroscopic**

**Microscopic**

**Ultrastructure**

# AUTOPSY or NECROPSY

**Autopsy** means "see for yourself". It is a special surgical operation, performed by specially-trained physicians, on a dead body.

Its purpose is to learn the truth about the person's health during life, and how the person really died, i.e. to determine the cause of death.

Autopsy dealing with a body of our own species, a human body.

**Necropsy** dealing with other species.

use of general *Latin expression*

***post mortem*** examination

# AUTOPSY anatomical pathology



*Rembrandt 1632 Anatomy*

# AUTOPSY anatomical pathology

WHAT could be more welcome in a season that demands fresh starts, abstinence and “detoxing” than to discover that you do not have to lift a finger to avoid cancer? A paper published last week in *Science* seemed to offer seasonal bingers every reason for ripping up their New Year’s resolutions. According to many reports of the research, it suggested two-thirds of human cancers are caused by nothing more than bad luck.

Overall, according to research done in Britain by Cancer Research UK, a charity, 42% of cancer cases are tied to factors within an individual’s control. These include smoking (which, through the carcinogenic chemicals it creates, causes 86% of lung cancer, 65% of oesophageal cancer, 37% of bladder cancer and 29% of pancreatic cancer), poor diet (51% of stomach cancer and 56% of head and neck cancer), overexposure to sunlight (86% of malignant melanomas) and infection with papilloma virus (almost 100% of cervical cancer). Obesity, alcohol and lack of exercise are also in the frame. The best advice, then, remains: keep slathering on the sun cream, avoid tobacco smoke, eat and drink well, exercise regularly and, if you are a young woman, have an anti-papilloma vaccination.

**Rembrandt 1632**

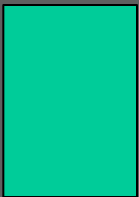
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# **AUTOPSY** anatomical pathology

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**we generally understand that pathology  
is used to explain the past**

**yet at times past organs were examined  
to predict the future**



# AUTOPSY

the two-handed pathologist

according to Bernhard Wagner, MD New York



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# PATHOLOGY and LABORATORY MEDICINE

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## clinical and *ante mortem* vs *post mortem*

- needle aspirates, biopsies
- clinical pathology : hematology, blood chemistry, cytology, cytoscan
- intra-operative surgical pathology
- in combination with ultrasound, x-ray, mri, nmr

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# PATHOLOGY and LABORATORY MEDICINE

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## **autopsy and *post mortem***

- external examination
- samples of body fluids, body parts
- chemical, physical analysis, x-ray, tomography, mri etc.
- laboratory tests
- histopathology, immunology, histo-chemistry
- genetics



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# PATHOLOGY and LABORATORY MEDICINE

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## clinical and *ante mortem*

- needle aspirates, biopsies, smears
- frozen sections (e.g. during surgery)

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# THE PATHOLOGIST

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the pathologist a **generalist physician**

**always works together with other disciplines /  
specialists :**

**this makes the work a lot of fun**

**namely working with a large variety of other  
people, professions**

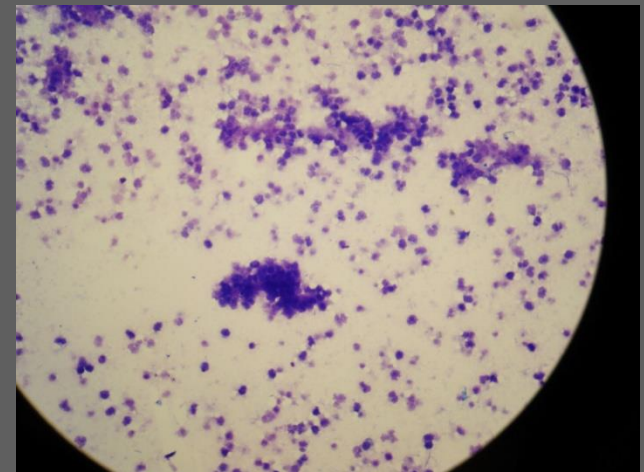
**the pleasure of sharing**

*(note Herve This)*

# PATHOLOGY and LABORATORY MEDICINE

## clinical and *ante mortem*

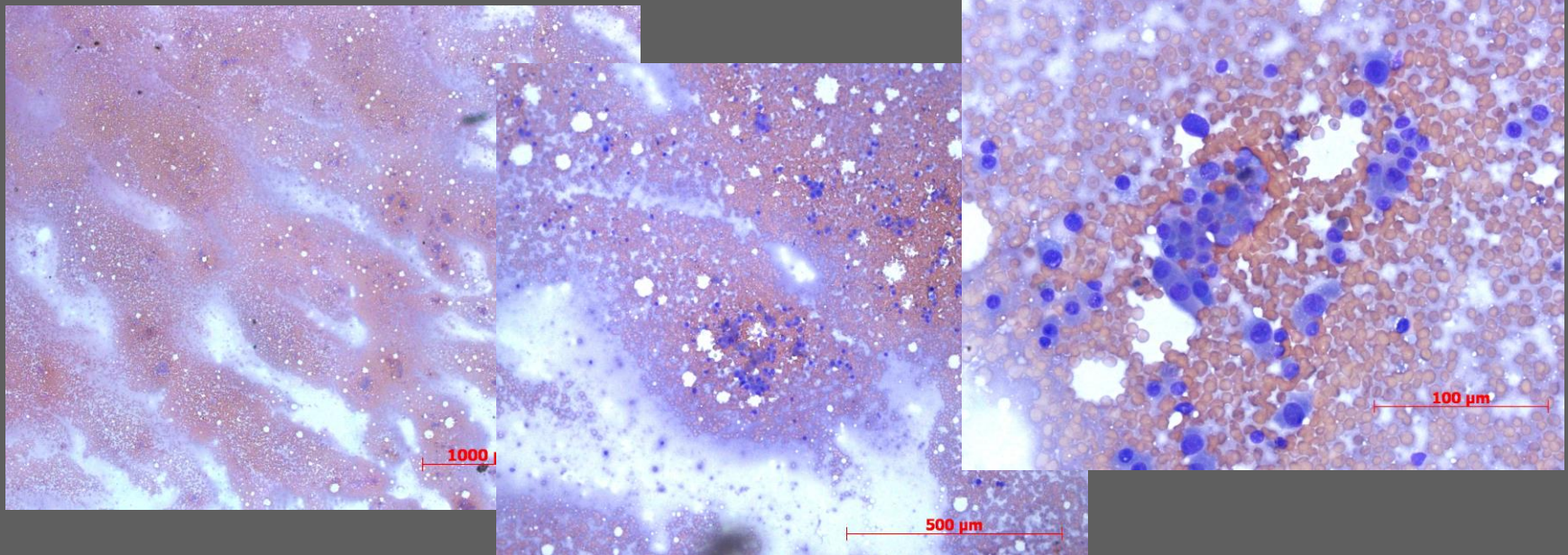
- needle aspirates, biopsies
- clinical pathology : haematology, blood chemistry
- intra-operative surgical pathology



# PATHOLOGY and LABORATORY MEDICINE

## clinical and *ante mortem*

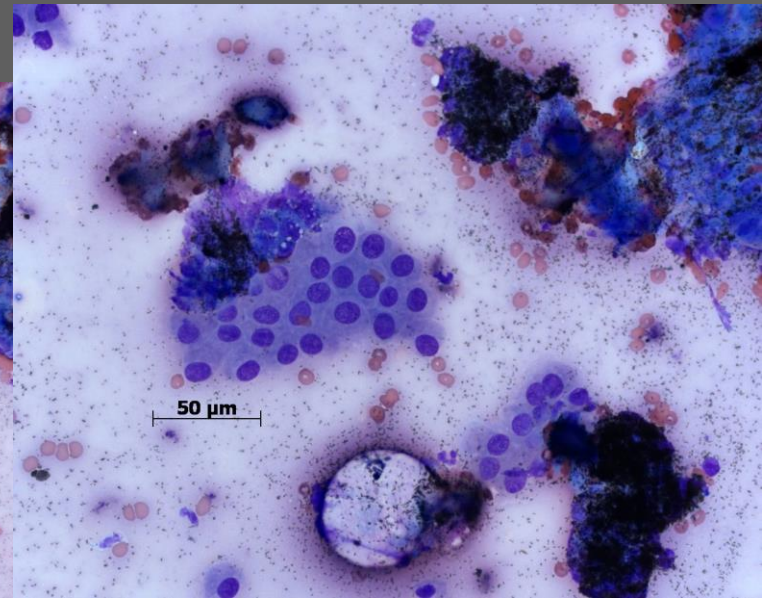
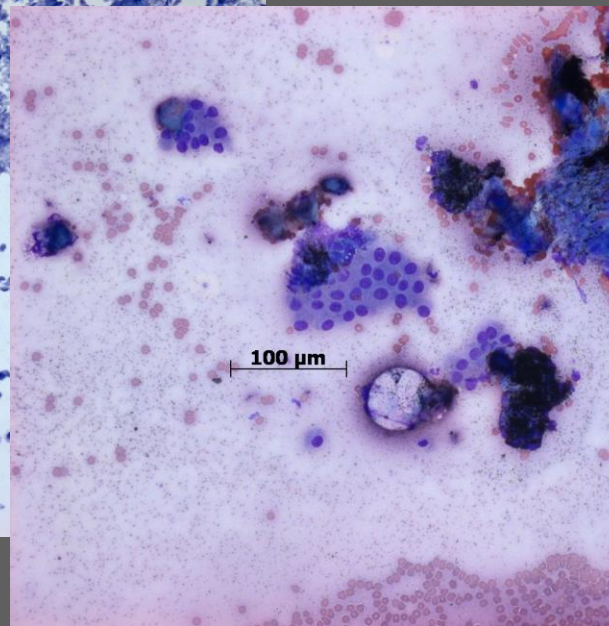
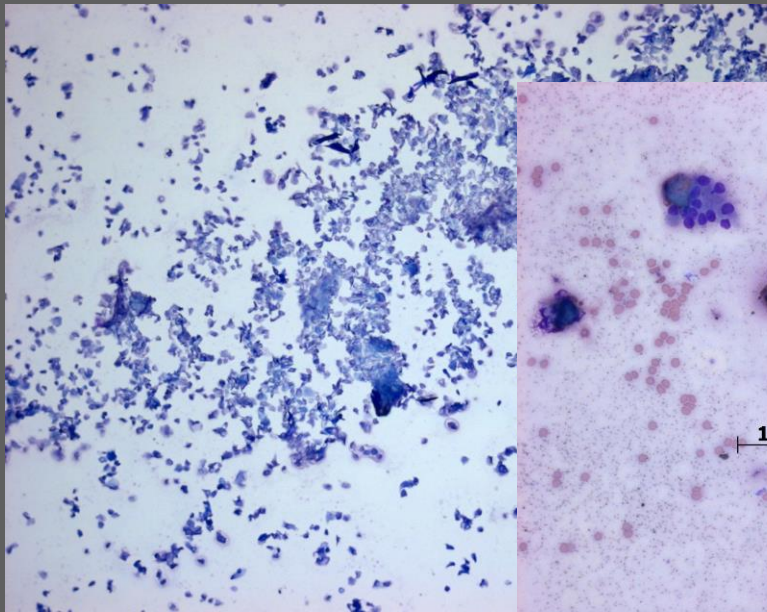
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# PATHOLOGY and LABORATORY MEDICINE

## clinical and *ante mortem*

- needle aspirates, biopsies
- clinical pathology : haematology, blood chemistry
- intra-operative surgical pathology



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# THE PATHOLOGIST

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A medical pathologist is a **physician** with a specialty degree in the scientific study of the body and its parts. This always includes several years learning to do autopsies and ancillary investigations, and to work in Laboratory Medicine in combination with Clinical Medicine.

The pathologist is a very good example of a **generalist physician**, working with specialists

the one who puts the **puzzle** together  
if only sometimes **at the end**

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# THE PATHOLOGIST

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A pathologist can also be a **veterinarian** with a specialty degree in the scientific study of the body and its parts in many different animal species.

This always includes several years learning to do autopsies, learning anatomy / physiology of various species, ancillary investigations, and to work in Laboratory Medicine.

The veterinary pathologist will be working with specialists, biologists, zoologists trying to put the **puzzle** together

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# PATHOLOGIST ... STORY TELLER

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If there is no story to be put together at the end.....

**where is the fun ?**

Pathology reporting is most satisfying when the conclusions make sense

Pathologist are by nature very curious, never quite satisfied with the answers, often distracted by serendipity

(Some are said to have started doing autopsies on their Teddy Bears..  
Finding the source of the noise)



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# **PATHOLOGIST ... STORY TELLER**

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**Stories need to be put together at the end.....**

**Pathologist are also working with Paleontologists trying to piece together the living history of specimens found for instance in excavations etc.**

**can have influence on history (e.g. Napoleon)**

**can describe diseases in mummies and skeletons**

# PATHOLOGIST ... STORY TELLER



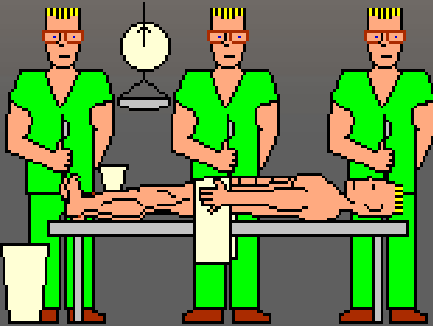
Pathologists are also working with Paleontologists trying to piece together the living history of specimens found for instance in excavations etc.

can describe diseases in mummies and skeletons

A 2011 study of 52 mummies in the Egyptian Museum in Cairo showed that almost half had clogged arteries, the kind of condition that can lead to a heart attack or stroke.

This perfectly preserved baby from Peru was born with a heart defect. NAT GEO

# EXAMPLE OF AN AUTOPSY



a dead cat

(In case of a human corpse the body would have already been identified.)

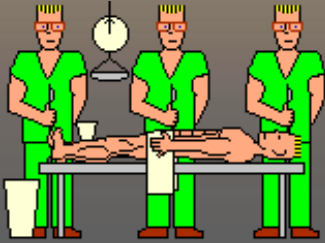
Lawful consent needs to be obtained for an autopsy or necropsy to get started.



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# AUTOPSY

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the actual procedure

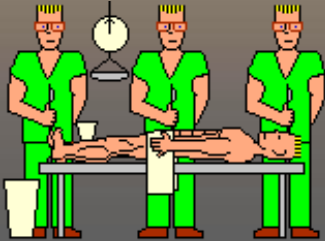
The procedure is done with respect and seriousness. The prevailing mood in the autopsy room is **curiosity**, scientific interest, and **pleasure** at being able to find the truth and share it.

Most pathologists choose their specialty, at least in part, because they like finding answers and like to share their acquired knowledge, which might be useful to the living (e.g. side effects of therapies, exposure to dangerous workplaces, sports).

*“hic locus est ubi mors gaudet succurrere vitae”*

this is the place where death rejoices to teach those who live

# AUTOPSY

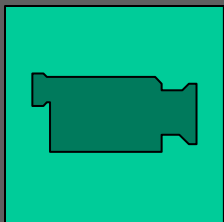


the actual procedure

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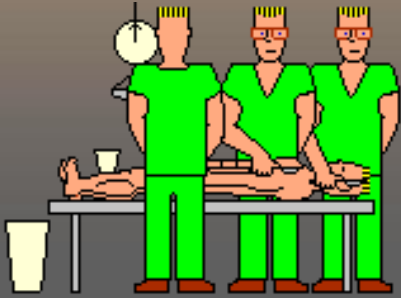
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this is the place where death rejoices to teach those who live

# AUTOPSY



The pathologist first examines the outside of the body. A great deal can be learned in this way about the general health for instance

dead dog

Observations  
Measuring  
Recording  
Describing



# AUTOPSY



**Observation**  
**Measuring**  
**Recording**

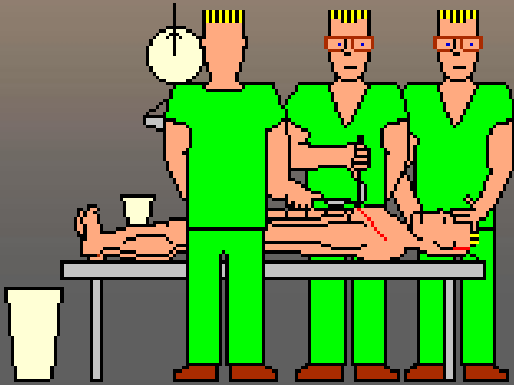
## technique



To expose the internal organs the pathologist must open the body. The first cut known as the 'Y' incision, is made. The arms of the Y extend from the front of each shoulder to the bottom end of the breastbone. The tail of the Y extends from the sternum to the pubic bone and typically deviates to avoid the navel.

The incision is very deep, extending to the rib cage on the chest, and completely through the abdominal wall below that. The skin from this cut is peeled back, with the top flap pulled over the face.

# AUTOPSY



## STANDARD PROCEDURES

The body is opened using a Y-shaped incision from shoulders to mid-chest and down to the pubic region. If the head is to be opened, the pathologist makes a second incision across the head, joining the bony prominences just below and behind the ears. When this is sewed back up, it will be concealed by the pillow on which the dead person's head rests.

The pathologist uses a scalpel for these incisions. There is almost no bleeding, since a dead body has no blood pressure except that produced by gravity.





# AUTOPSY

sometimes pathologists have to deal with curious bystanders who might not be respectful

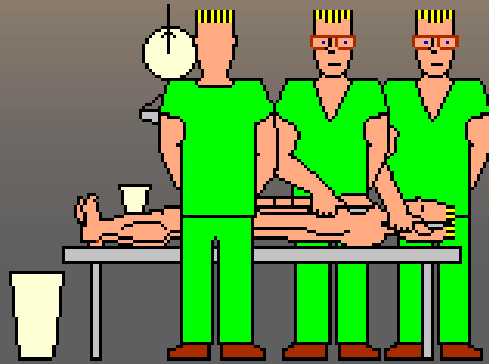


## L'image du martyr

Le 10 octobre 1967, le corps du Che est exposé à Vallegrande. Enterrée en secret, sa dépouille ne sera rapatriée et inhumée à Cuba qu'en 1997.

# AUTOPSY / NECROPSY

The pathologist first examines the outside of the body. A great deal can be learned in this way.

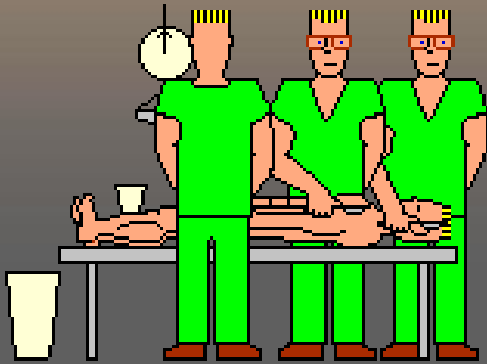


Observations  
Measuring  
Recording

on location  
there would be  
additional  
information  
available



# AUTOPSY

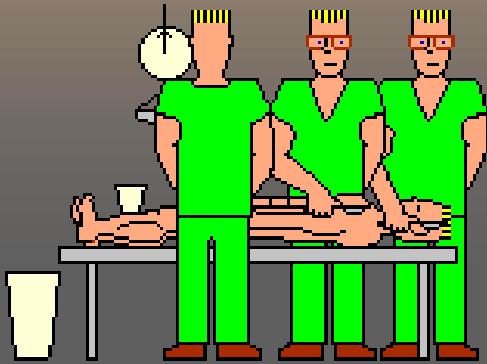


Observations  
Measuring  
Recording  
sometimes there  
is clear evidence

rarely



# AUTOPSY



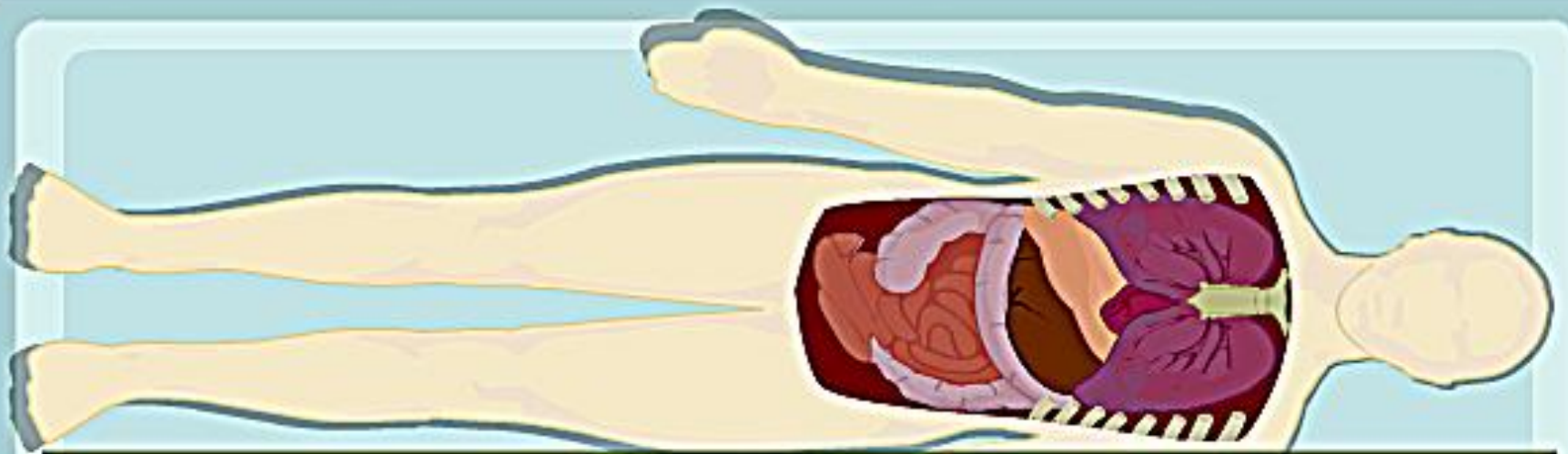
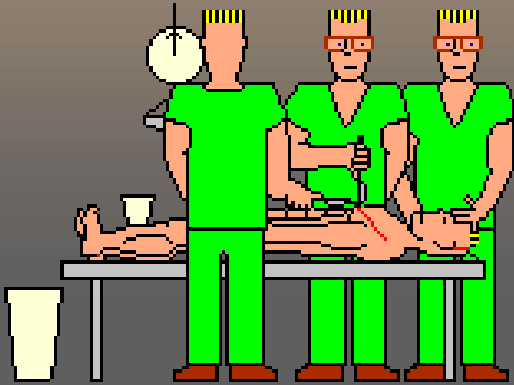
The pathologist first examines the outside of the body. A great deal can be learned in this way.

Observations  
Measuring  
Recording

clear evidence for  
the cause of death

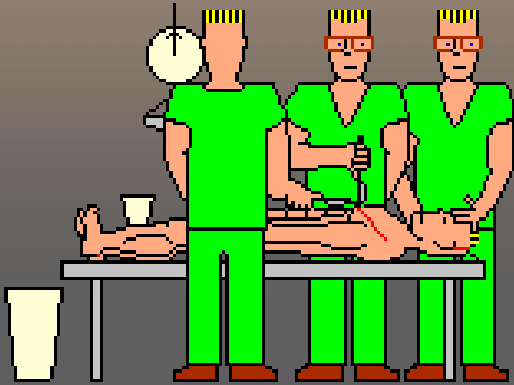


# AUTOPSY



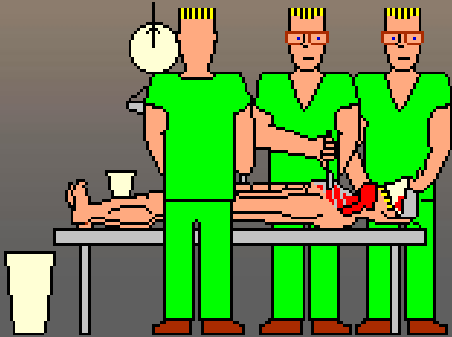
Following the Y incision the ribs are sawn off to expose the internal organs.

# AUTOPSY



Each pathology service has its own autopsy technique. The most common way to remove the organs is known as the Rokitansky method - removing the body organs all at once. That is, the heart, lungs, liver, kidneys and spleen etc are removed in one block and then dissected on the autopsy table.

# AUTOPSY



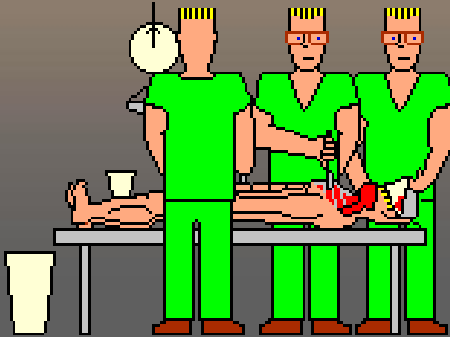
The incisions are carried down to the rib cage and breastbone, and the cavity which contains the organs of the abdomen. The soft tissues in front of the chest are then reflected back. Again, the pathologist looks around for any abnormalities.

There is a great deal to be learned from touch also



90H

# AUTOPSY



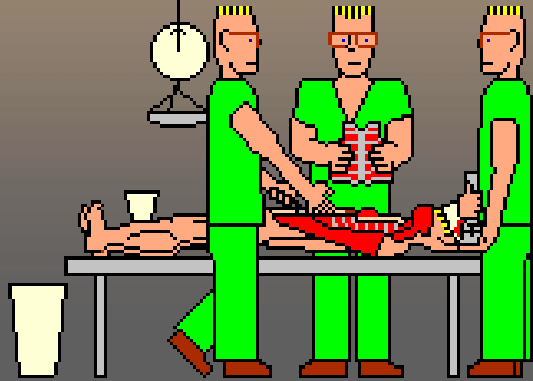
The soft tissues, skin in front of the chest are then reflected back. Again, the pathologist looks around for any abnormalities.

**COLOR** is important

discoloration of fat in subcutaneous tissue







## AUTOPSY

When the breastbone and attached rib cartilages are removed, they are examined (sometimes they are fractured during cardiopulmonary resuscitation)

Freeing up the intestine takes some time.

smell  
stage of decomposition



opening the abdomen reveals not only organs but also fluids, colored or not

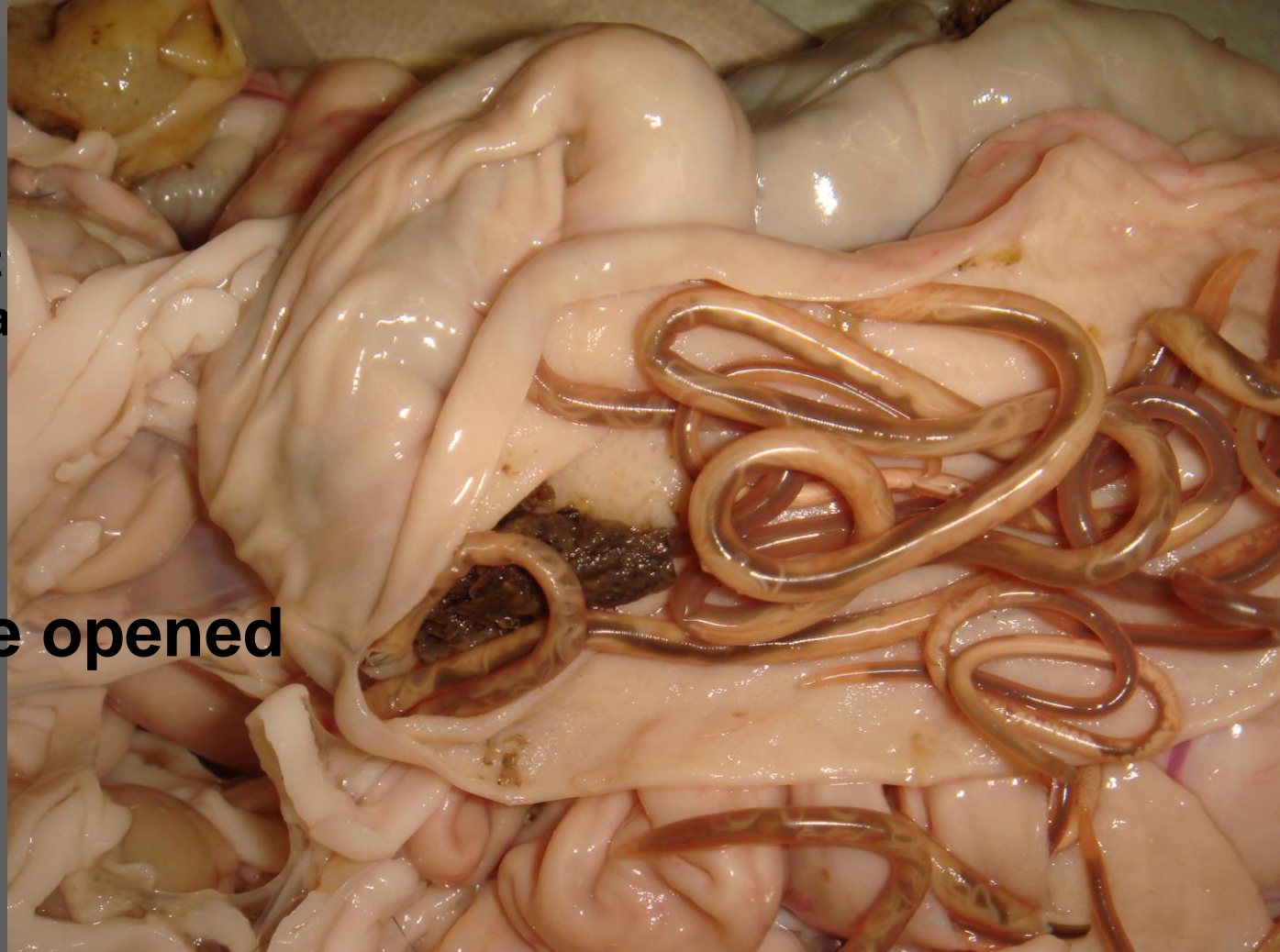


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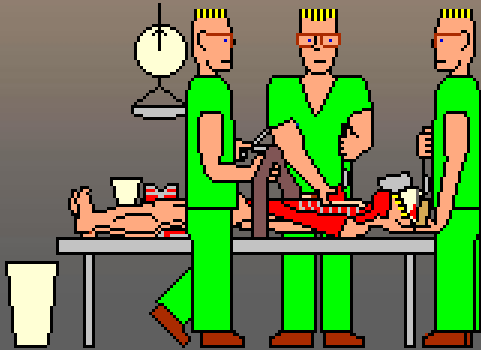


organs are laid out  
for further examination

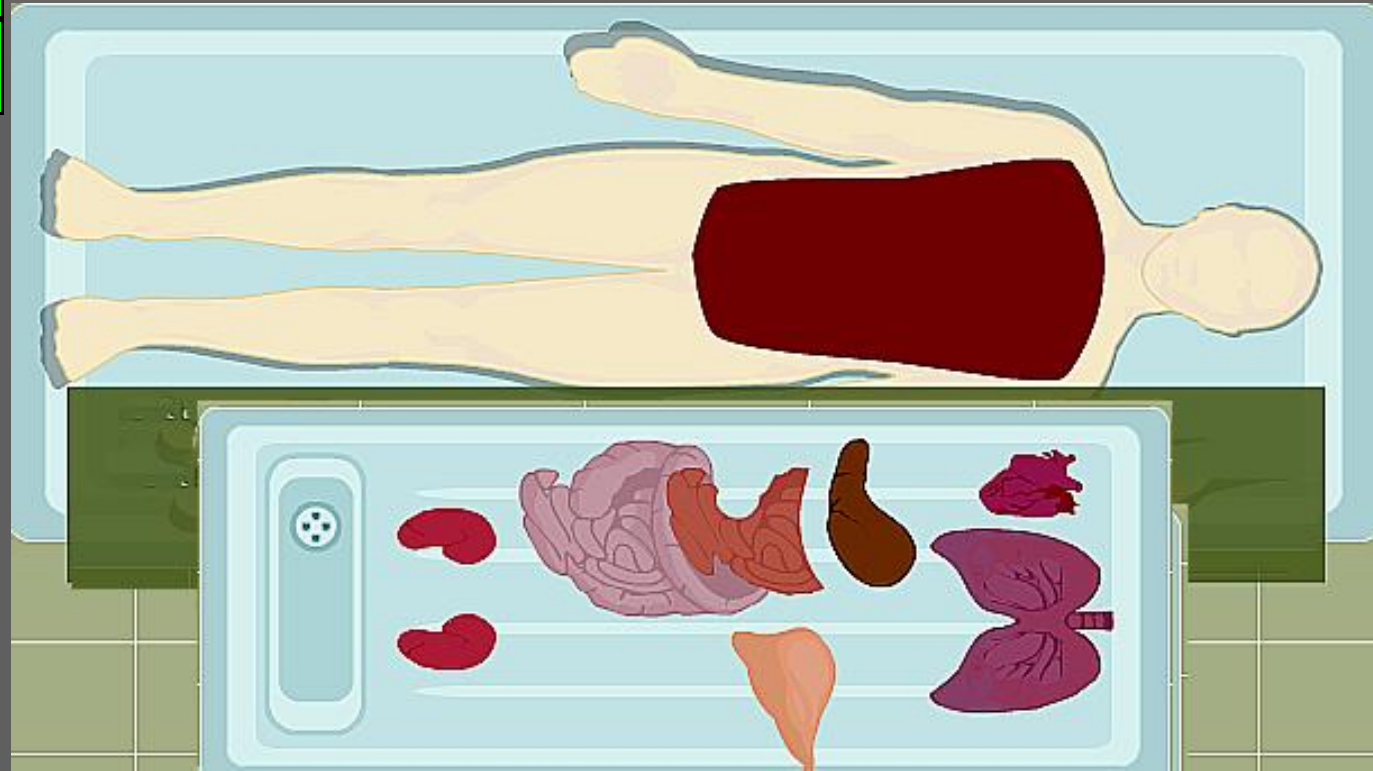
intestines are opened



# AUTOPSY

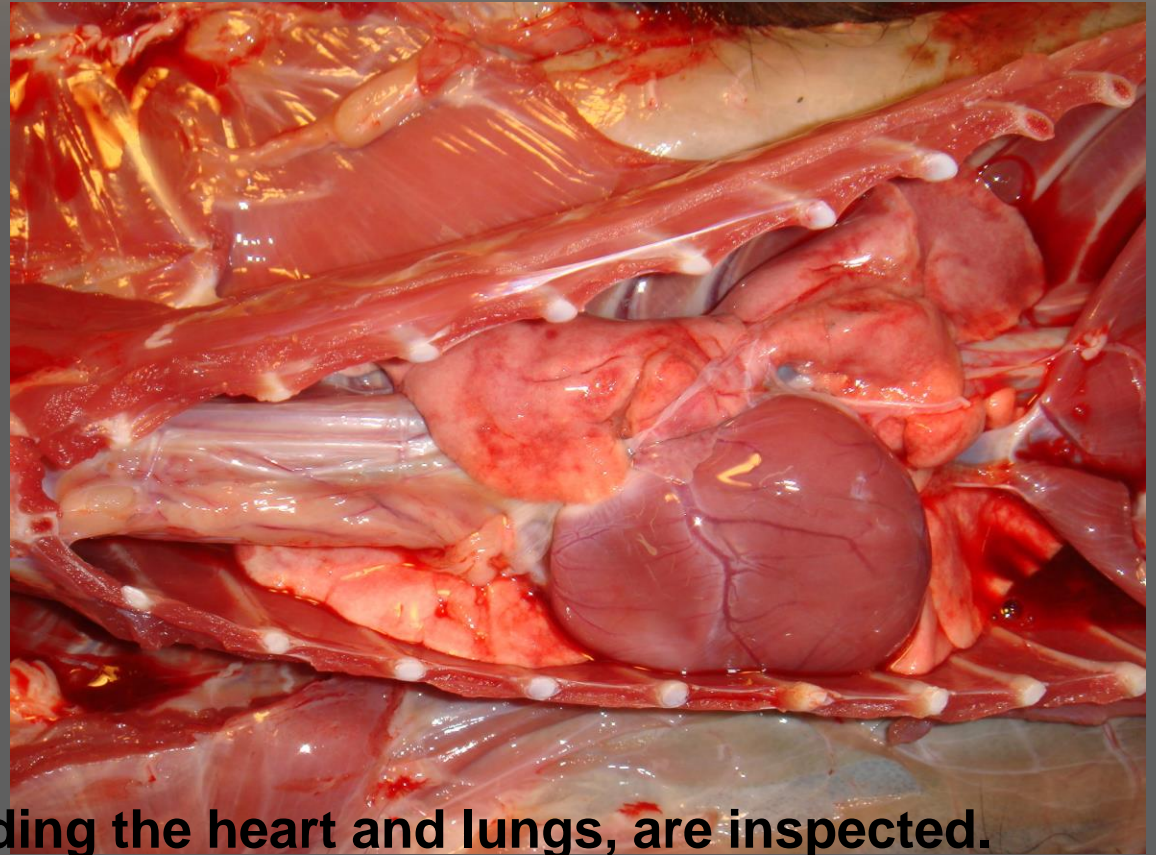
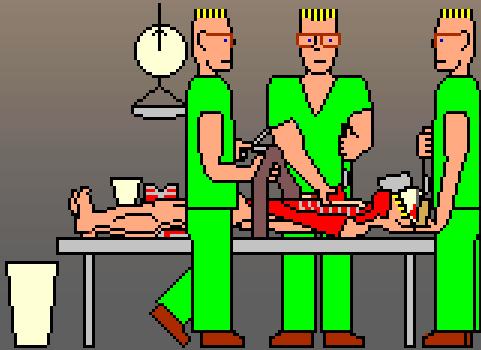


organs are laid out for further examination



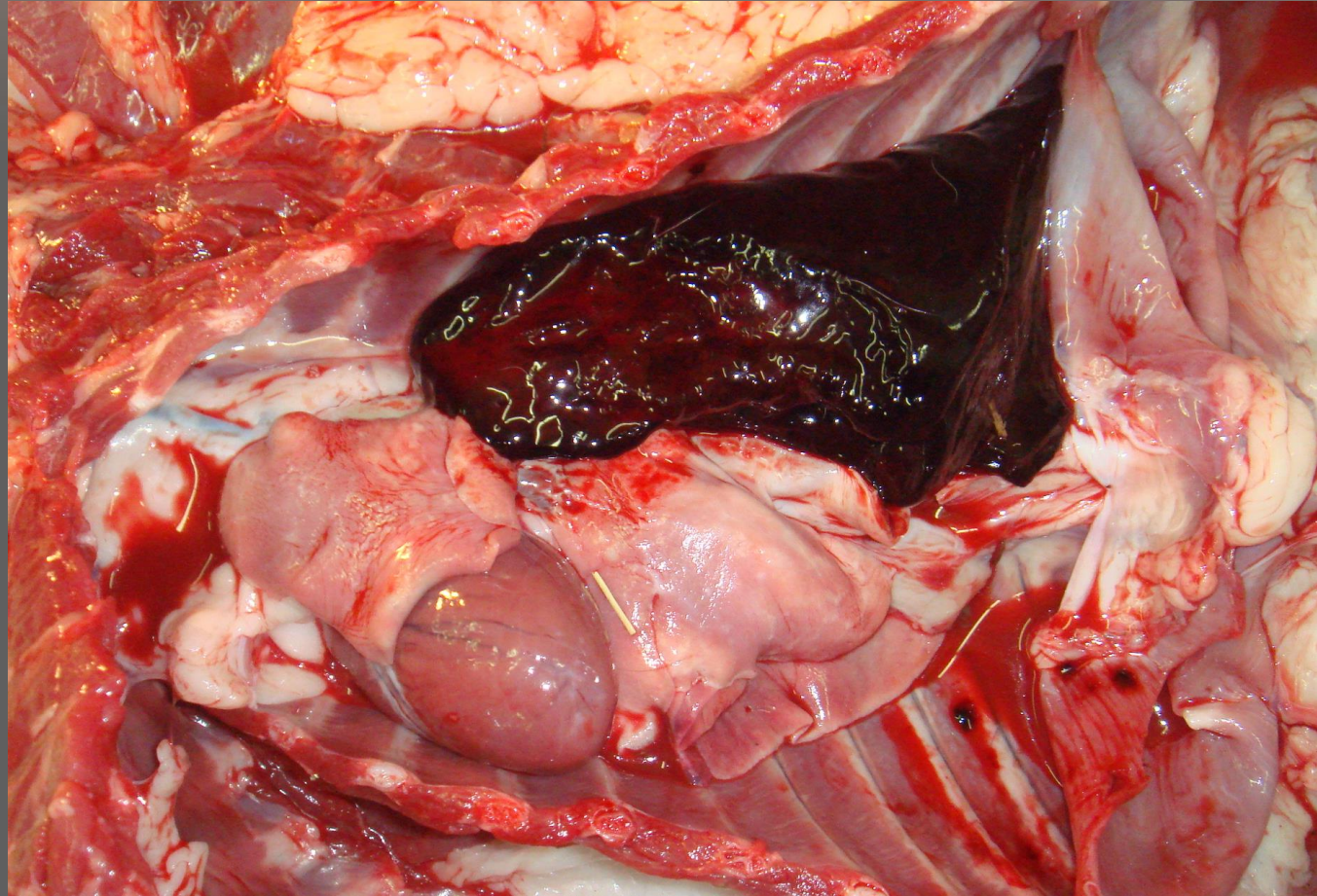
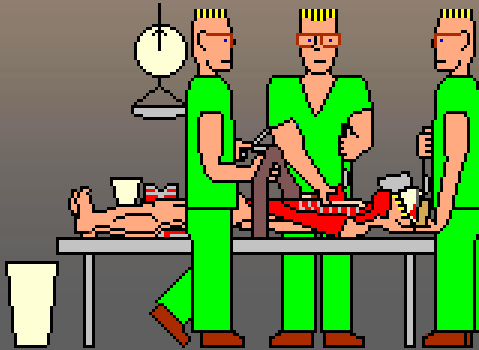
The chest organs, including the heart and lungs, are inspected. Sometimes the pathologist takes blood from the heart to check for bacteria, toxins etc. in the blood. Even the fluid in the eye can be analysed.

# AUTOPSY



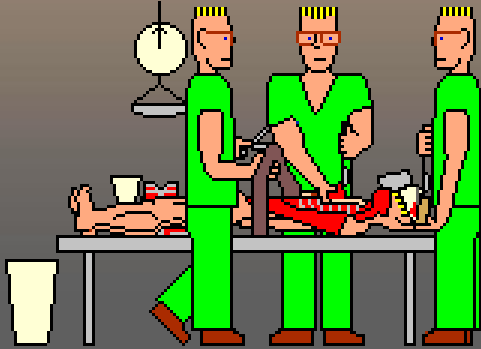
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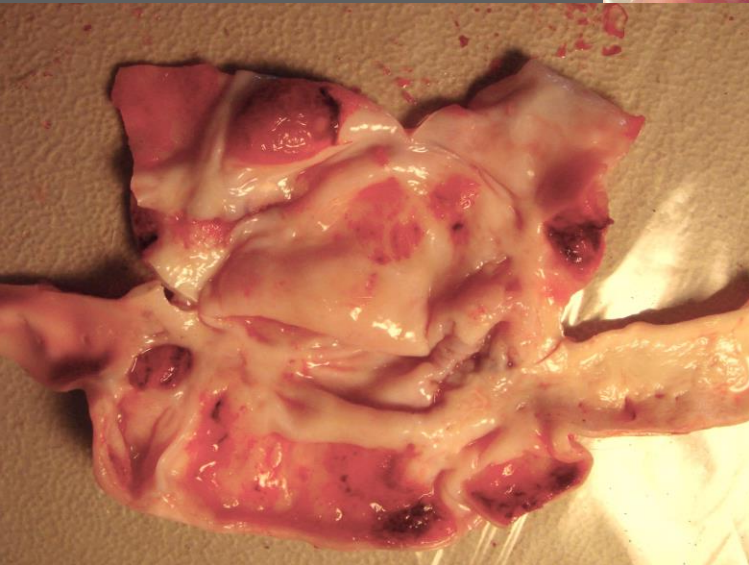
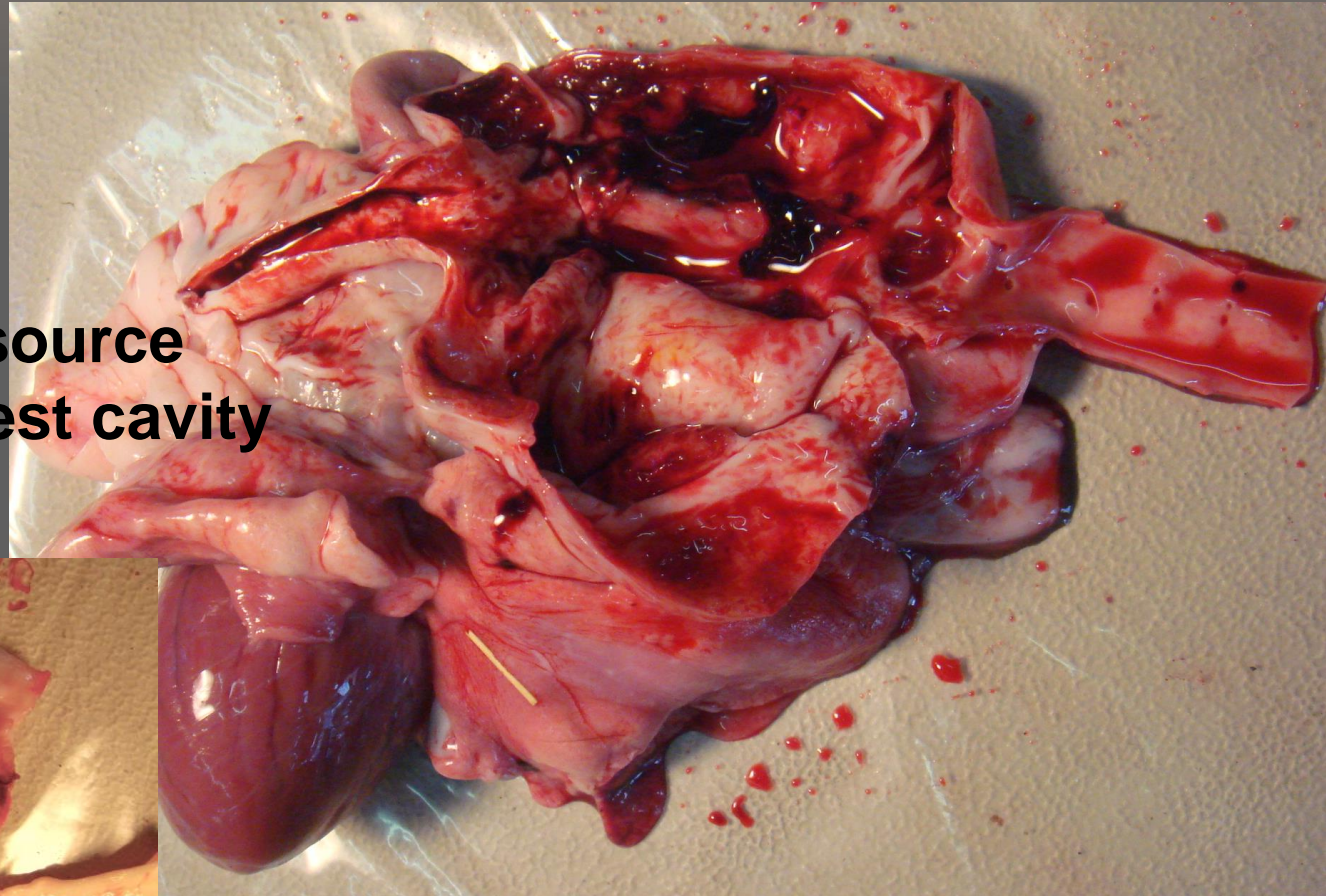


**The chest organs, including the heart and lungs, and chest fluid are inspected.**

# AUTOPSY

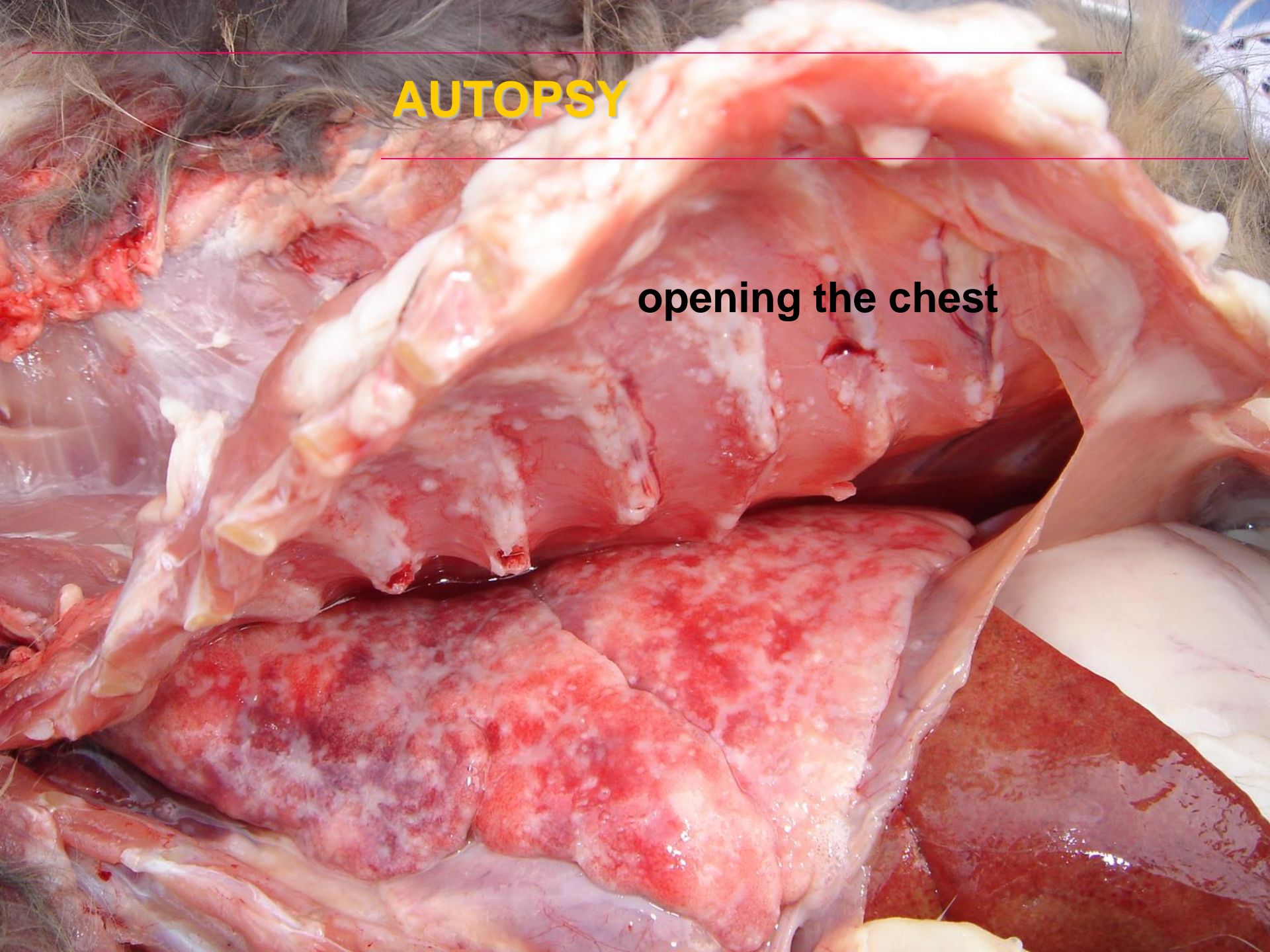


investigating the source  
of blood in the chest cavity



# AUTOPSY

opening the chest

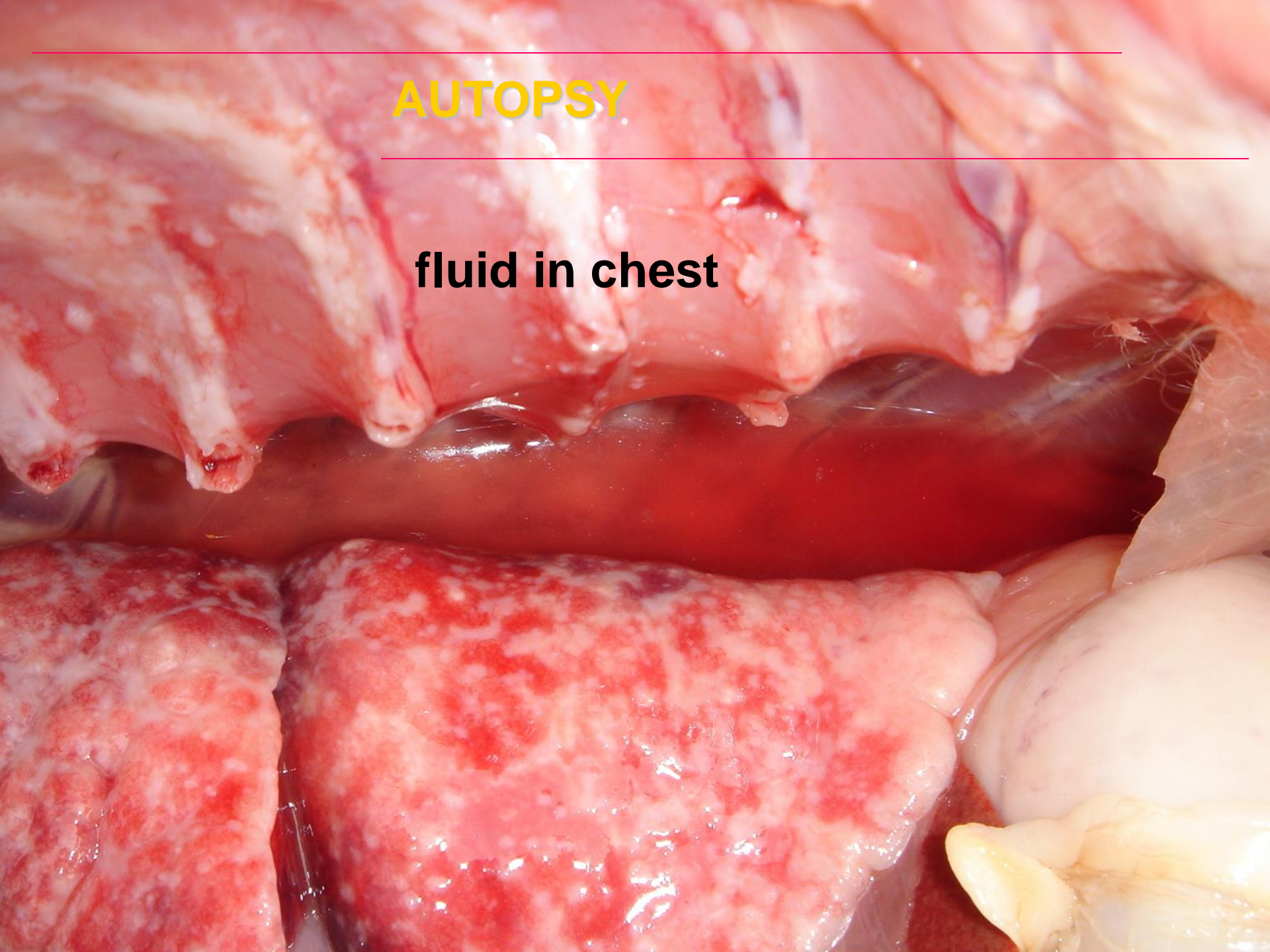




# AUTOPSY

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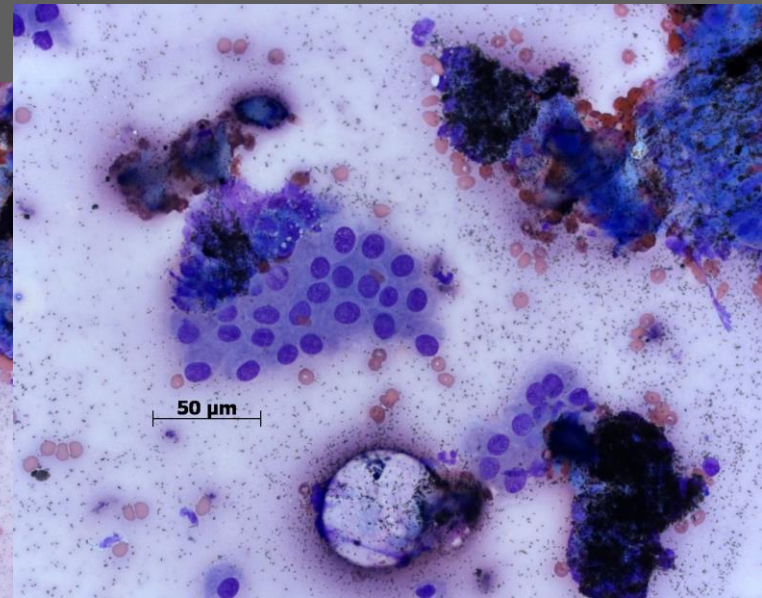
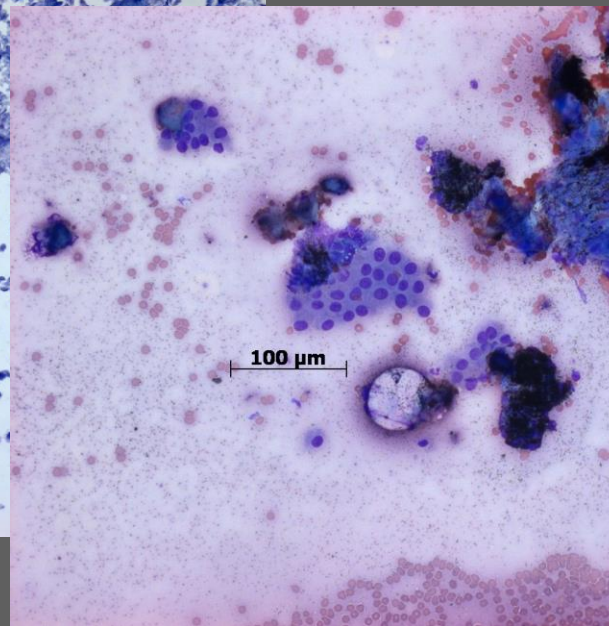
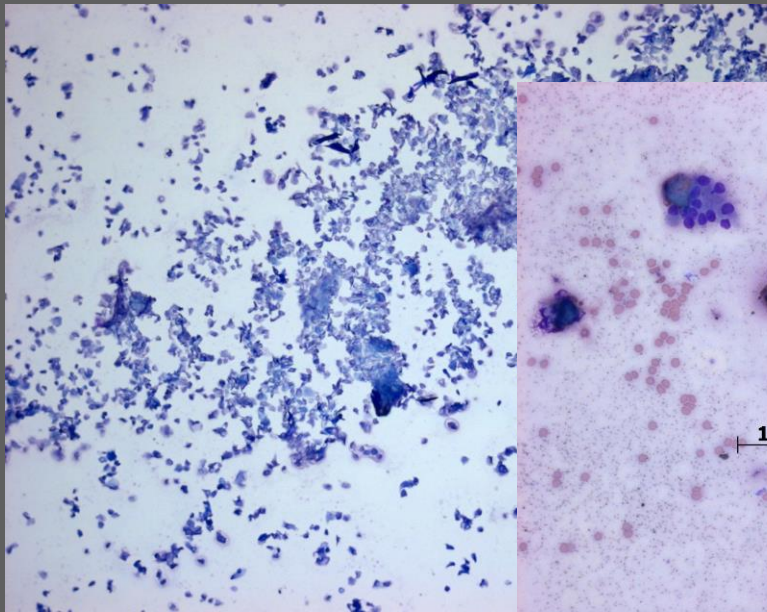
**fluid in chest**



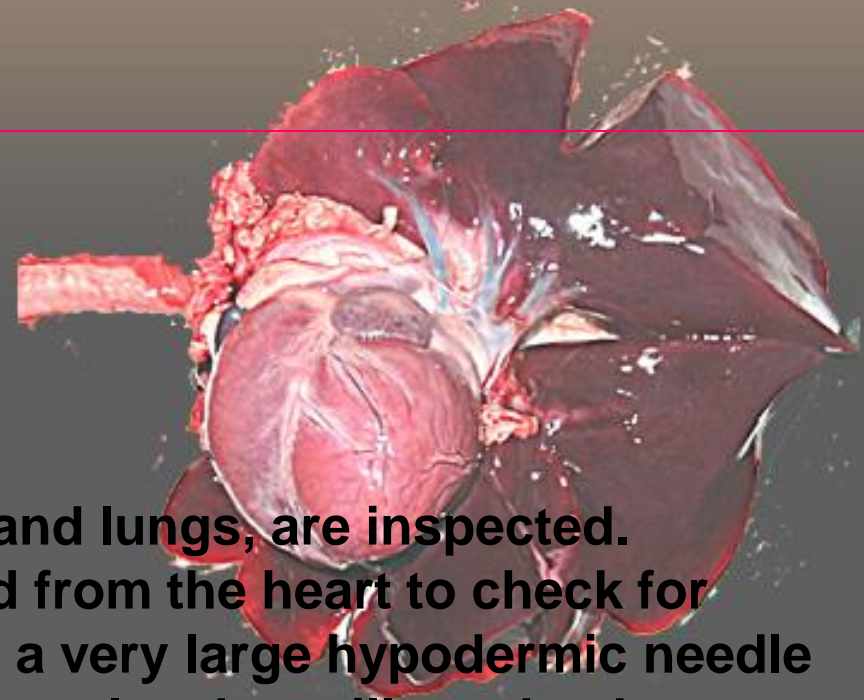
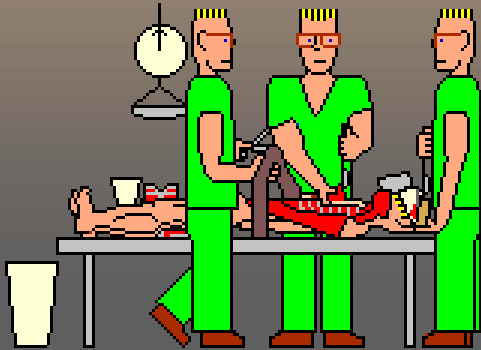
# PATHOLOGY and LABORATORY MEDICINE

clinical and *ante mortem post mortem*

- needle aspirates, biopsies
- clinical pathology : haematology, blood chemistry
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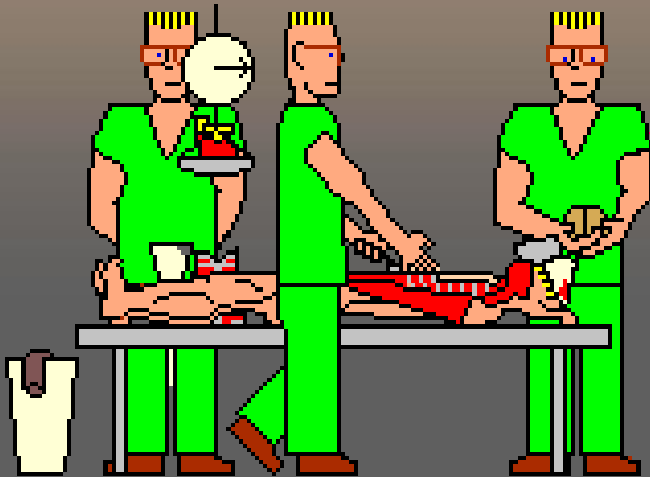
# AUTOPSY



The chest organs, including the heart and lungs, are inspected. Sometimes the pathologist takes blood from the heart to check for bacteria in the blood. For this, he uses a very large hypodermic needle and syringe. He may also find something else that will need to be sent to the microbiology lab to search for infection. Sometimes the pathologist will send blood, urine, bile, or even the fluid of the eye for chemical study and to look for medicine, street drugs, alcohols, and/or poisons.

Then the pathologist must decide in what order to perform the rest of the autopsy. The choice will be based on a variety of considerations.

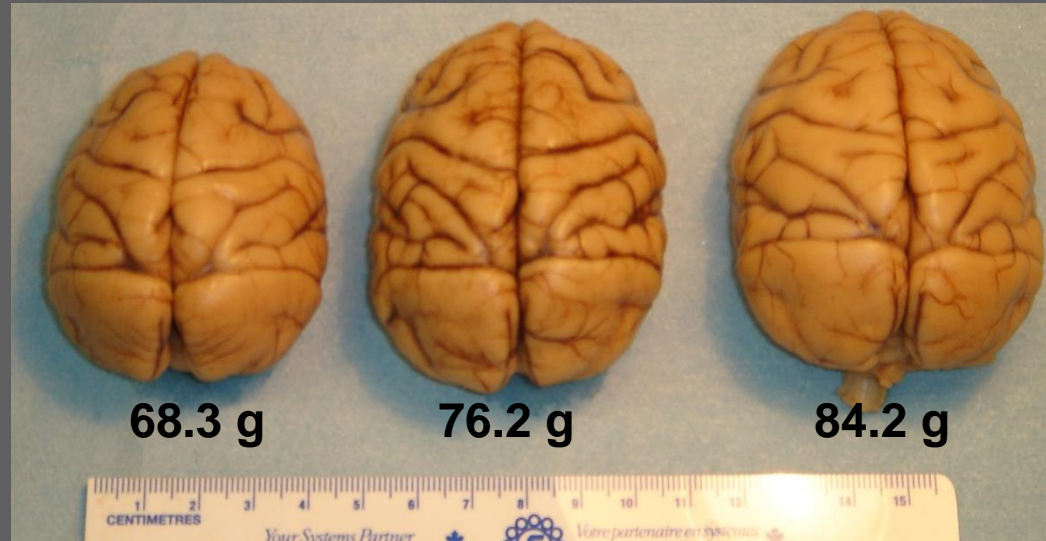
# AUTOPSY



The pathologist weighs the major solid organs (heart, lung, brain, kidney, liver, spleen, sometimes others) on a grocer's scale. The smaller organs (thyroid, adrenals) get weighed on a chemist's triple-beam balance. The next step in this abdominal dissection will be exploring the bile ducts and then freeing up the liver.

for humans  
there are tables with average weights  
of organs according to age, sex etc.

there are some difficulties to find tables  
for animals



# AUTOPSY



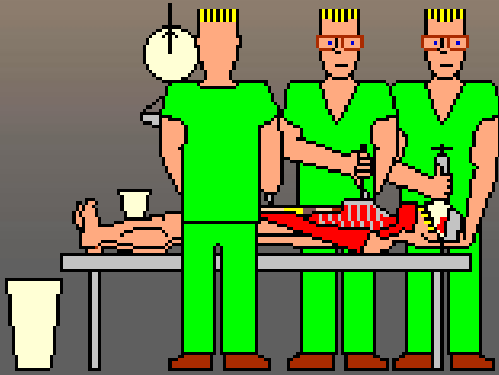
Take the organs that are to be weighed one at a time from the tray to the scales.

Intestines and stomach are not weighed.

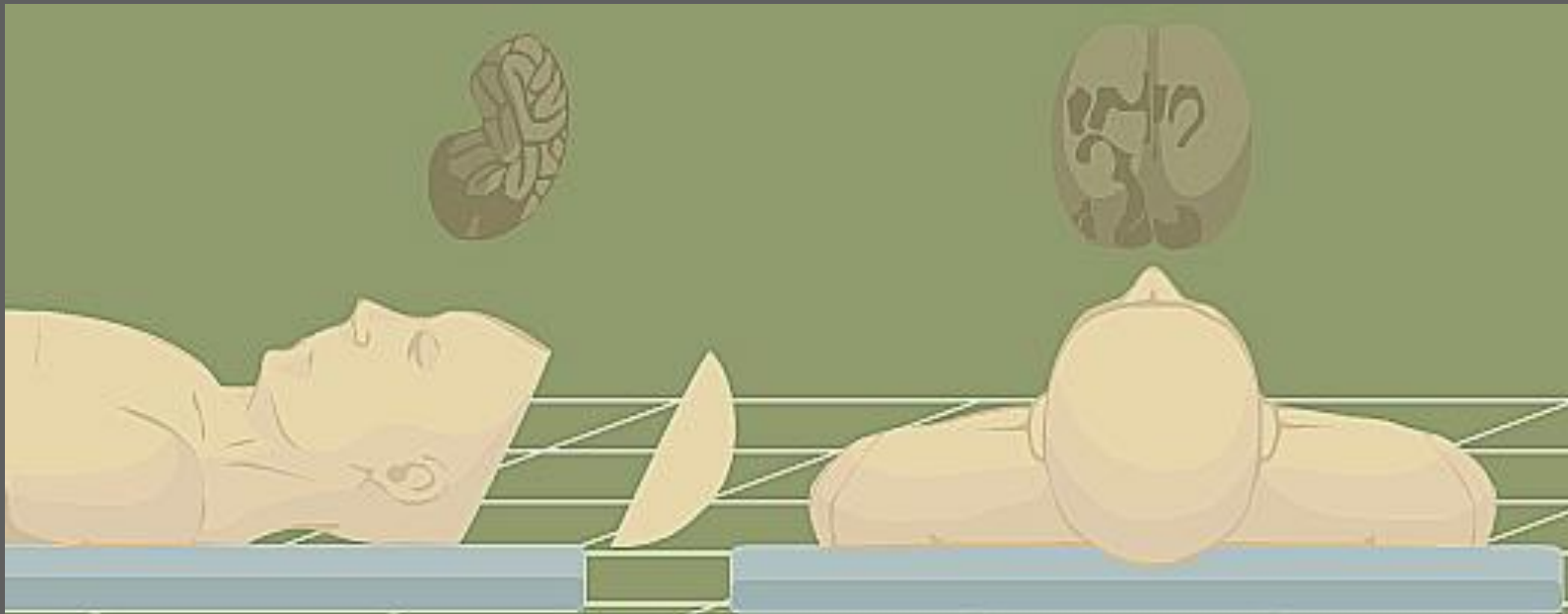


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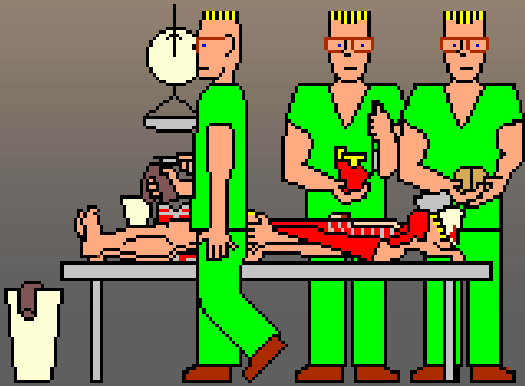
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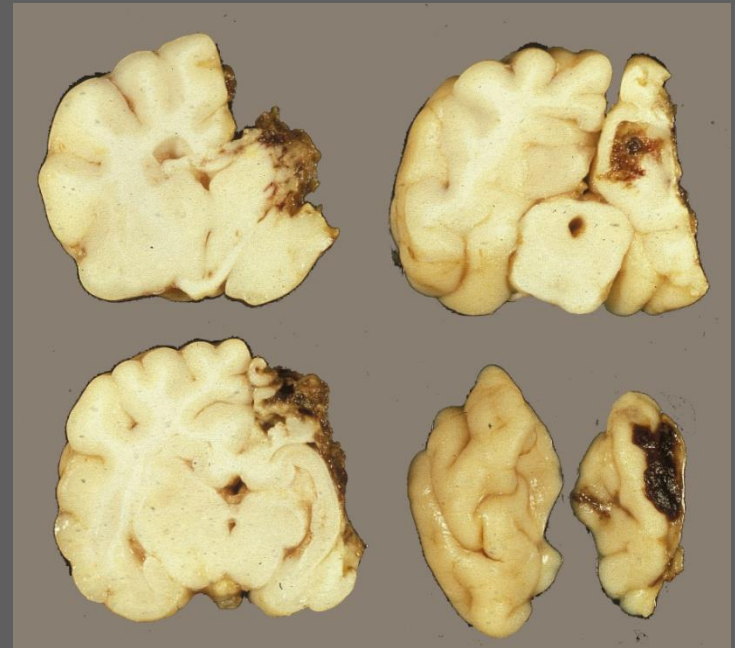
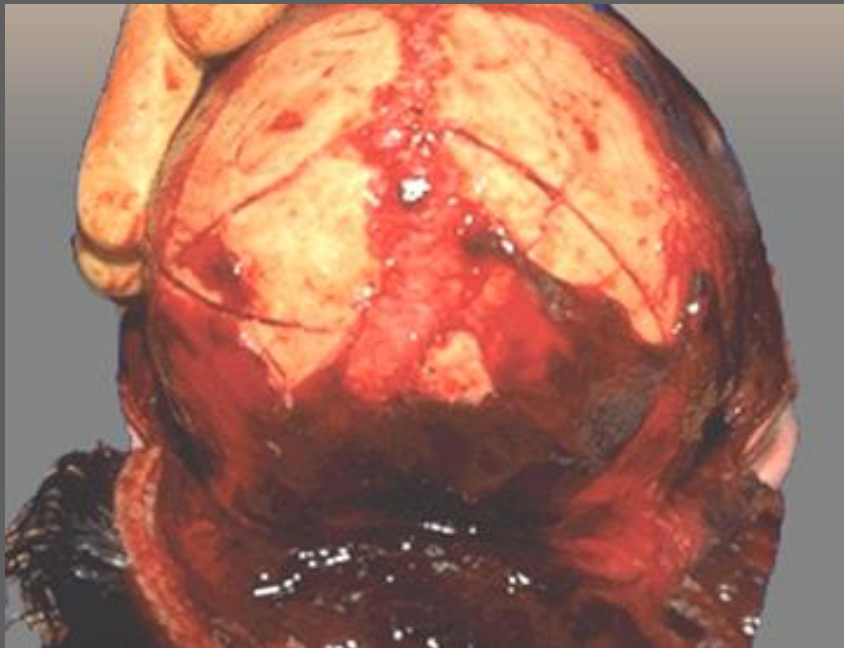
To open the skull a special vibrating saw is used that cuts bone but not soft tissue. This is an important safety feature.



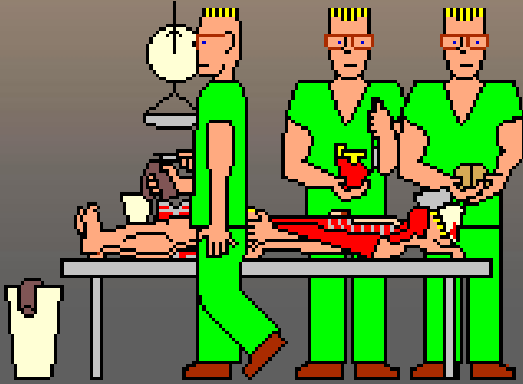
# AUTOPSY



Inspecting the brain often reveals surprises. A good pathologist takes some time to do this.

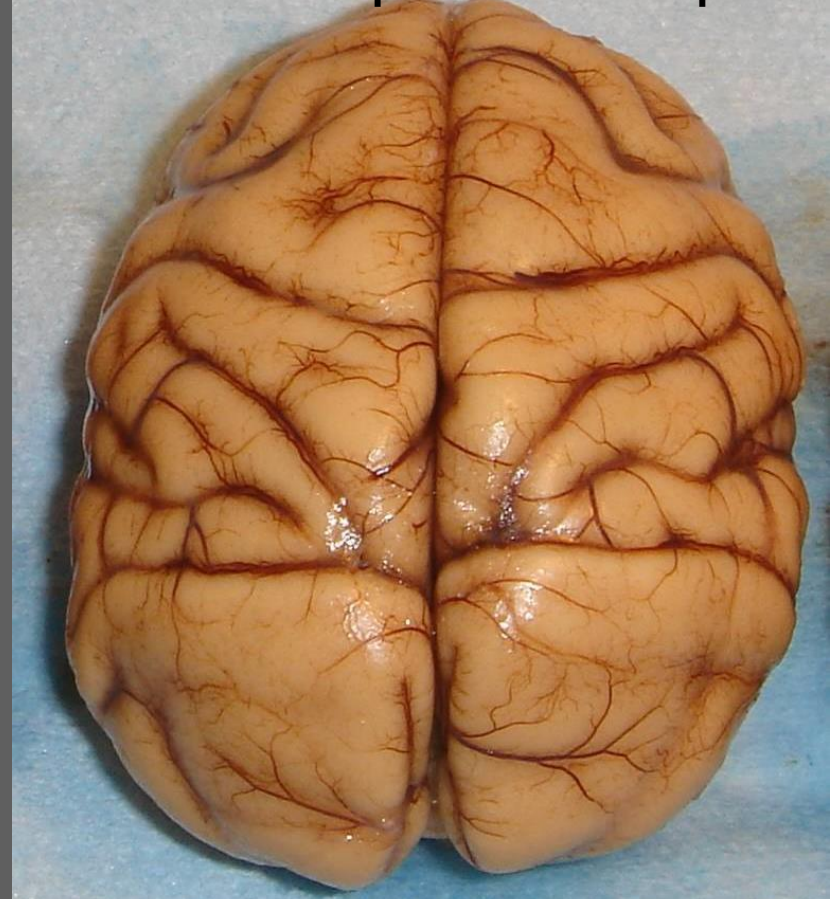


# AUTOPSY



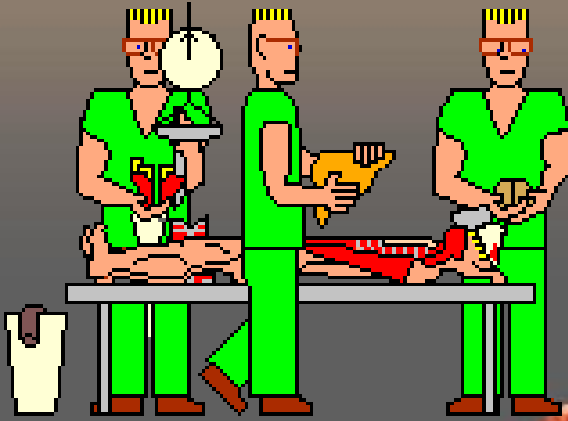
Inspecting the brain often reveals surprises. A good pathologist takes some time to do this.

it is good sometimes to have a specimen to compare





# AUTOPSY



The liver has been removed. The pathologist has found something important. It appears that this man had a fatty liver. It is too light, too orange, and a bit too big. Perhaps this man had been drinking heavily for a while.

Check notes / clinical observations / patient history



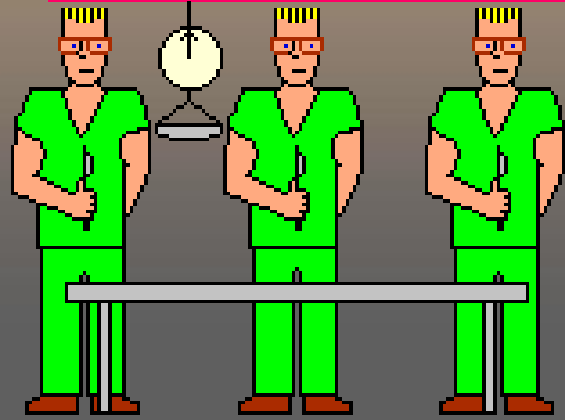
# AUTOPSY

if the only finding in this imaginary autopsy was fatty liver.



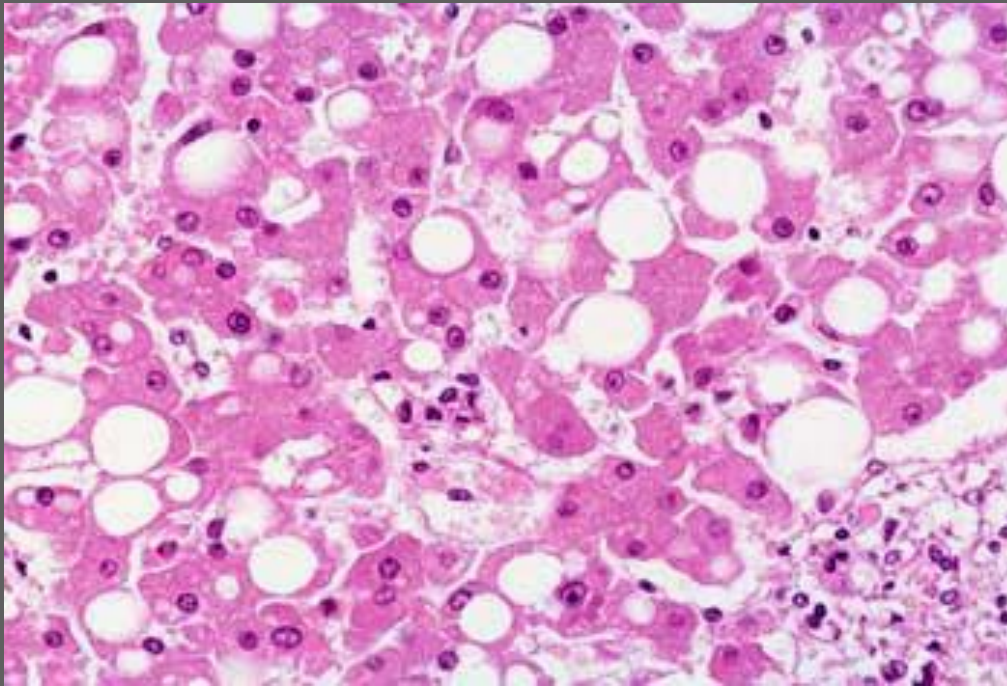
There are several ways in which heavy drinking, without any other disease, can kill a person. The pathologists will rule each of these in or out, and will probably be able to give a single answer to the police or family.

# AUTOPSY



These sketches do not show all the steps of an autopsy, but will give you the general idea.

The pathologists will submit the tissue they saved to the histology lab tomorrow (**after fixation**), to be made into microscopic slides (**within days**). When these are ready, they will examine the sections (under the microscope), look at the results of any lab work, and draw their final conclusions.



# AUTOPSY



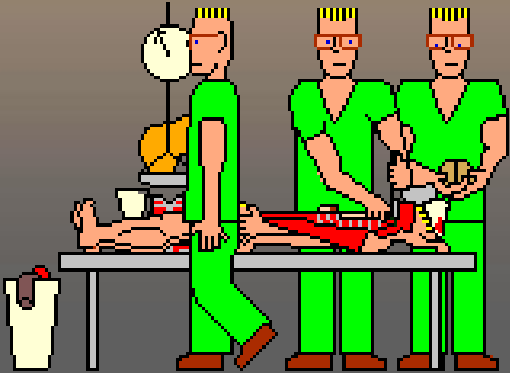
The lungs are almost never normal at autopsy. The pathologist will inspect and feel them for areas of pneumonia and other abnormalities.

The pathologist weighs both sides of the lungs together, then each one separately. Afterwards, the lungs may get inflated with fixative.

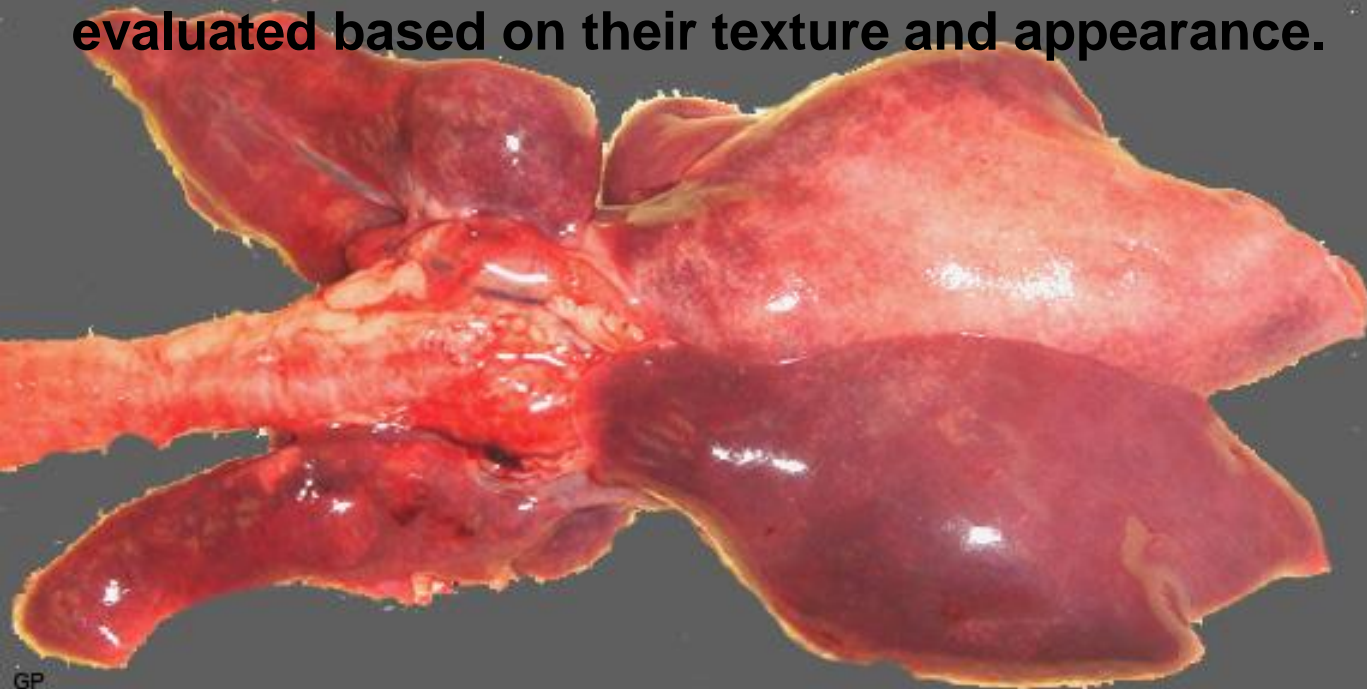
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# AUTOPSY

---



Dissecting the lungs can be done in any of several ways. All methods reveal the surfaces of the large airways, and the great arteries of the lungs. Most pathologists use the long knife again while studying the lungs. The air spaces of the lungs will be evaluated based on their texture and appearance.



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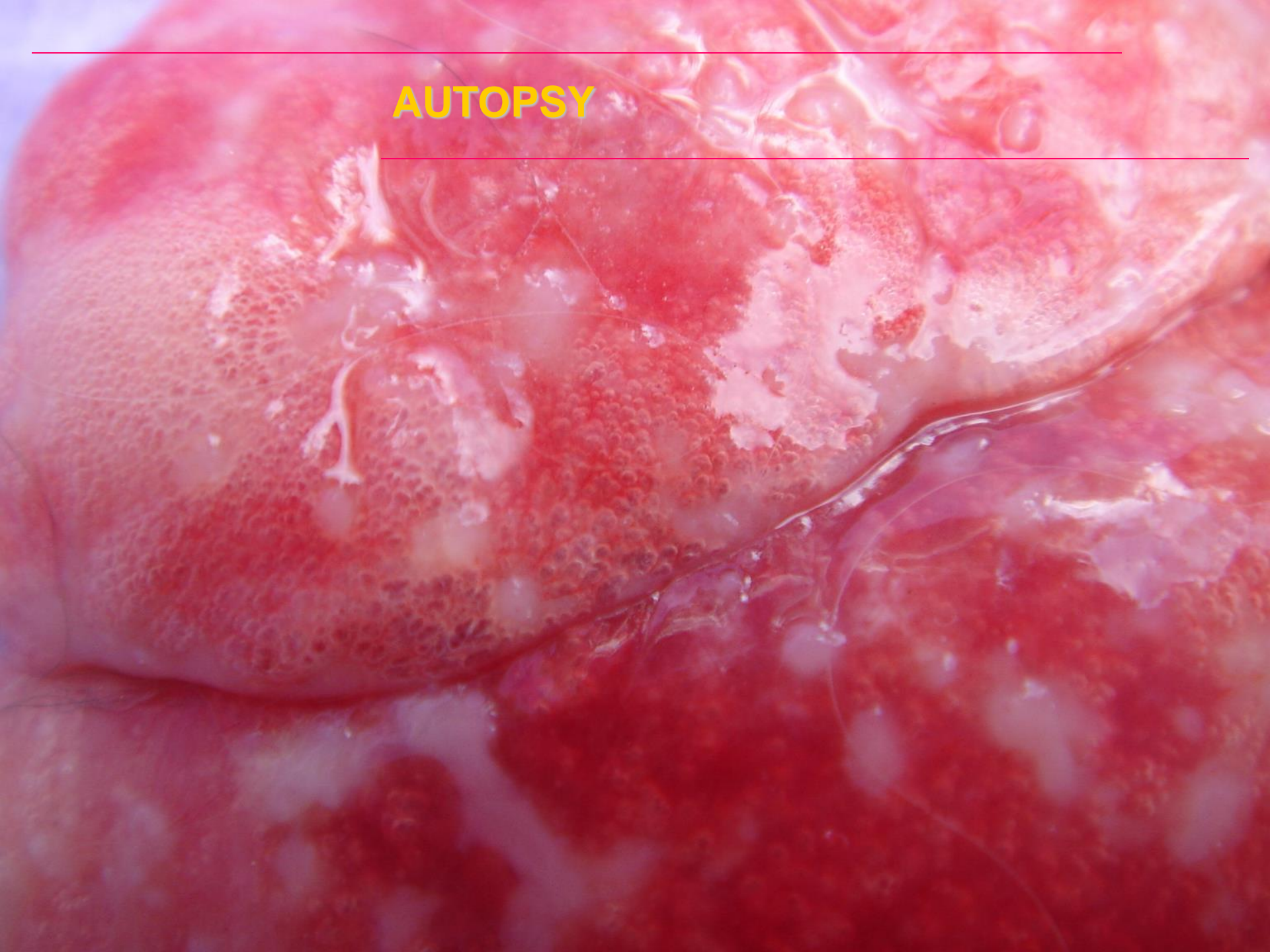
# AUTOPSY

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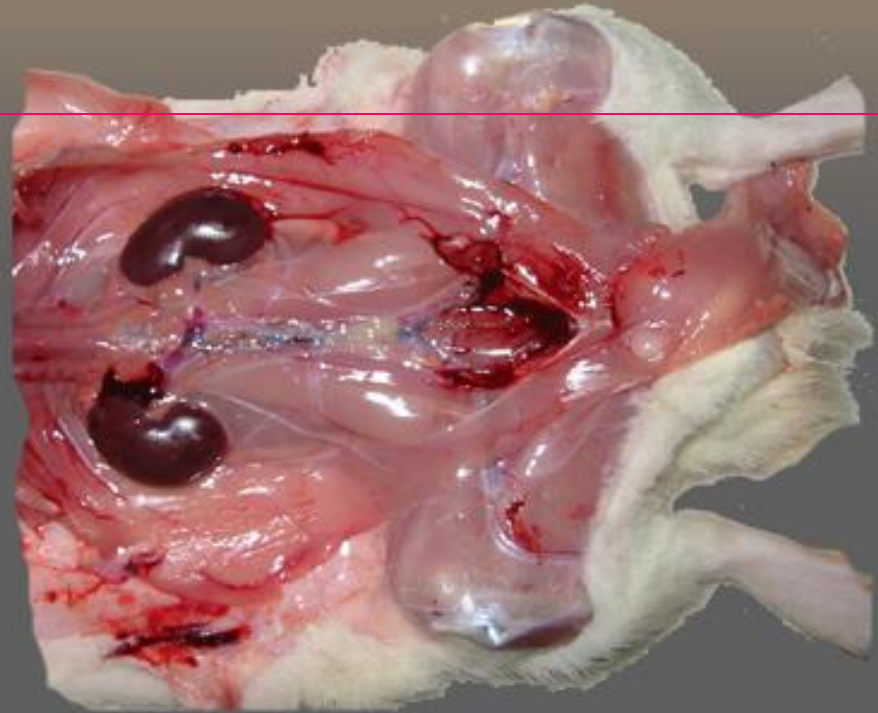
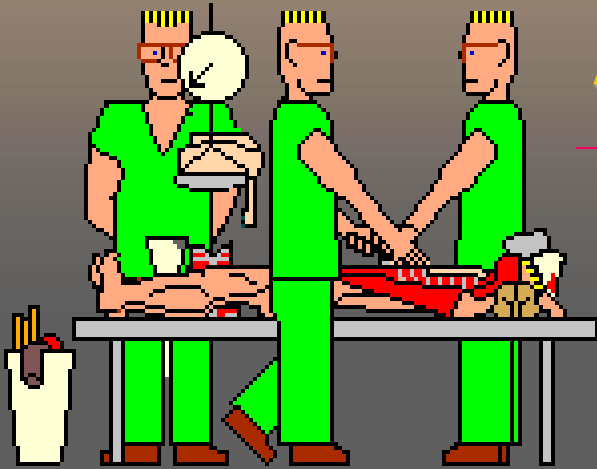
**The lungs are almost never normal at autopsy. The pathologist will inspect and feel them for areas of pneumonia and other abnormalities.**



# AUTOPSY



# AUTOPSY



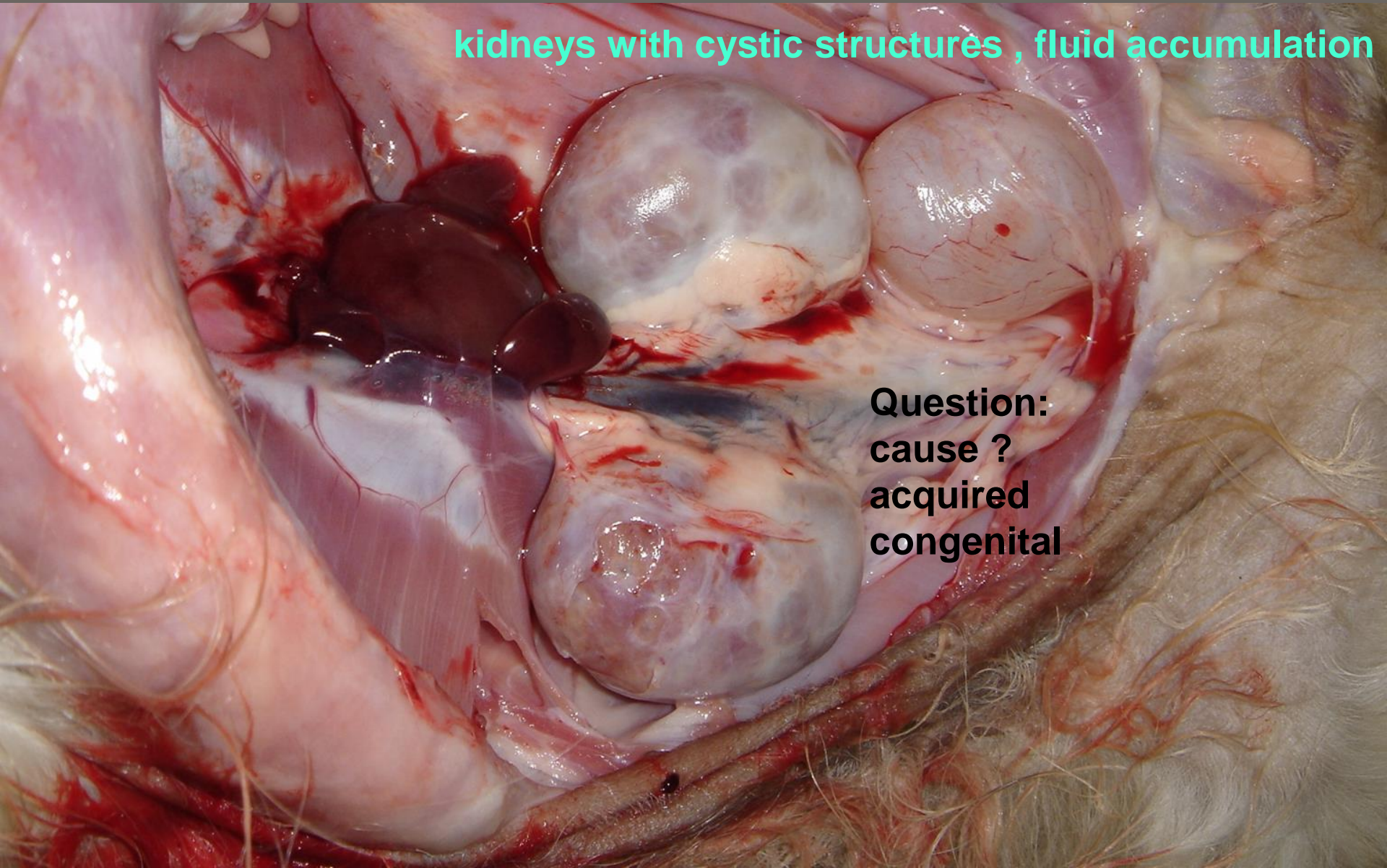
The rest of the team is continuing with the removal of the other organs. They have decided to take the urinary system as one piece, and the digestive system down to the small intestine as another single piece. This will require careful dissection.



# AUTOPSY

kidneys with cystic structures , fluid accumulation

**Question:  
cause ?  
acquired  
congenital**



# AUTOPSY

*ante mortem* X-Ray

**X-RAY DEMONSTRATES DENSITIES**



---

# AUTOPSY

---

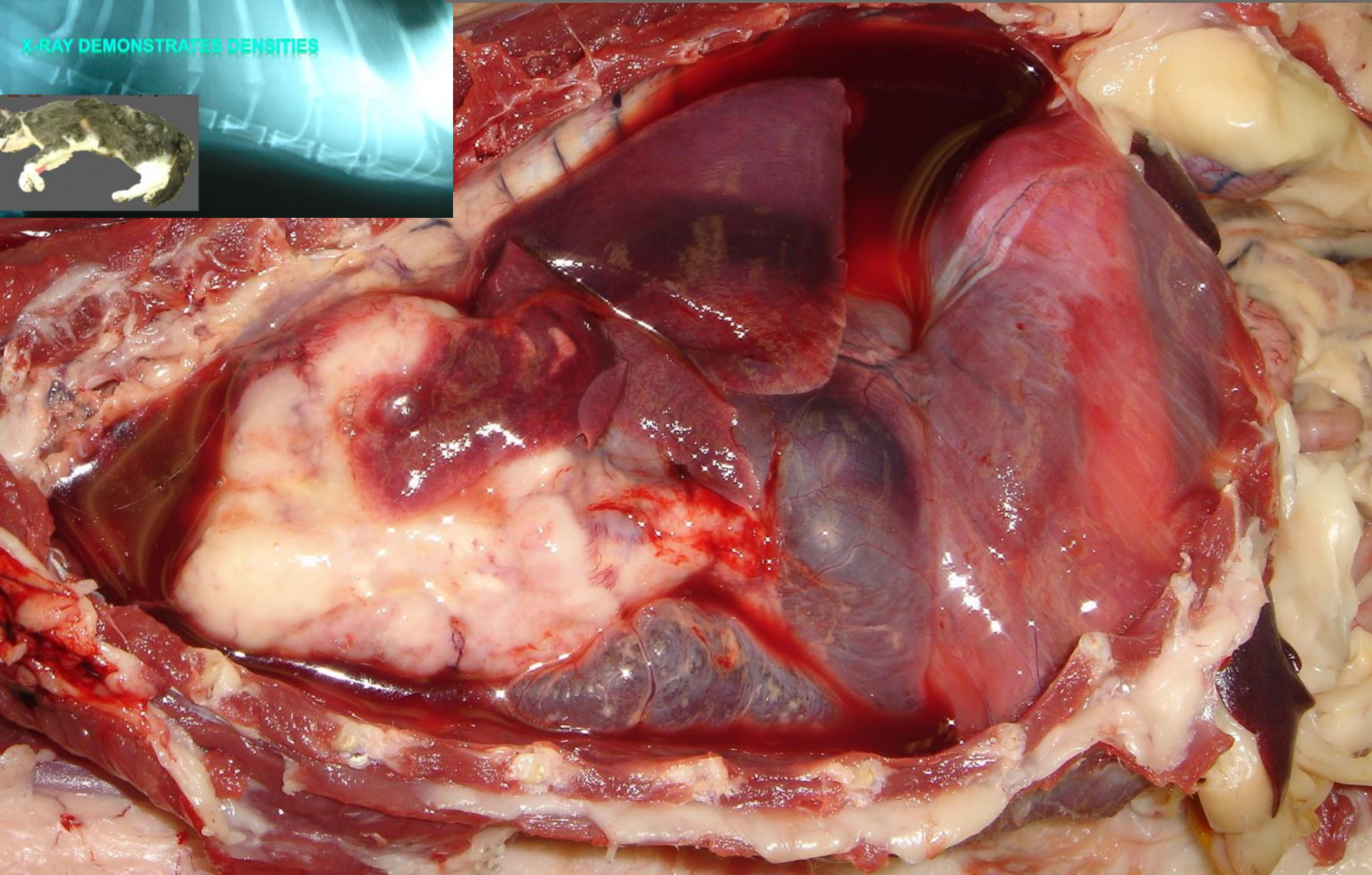
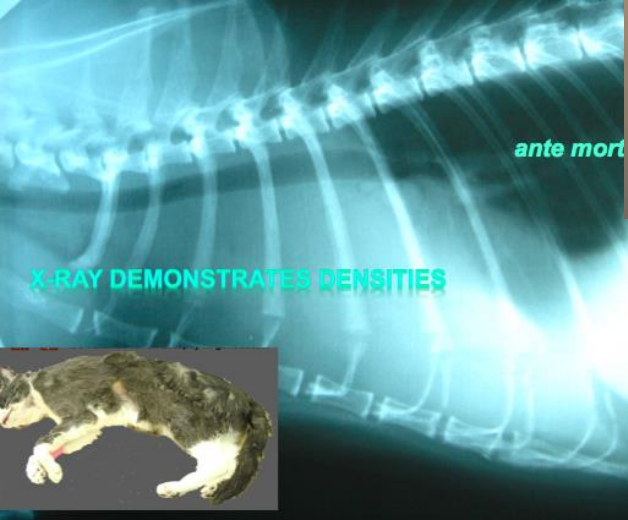


**entire body laid out for study**

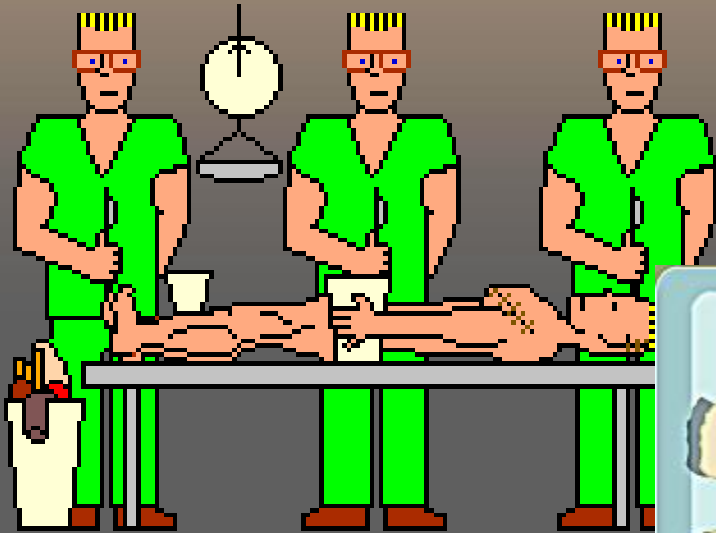
# AUTOPSY

ante mort

X-RAY DEMONSTRATES DENSITIES



# AUTOPSY



When the internal organs, have been examined, the pathologist may return all but the portions they have saved to the body cavity. Or the organs may be cremated without being returned. The appropriate laws, and the wishes of the family, are obeyed. The breastbone and ribs are usually replaced in the body. The skull and trunk incisions are sewed shut ("baseball stitch"). The body is washed and is then ready to go to the funeral director

# AUTOPSY

A final report of a study pathologist is usually reviewed by **other pathologists**.

**Often this is called a peer review.**

Samples are kept to allow other pathologists to go back and look at specimens again

Importance of review

Importance of good recording

Documentation

Justification of diagnosis (**differential diagnosis**)

Discussion with colleagues

this shows you the **importance of being connected** and **not working alone**

---

# AUTOPSY

---

importance of critical differential diagnosis

pathologist should not work in isolation

always look for second opinion

and

do they ever have **opinions** !

here is an example for illustration

# AUTOPSY

## Man's 'nightmare' ends after Crown finds pathologist erred

Charges dropped;  
wife wasn't strangled,  
she drowned in pool

BY JAKE RUPERT

An Ottawa man's 2½-year "nightmare" ended yesterday when the Crown abruptly halted its prosecution of him on charges of killing his wife.

New evidence showed that ██████████, 52, had accidentally drowned, and had not been strangled, as a pathologist had first declared. The move left ██████████, 57, who has always maintained his innocence, emotional and speechless.

"He can't talk right now," said Mr. ██████████'s lawyer, Michael Edelson. "It's been horrific for him and his family. It's really been a nightmare."

On Aug. 13, 2003, at about 9 p.m., Mr. ██████████ found his wife face down in the pool in the backyard of their Gloucester home. Police initially said they thought Mrs. ██████████ drowned. But two days later, Mr. ██████████, a bar manager, was arrested and charged with second-degree murder. The forensic pathologist that conducted the autopsy, Dr. ██████████, decided Mrs. ██████████ had died of strangulation.

See DEATH on PAGE A2

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JAMES ORBAN, Publisher



ARTS

ASTROLOG

BUSINESS

CELEBRAT



## NEWS

# Death: 'A rush to judgment'

Continued from PAGE A1

The development shocked the family, and Mr. Edelson retained another pathologist to do a second autopsy on Mrs. [redacted] body. That pathologist determined the cause of death was drowning.

A month later, Mr. [redacted], who had no previous criminal record, was released on bail to live with his daughter.

At a preliminary hearing, evidence showed Mrs. [redacted] had been drinking heavily that night and was taking painkillers. She was outside, by the pool, speaking to a friend on the telephone, while her husband was inside eating, and a boarder was in the basement.

The woman she was talking to told police Mrs. [redacted] said she needed to put down the phone to fix something in the pool, and she never came back on the line. The woman said she heard no struggle and no sounds indicating what happened.

The tenant said during that time, he didn't hear Mr. [redacted] leave the house.

At roughly 9 p.m., Mr. [redacted] called 911 saying he'd gone into the backyard and found his wife in the pool. He started CPR and emergency crews took over when they arrived.

While trying to revive Mrs. [redacted], paramedics made several attempts to insert a breathing tube in her wind pipe.

Mrs. [redacted] was declared dead on arrival at the Montfort Hospital a short time later.

To the media, police said they were investigating the death, and it looked like a drowning. However, there were some nagging questions. For instance, Mrs. [redacted] had an injury on her head.

At the preliminary hearing, under questioning by assistant Crown attorney Donna Eastwood, Dr. [redacted] tes-

tified the cause of death was neck compression. She said that although there were no injuries on the outside of Mrs. [redacted] neck, the injuries on the inside of her throat showed she'd been strangled.

However, under cross-examination by Mr. Edelson, it was shown the injuries on the inside of her throat could have been caused by paramedics trying to insert the breathing tube.

Classic pathological signs of strangulation, such as burst blood vessels in the face and eyes, weren't present. And there was evidence to suggest cause of death was drowning after she fell, hit her head, and ended up in the pool.

Despite being shown studies suggesting her findings could be wrong, and evidence suggesting Mrs. [redacted] death was consistent with an accidental fall and drowning, Dr. [redacted] refused to consider anything but strangulation as the cause of death.

Indeed, transcripts of the preliminary hearing show she became combative when it was suggested she'd made a mistake.

"It became obvious that there were significant problems with the pathology," Mr. Edelson said. "She became an advocate for her opinion in the face of the evidence."

Dr. [redacted] didn't return a message for comment on this story yesterday.

In a statement to Ontario Court Justice Bernard Ryan yesterday, Ms. Eastwood said the new information caused her concern "about the pathology evidence as to the cause of death." She sought a second opinion from one of Ontario's leading forensic pathologists.

"The critical issue in this case is the cause of death," Ms. Eastwood told the court. "The original, unequivocal opinion was that the cause of death was due

to neck compression.

"The opinion of the second pathologist retained by the Crown is that the absence of petechial hemorrhages and a lack of injuries to the front of the neck do not support neck compression as the cause of death. But that the presence of wet and heavy lungs and fluid in the airway support the diagnosis of drowning."

Ms. Eastwood said this, coupled with the defence pathologist's opinion that Mrs. [redacted] accidentally drowned, show "there is no longer a reasonable prospect of conviction in this case.

"The Crown is not asking for a committal to trial."

Immediately after this, Judge Ryan discharged Mr. [redacted]. "I would agree with Ms. Eastwood," he said. "I had some concerns, too, after hearing the evidence on this issue."

Afterwards, Mr. Edelson said his client's plight was the result of a "rush to judgment."

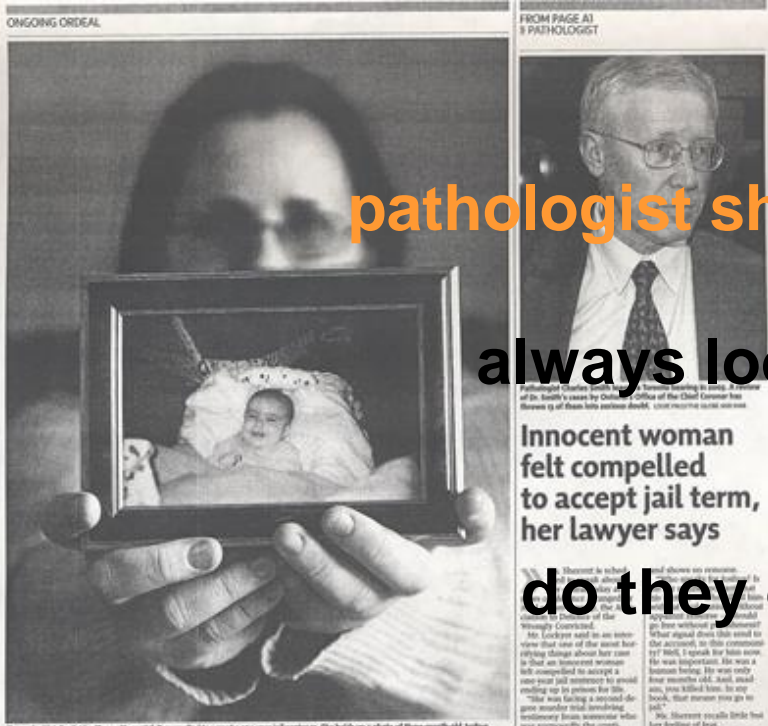
"If the police had done a proper investigation, they would have had a very different body of evidence to look at than when they made the decision to lay charges," he said.

"I think (Dr. [redacted] work was one of the biggest problems in this case. It was also a rush to judgment."

### FRIDAY'S LOTTERIES

Last night's winning numbers were drawn too late to make this edition of the Citizen. They will be printed tomorrow. To check your numbers, you can go online to [www.olgclotteries.ca](http://www.olgclotteries.ca) or phone the toll free line at 1-800-387-0098

# AUTOPSY



ONGOING ORDEAL

Charged with homicide, Sherry Sherrett felt compelled to accept a one-year jail sentence. She holds up a photo of three-month-old Joshua, charged a month before he died. Her case is being reviewed due to inconsistencies found in Charles Smith's testimony. (AP/WIDE WORLD)

## Mother suffered baby-killer label

**J**oshua Sherrett was a chubby, chubby baby. "His hands were always cold and his face looked purple," his mother, Sherry Sherrett, recalled. "He never slept well. If he ate, he would pale a little bit."

Ms. Sherrett first thought she was waking on the morning of Joshua's death were jitters. "I thought that he had died through the night for the first time," she said. "It might be the beginning of me being able to sleep again."

She recalls going to Joshua's crib and starting to rub his back, sitting, "Good morning, buddy." "When he didn't move, she began screaming and banging on the door of her apartment."

Later, at the hospital, Ms. Sherrett said she recalls being told that Joshua was getting some of his colic back. "Ten minutes later, he was gone."

Within hours, Ms. Sherrett was taken to a police station in Toronto. She recalls hearing officers say, "Oh, the baby killed his own." She received a rough interrogation, during which,

she said she began to dig her head out of Ms. Sherrett's hands. "Initially, Ms. Sherrett had long been fascinated by forensic science and pathology, even wanting to enter the field. For the next three years, she would watch as a doctor was used to prescribe a procedure, then she would see the patient die."

Ms. Sherrett said that when she was charged with the murder of her son, she was always given the same response. "It was always the same thing — 'Oh, Smith couldn't be here today. He's Smith couldn't be here today.' Over, he was over. That, he came back, and was sick, hard, he was involved in a case and couldn't make it. It just went like that. When he did finally, it was for all of a half hour, I thought, 'This couldn't have taken a half-hour of your time to do this.'"

Ms. Sherrett decided not to contest her prosecution largely to spare her eldest son living situations in and out of temporary foster homes. "I didn't want him to go through that for the rest of his life," she said.

FROM PAGE A1  
A PATHOLOGIST



Pathologist Charles Smith has a history of leaving in a hurry. A review of his Smith's cases by Ontario's College of the Forensic Pathologist shows 9 of them into police deaths. (AP/WIDE WORLD)

## Innocent woman felt compelled to accept jail term, her lawyer says

**M**s. Sherrett is charged with the murder of her son, Joshua, but her lawyer says she was innocent. "I just wanted my name cleared. You listen to people tell you how you killed your son and you're not a good mother. Meanwhile, you know in your heart that you are. No one cared. I just wanted to start up and die."

Ms. Sherrett's lawyer, Michael Lockyer, said in an interview that one of the most harrowing things about her case is that an innocent woman felt compelled to accept a one-year jail sentence to avoid spending up in prison for life — "the way facing a second-degree murder trial involving evidence from someone who was supposedly the court's main forensic pathologist," Mr. Lockyer said. "Can you just imagine the state she was in?"

Mr. Lockyer added that Ms. Sherrett was refused psychiatric treatment in jail because of her refusal to accept responsibility for her son's death. "She was vilified and convicted for a crime she didn't commit, and that she was criticized for showing no remorse," he said. "This really is a tragedy of epic proportions."

Ms. Sherrett's criminal conviction was overturned after she was acquitted by a jury in 2006. A Crown prosecutor also going to review the case of the child's death.

Attended for first-degree murder a week after Joshua's death, Ms. Sherrett was eventually found to be innocent. "Ms. Sherrett says she had no intention of harming Joshua, and she did not try to kill him," Mr. Lockyer said. "She was innocent of the crime."

Ms. Justice Richard C. Ryan of the Superior Court of Ontario was emotional at Ms. Sherrett's 10th anniversary of her conviction. "At the end of the day, only she knows why she did it — and she is not telling," he said. "Instead, the justice has guilt

pathologist should not work in isolation

always look for second opinion

and do they ever have opinions !

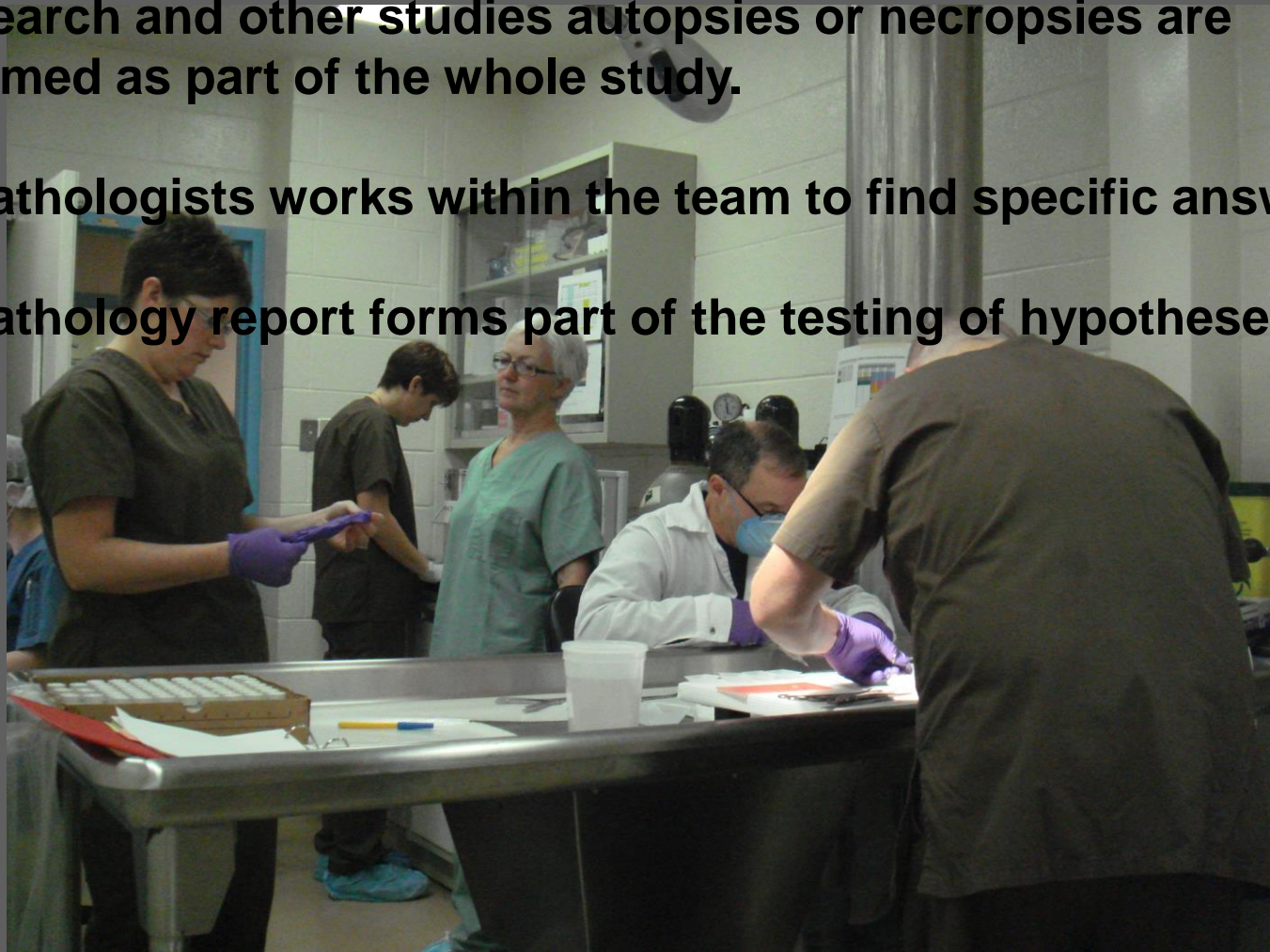
here is an example for illustration

## other reasons for AUTOPSY

In research and other studies autopsies or necropsies are performed as part of the whole study.

The pathologists works within the team to find specific answers

The pathology report forms part of the testing of hypotheses



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## other reasons for **AUTOPSY / NECROPSY**

---

versatility of veterinary pathologist

advantage of **comparative / biological** view of pathology

field work together with other professionals :

e.g. biologists, traditional hunters, trappers  
in research on wildlife diseases

sometimes on other continents

# AUTOPSY

importance of recording, documentation



# AUTOPSY

field work together with other professionals :  
e.g. biologists, traditional hunters, trappers  
in research on wildlife diseases  
sometimes on other continents



importance of recording, documentation



*spot from  
previous  
encounter*



# AUTOPSY

field work together with other professionals :

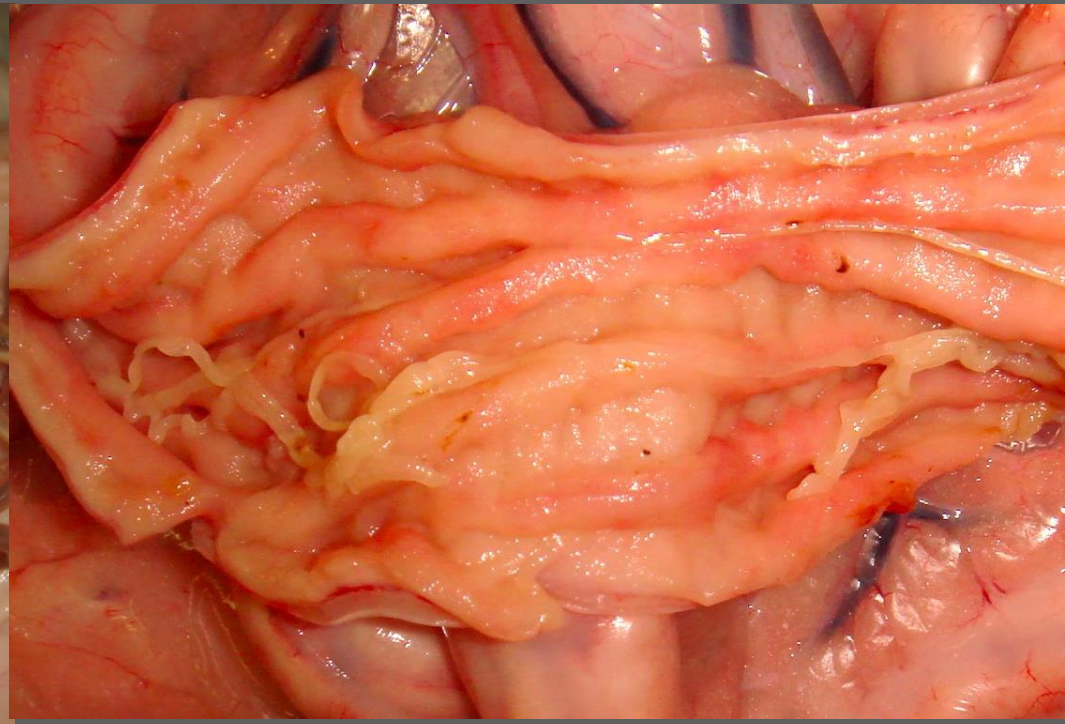
e.g. biologists, traditional hunters, trappers  
in research on wildlife diseases



# AUTOPSY

field work together with other professionals :

e.g. biologists, traditional hunters, trappers  
in research on wildlife diseases





# ENVIRONMENTAL RESEARCH

role of pathologist:

between **organism** and **environment**

starvation in wildlife



# ENVIRONMENTAL RESEARCH

role of pathologist:

Interaction between **organism** and **environment**

starvation in wildlife :

(the case of the  
**starving Lynx**)

**why not wolf or otter ?**



## other reasons for AUTOPSY / NECROPSY



some times veterinary pathologists have to compete with others

# ENVIRONMENTAL RESEARCH

role of pathologist:

between **organism** and **environment**



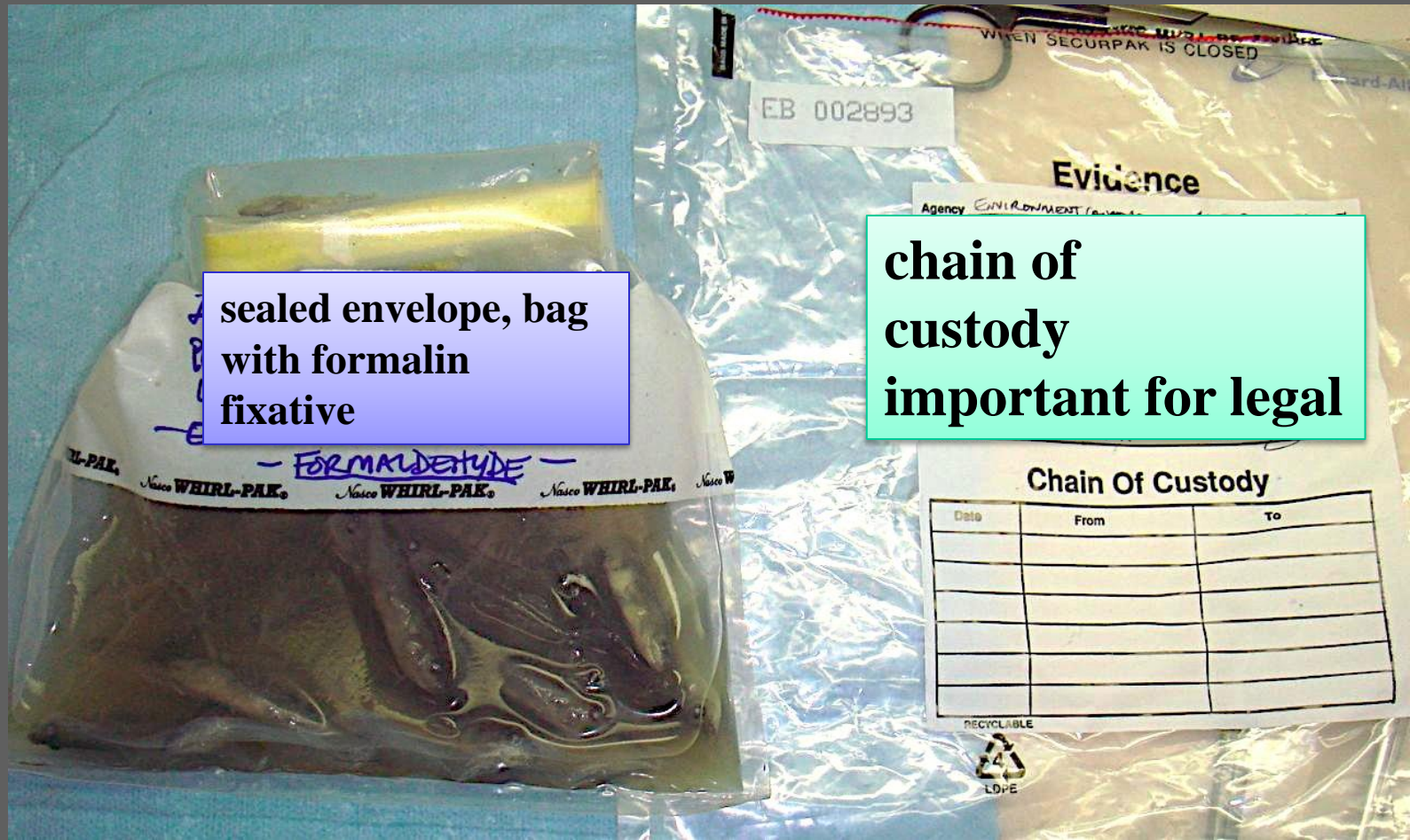
turtles get run over on road  
sometimes just flipped over

how do they get up ?

# ENVIRONMENTAL RESEARCH

role of pathologist:

between **organism** and **environment**



sealed envelope, bag  
with formalin  
fixative

chain of  
custody  
important for legal

Chain Of Custody

Date	From	To



# ENVIRONMENTAL RESEARCH

role of pathologist:

between **organism** and **environment**



**swollen  
gills**

# ENVIRONMENTAL RESEARCH

role of pathologist:

between **organism** and **environment**

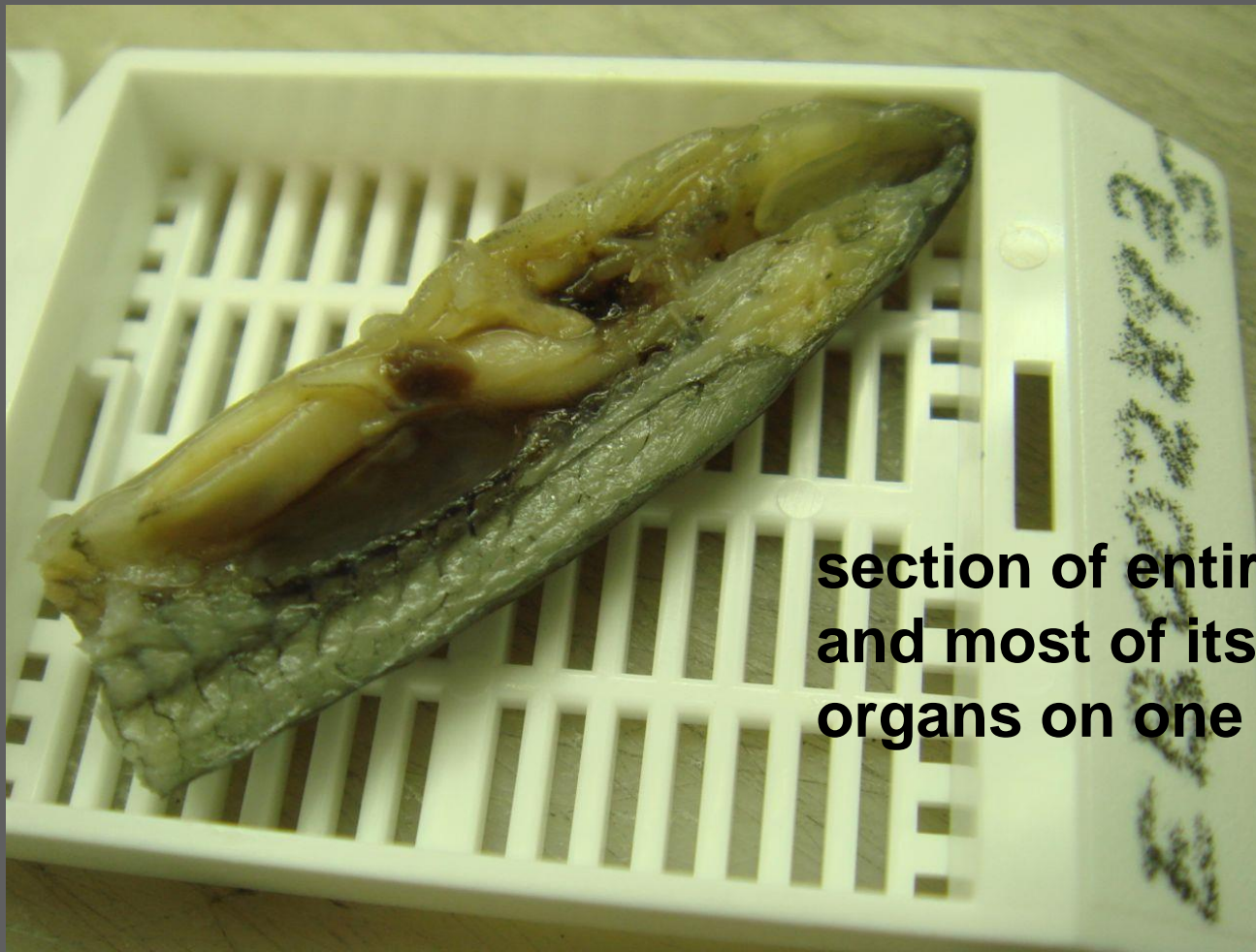
**swollen gills with  
abundant mucus**



# ENVIRONMENTAL RESEARCH

role of pathologist:

between **organism** and **environment**



**section of entire organism  
and most of its  
organs on one glass slide**



---

# EXPERIMENTAL RESEARCH

---

Research with **hypotheses**, which we can prove or disprove

where do such hypotheses come from ?

**observations :**

- case reports
- epidemiology
- biological research

---

# EXPERIMENTAL RESEARCH

---

role of pathologist:      to establish link between **cellular** and **molecular**  
  
   between **cellular** and **organ**  
  
   between **organ** and **whole body**  
  
   between **organism** and **environment**

# EXPERIMENTAL RESEARCH

role of pathologist: respect the **interaction**  
between **organism** and **environment**  
between organism and **chemicals** etc.  
**behavior** intrinsic or extrinsic

animals serve as models, ultimately they **serve us**

we think in analogies

after all the living beings on this earth have basically similar building blocks  
at least from an anatomical point of view

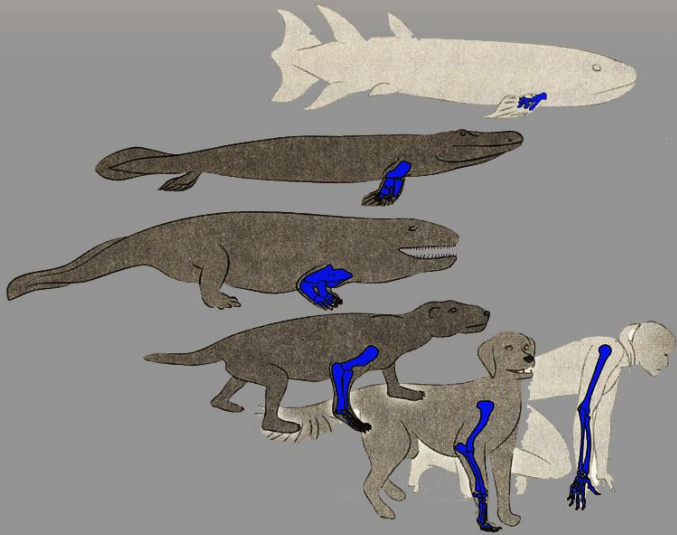
typical situation in the development of pharmaceuticals:

we choose a model to test **products** before we use them ourselves

the biased view : if results are promising we have a **good model** and are **confident**

if results are **questionable** ? perhaps it is just that what  
happens in the rat is not necessarily indicative of what is going  
to happen to us

# AUTOPSY / NECROPSY / ANALOGY



literally billions of years ago. In this easy-reading volume, Shubin shows us how to discover that long and fascinating history in the structure of our own bodies while weaving in a charming account of his own scientific journey. This is the ideal book for anyone who wants to explore beyond the usual anthropocentric account of human origins."

—Ian Tattersall, curator, American Museum of Natural History

...y accessible  
...ections be-  
...res. You will  
...nbrace, and

*Most Beautiful*  
...look at this  
...time when  
...ams. Come  
...ng things—

## YOUR INNER FISH

A JOURNEY  
INTO THE  
3.5-BILLION-  
YEAR HISTORY  
OF THE  
HUMAN BODY

## YOUR INNER FISH

A JOURNEY INTO  
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OF THE  
HUMAN BODY

NEIL  
SHUBIN



NEIL SHUBIN

ISBN 978-0-375-42447-2 SCIENCE



# not alone



## In the Flesh: The Monro Dynasty

**Three hundred years ago**, Scottish army surgeon John Monro (1670–1740) initiated a series of events that lead to the establishment of a dynasty which, beginning with his son Alexander Monro, changed the course of medical teaching and learning. Three men (father, son and grandson), each called Alexander Monro (*Primus, Secundus and Tertius*), consecutively held the Chair of Anatomy at the University of Edinburgh for 126 years.

# FUN with SERENDIPITY

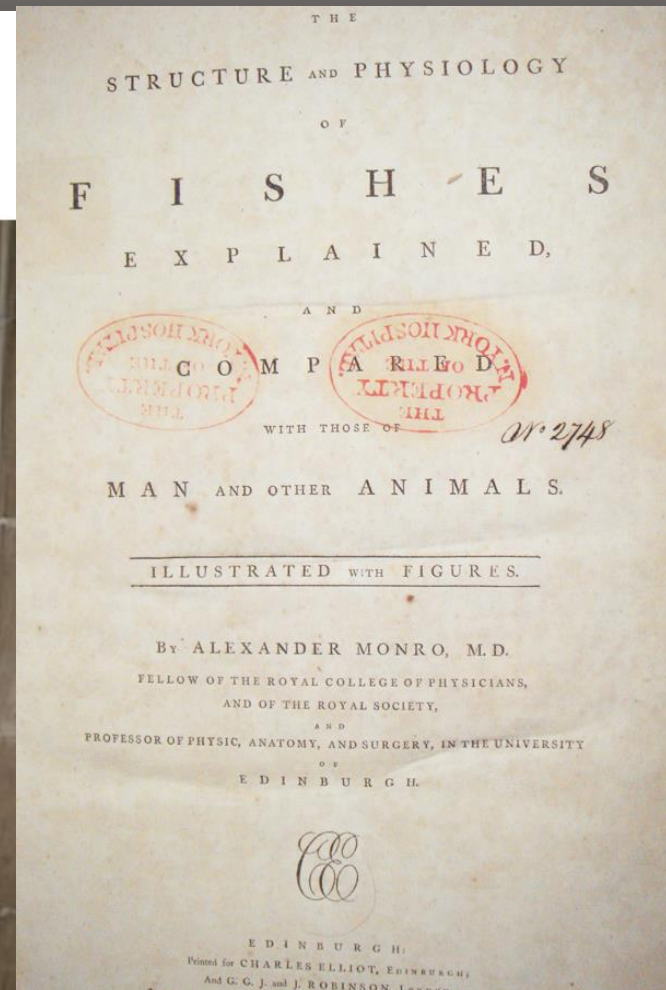
## Comparative Pathology

### Alexander Monro (Secundus)

**1733 - 1817**

Anatomist. Monro succeeded his father, another Alexander (1697 - 1767), as Professor of Anatomy at the University of Edinburgh. He discovered the lymphatic systems, established the structure and function of the nervous system and noted the physiological effects of drugs.

Monro in turn was succeeded by his son, Alexander (1773 - 1859), the third to hold the Chair of Anatomy.



# Comparative Pathology out of Necessity ?

Studying anatomy / pathology required dissection. Dissection required bodies.  
A watch tower was built to guard the bodies

there was a dark side to this discipline

The first Alexander Monro worried in 1725 that "the requirements of anatomical teaching provided unscrupulous criminals with a particularly macabre opportunity for illicit gain."

in 1828 with the notorious case of Burke and Hare. Having legally sold one dead person to the university, they went on to sell another sixteen. Unfortunately, all of those had been alive until they met the two murderers.



# EXPERIMENTAL RESEARCH

role of pathologist: respect the **interaction**  
between **organism** and **environment**  
**behavior** intrinsic or extrinsic

looking at  
dead rat pups:

**why is there no milk  
In their stomach ?**



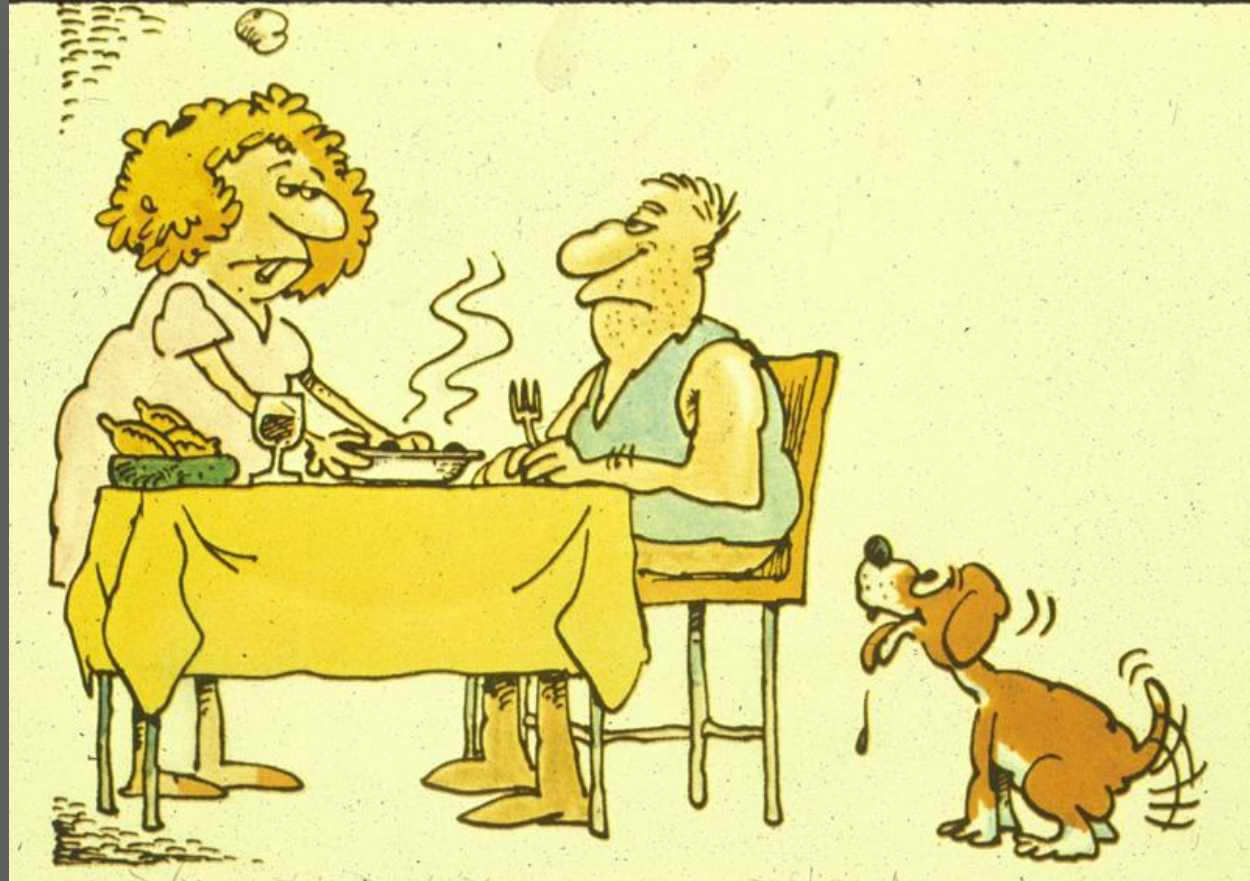


# GENERAL OBSERVATIONS

## Experimental PATHOGENESIS

sequence of events leading to the observations

- stimulus
- injury
- etiologic agent
- etiologic event
- toxin



the pathologist describes the pathogenesis  
puts the whole story together

# GENERAL OBSERVATIONS

## Experimental PATHOGENESIS

sequence of events leading to the observations

- stimulus
- injury
- etiologic agent
- etiologic event
- toxin

TOXICOLOGIST  
designs and  
carries out experiment



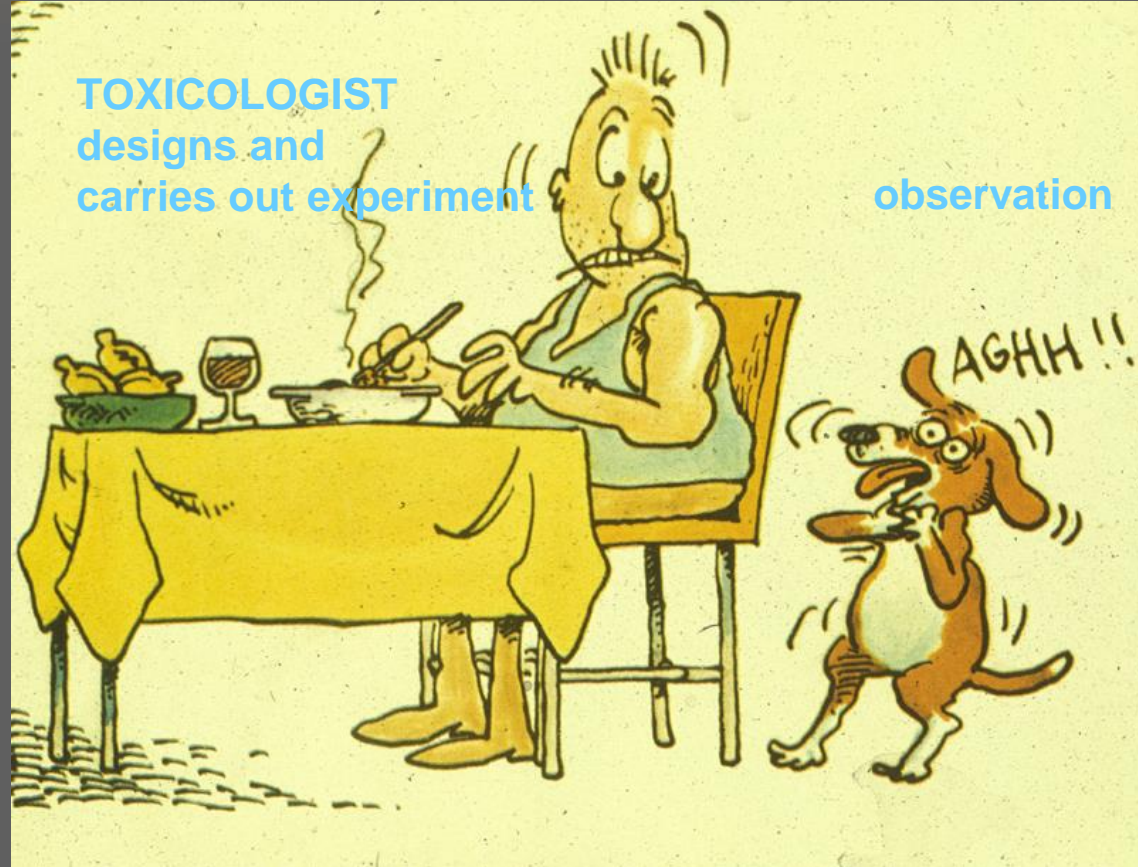
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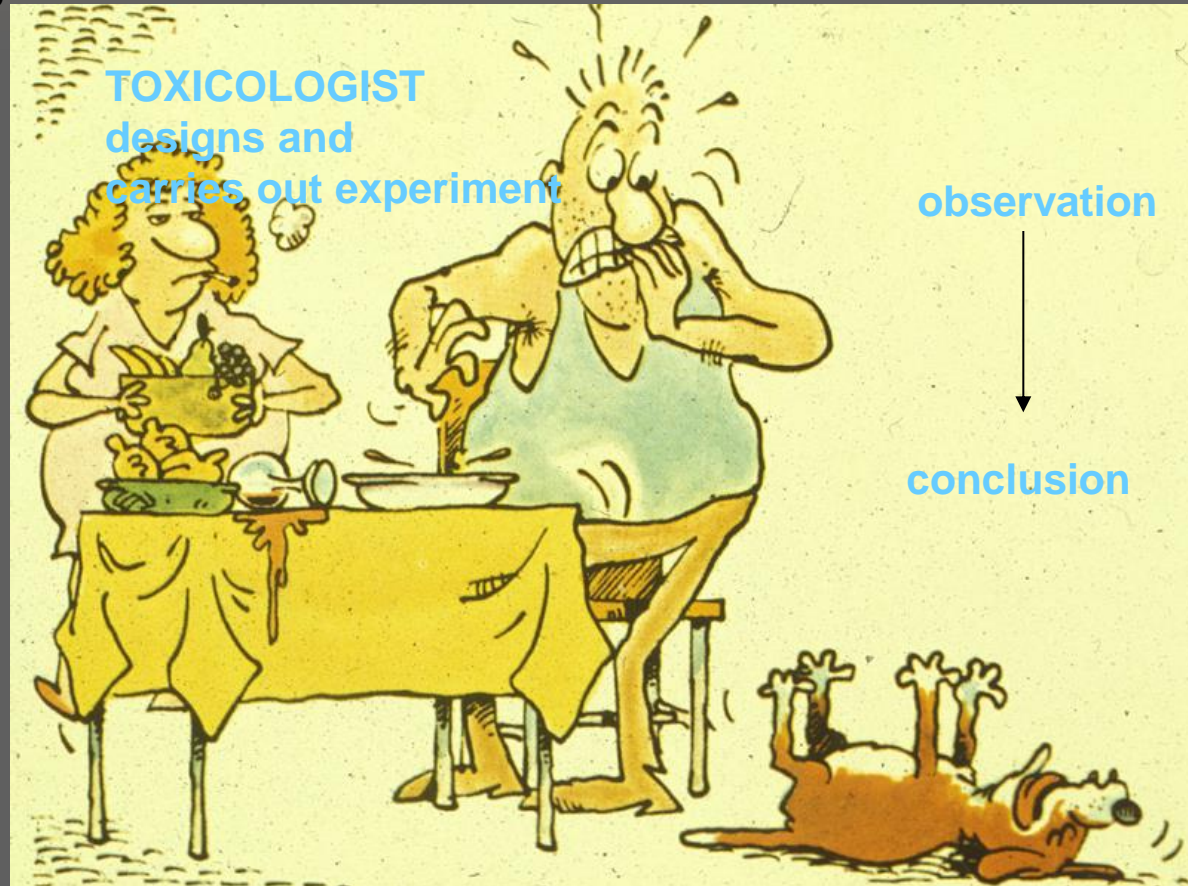
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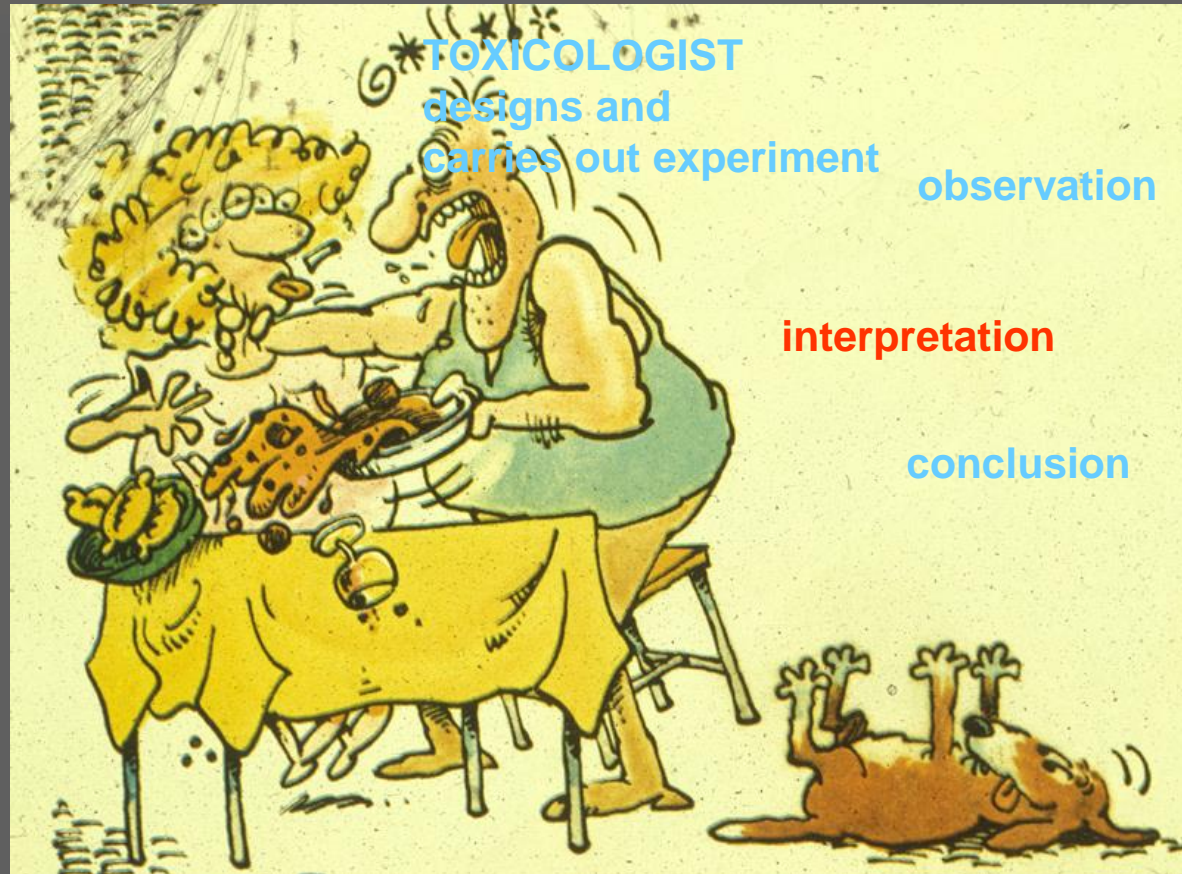
the pathologist describes the pathogenesis  
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# GENERAL OBSERVATIONS

## Experimental PATHOGENESIS

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the pathologist describes the pathogenesis  
puts the whole story together

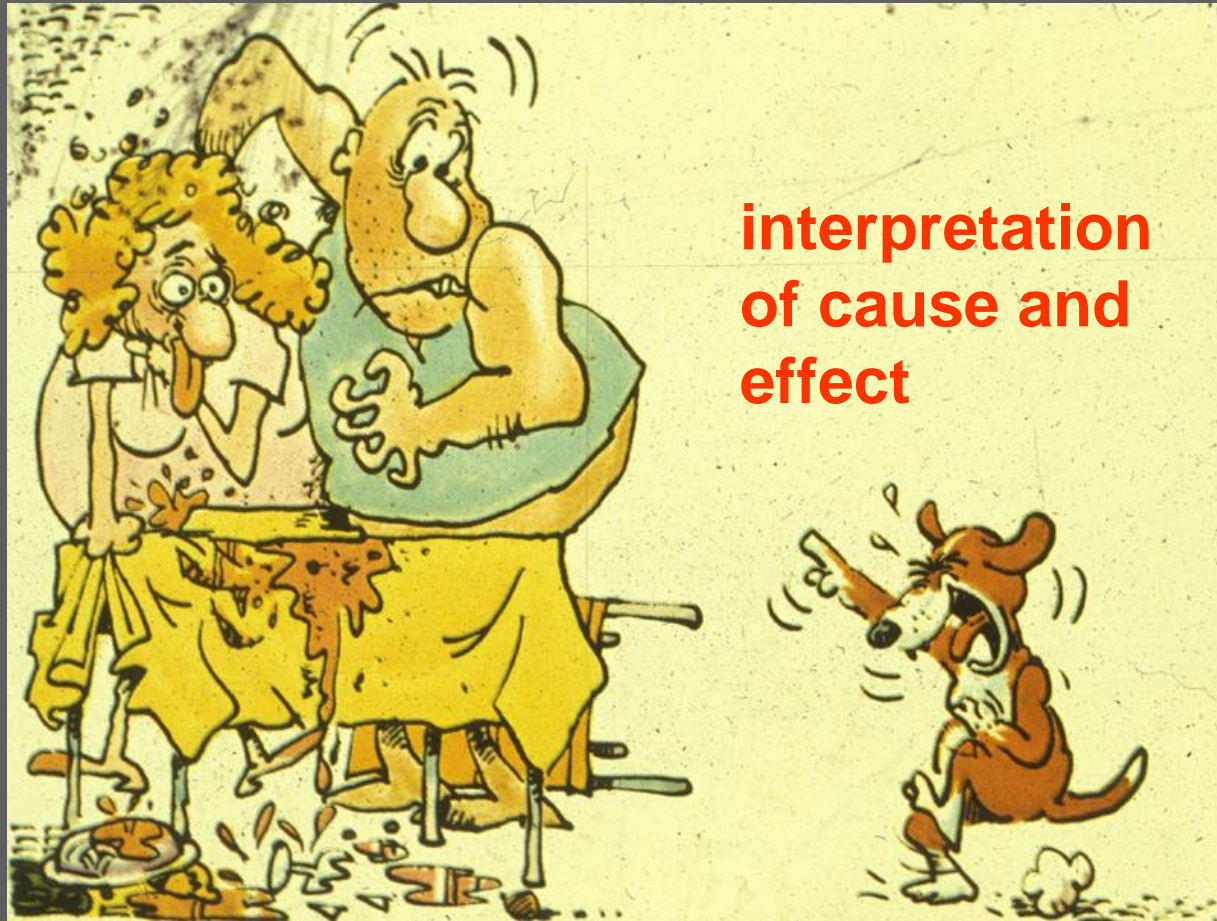
# GENERAL OBSERVATIONS

## Experimental PATHOGENESIS

sequence of events leading to the observations

- stimulus
- injury
- etiologic agent
- etiologic event
- toxin

the pathologist describes the pathogenesis, puts the whole story together in a causal relationship



interpretation of cause and effect

---

## other reasons for AUTOPSY / NECROPSY

---

versatility of veterinary pathologist

together with other professionals :

e.g. cardiac surgeons, mechanical engineers

development of implantable devices

e.g. devices to support the heart function:

Ventricular Assist Devices **VAD's**

# planned AUTOPSY



experimental  
studies

Collecting  
data *in vivo*



# AUTOPSY

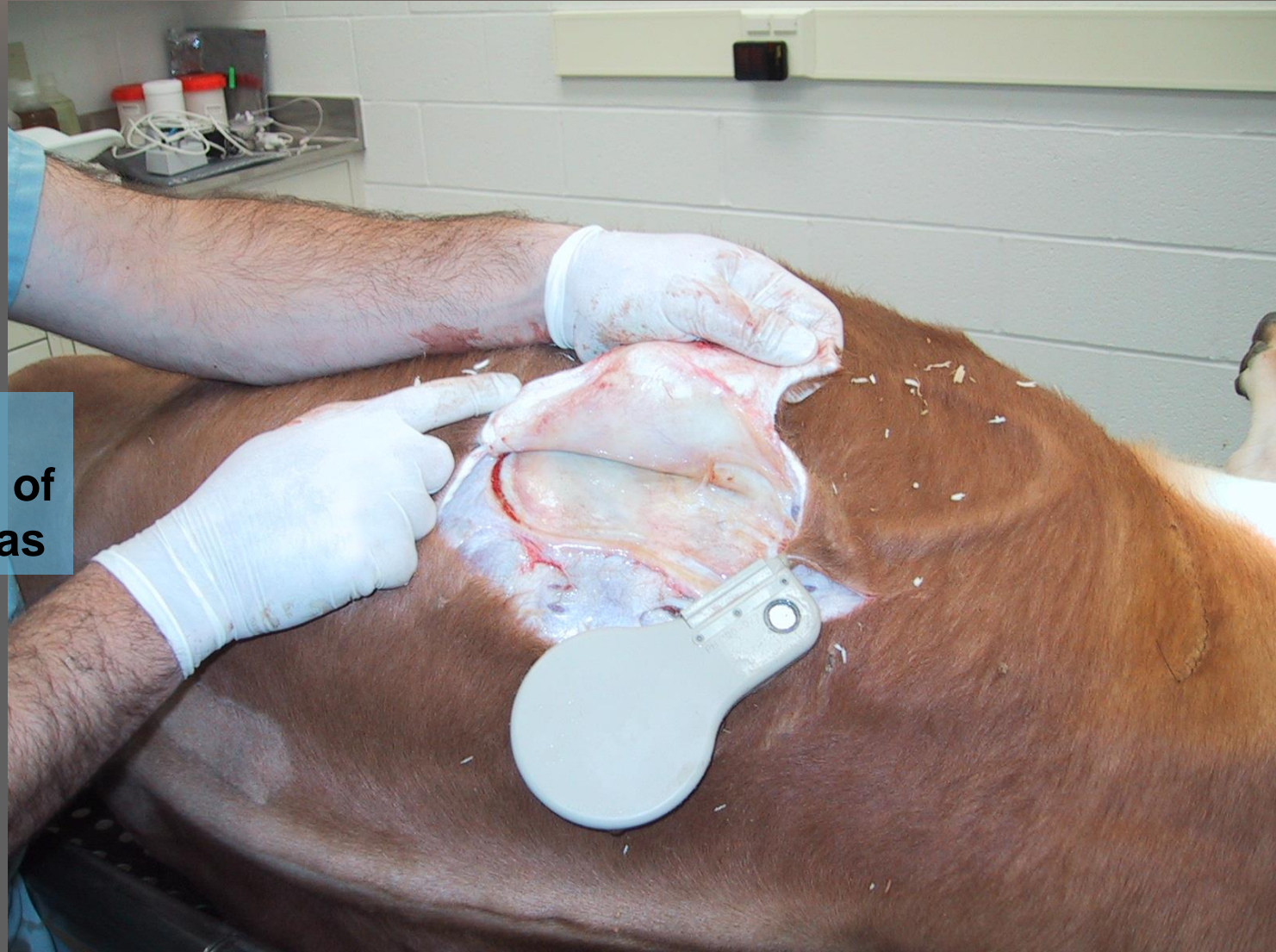
collecting  
data

ante  
mortem

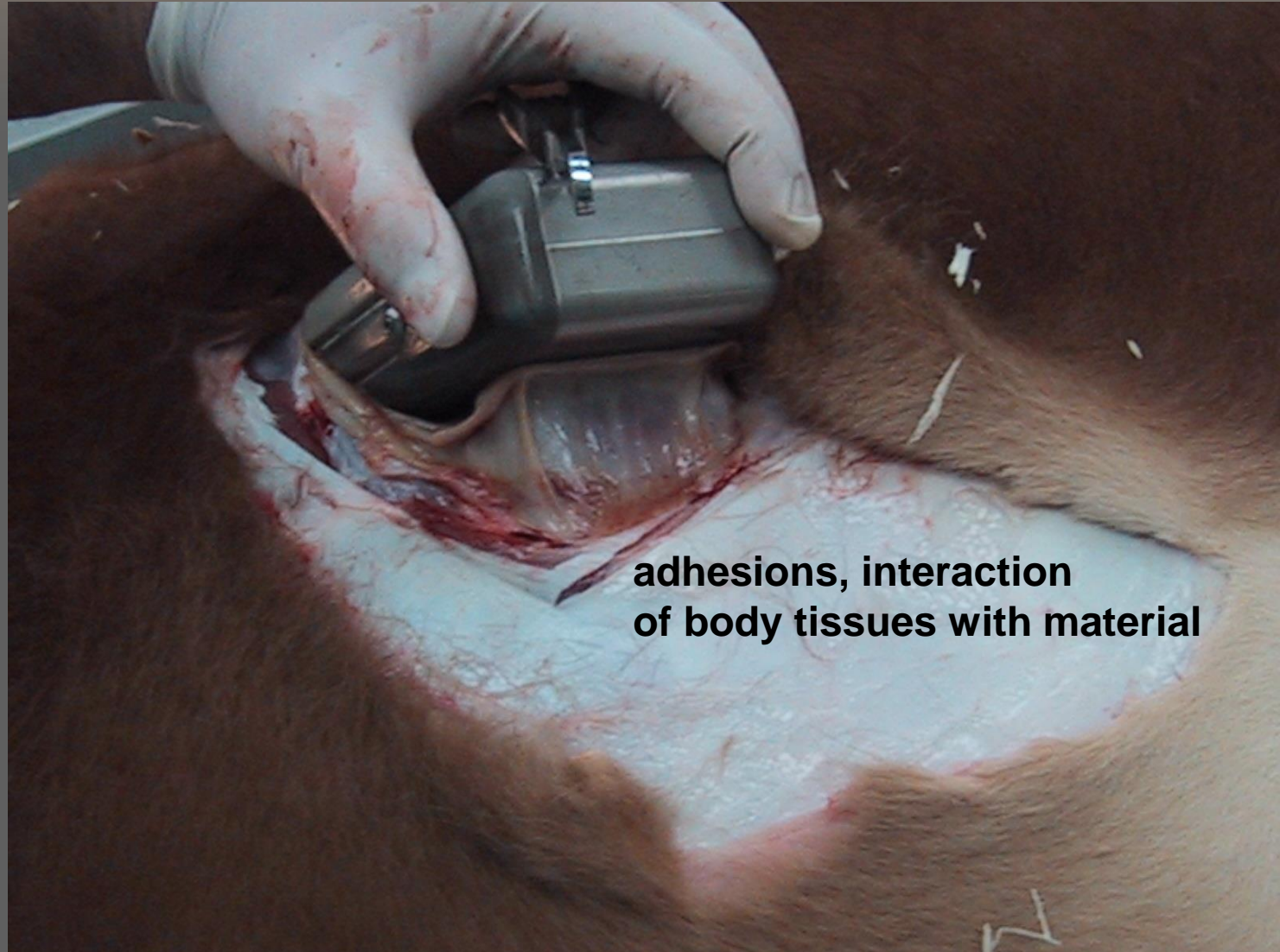


# AUTOPSY

step by step  
examination of  
targeted areas

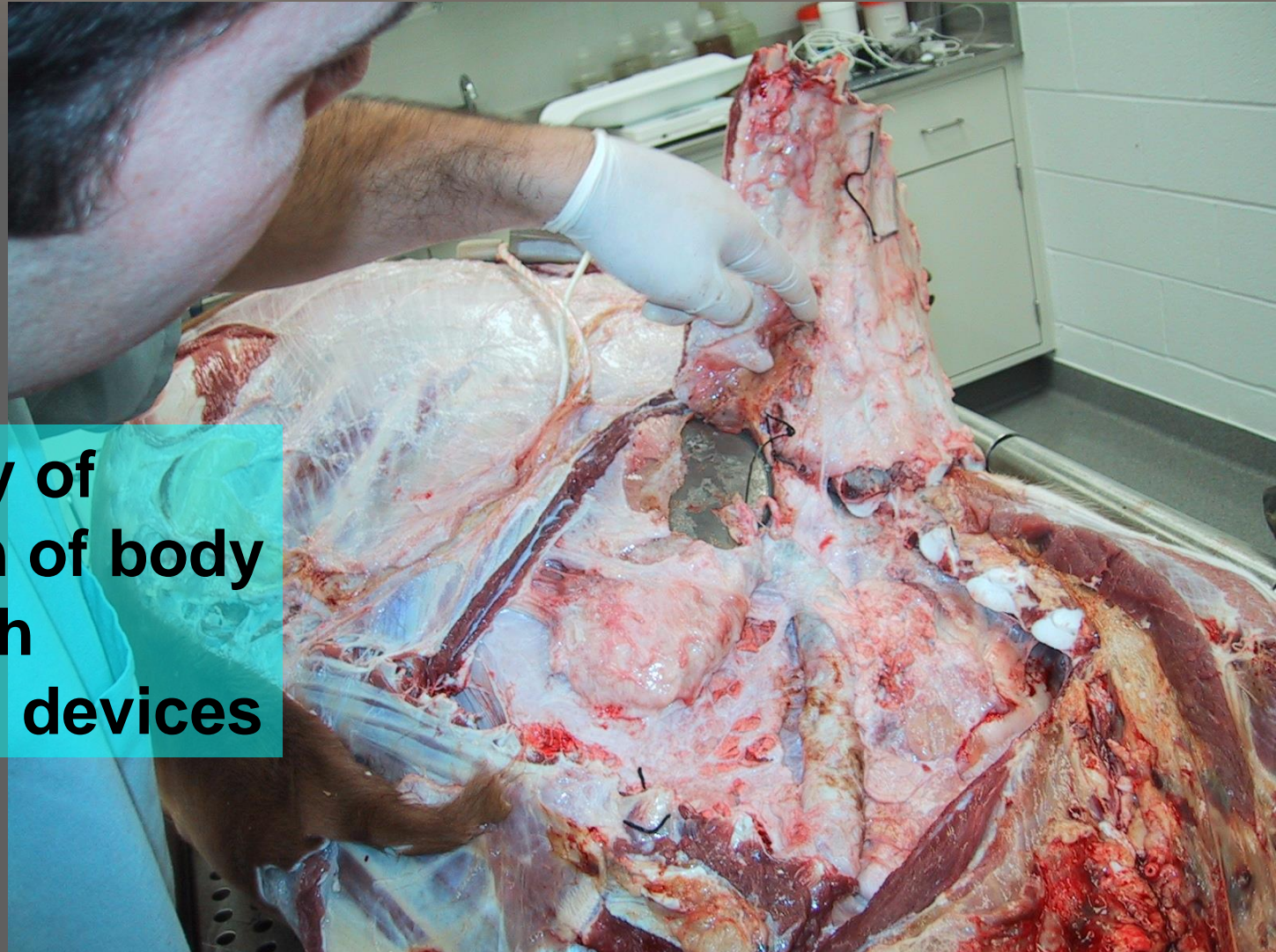


# AUTOPSY



**adhesions, interaction  
of body tissues with material**

# AUTOPSY



**study of  
interaction of body  
with  
implanted devices**

# AUTOPSY

**adhesions**  
**adhesions !**

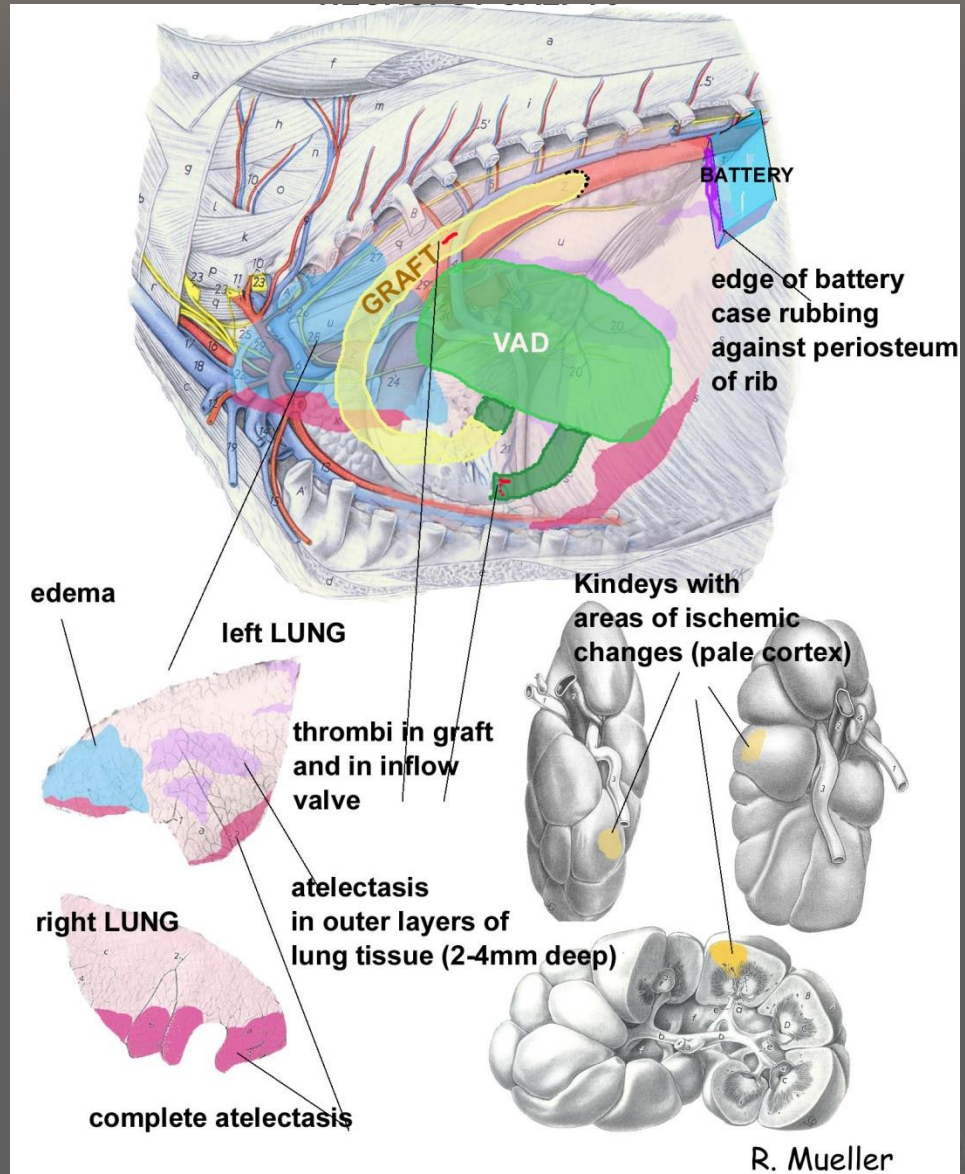


# AUTOPSY

reporting with visual explanations

putting observation in context

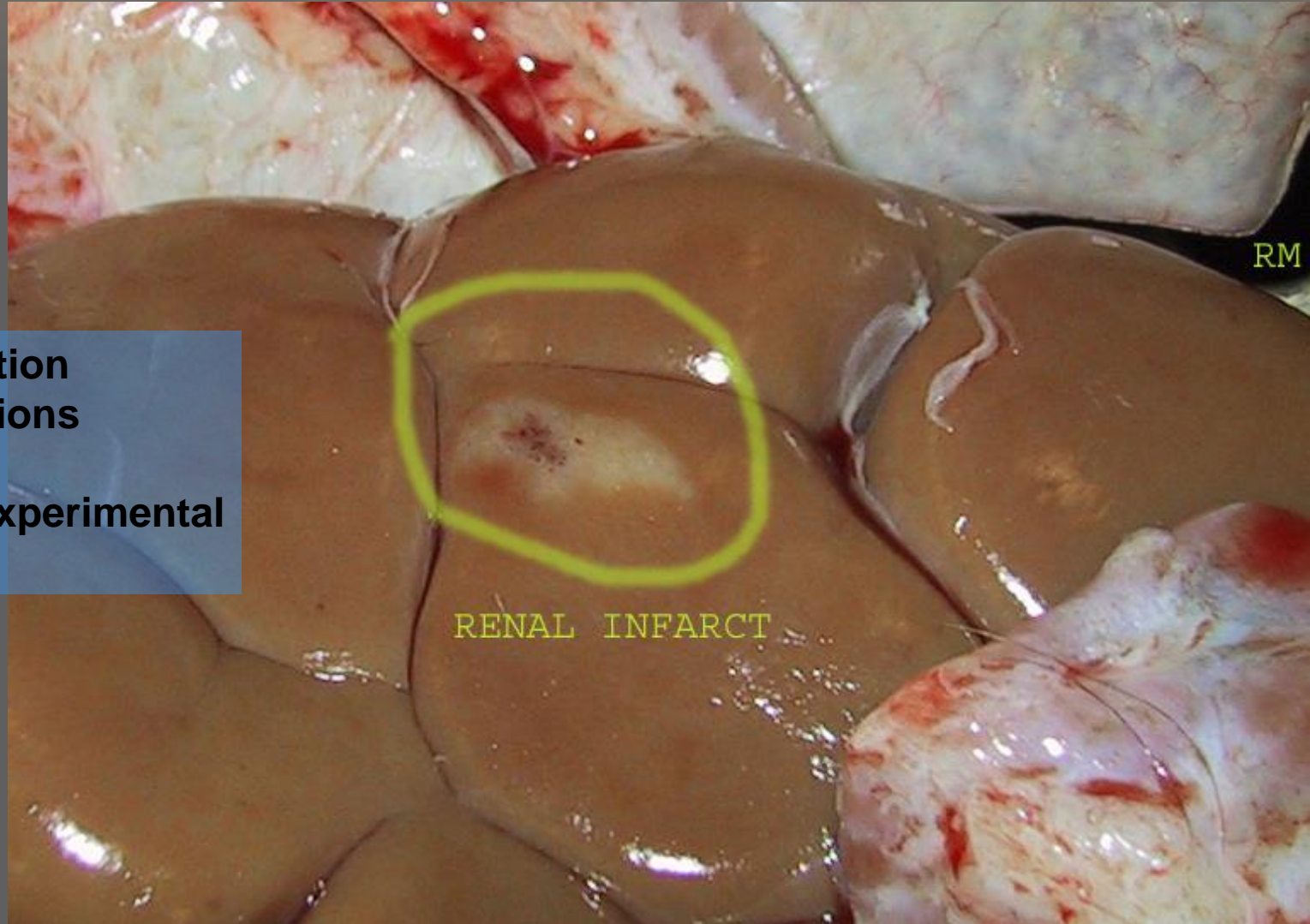
attribute relevancy



# AUTOPSY

documentation  
of observations

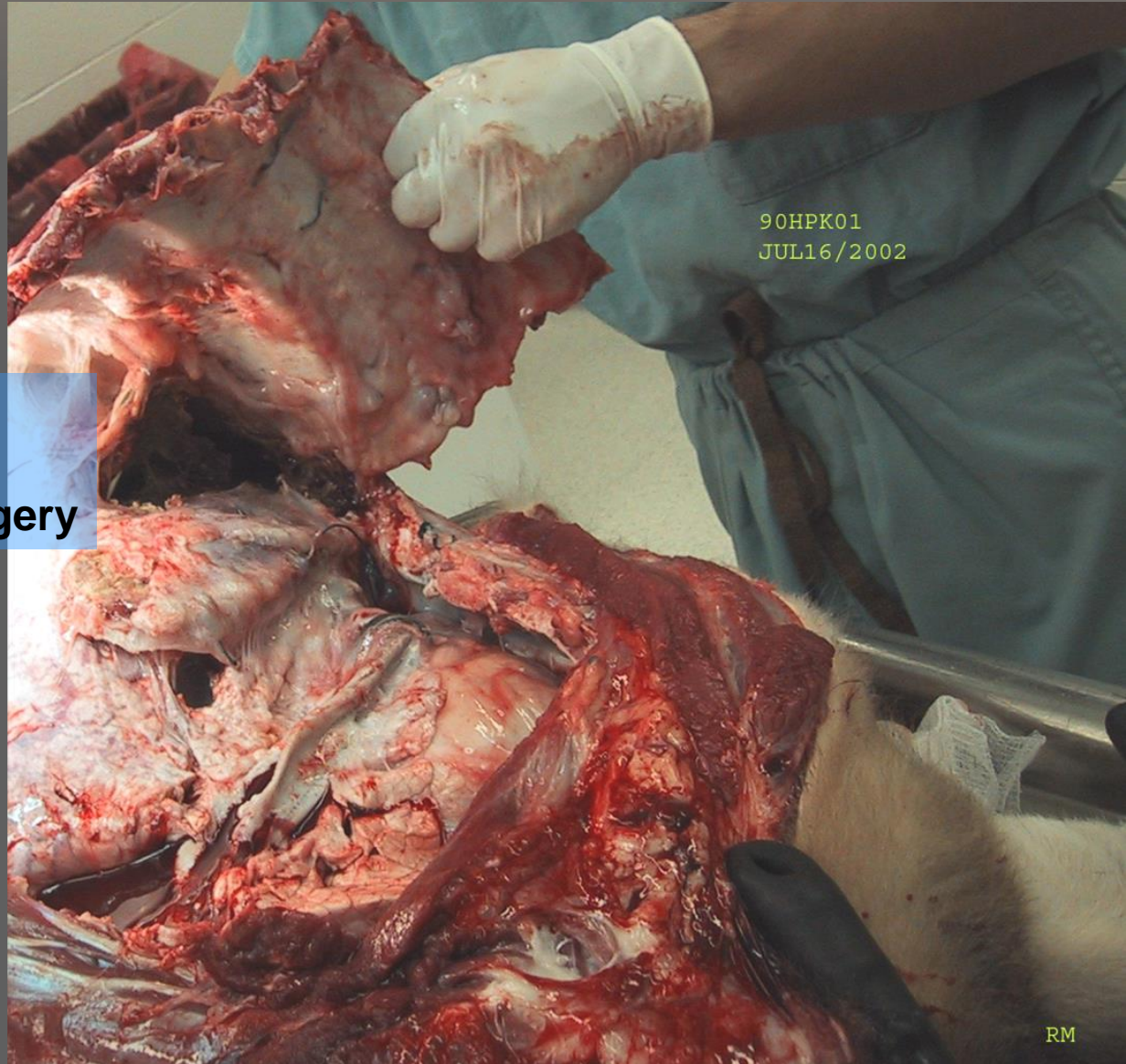
results of experimental  
surgery



RENAL INFARCT

RM

# AUTOPSY



adhesions in chest  
result of surgery



# GENERAL PATHOLOGY OBSERVATIONS

PATHOS - suffering

LOGOS - study

## Observation at Autopsy

- *change of size*
- *change of shape*
- *change of color*
- *change of smell*

deviation from what is considered normal

# GENERAL PATHOLOGY OBSERVATIONS

the observations are based on the experience that causes of various origins are leading to changes in morphology



task of  
**PATHOLOGIST**

diagnosis  
synthesis → **STORY**

---

# GENERAL PATHOLOGY OBSERVATIONS

---



**organism in  
its normal environment**

# GENERAL PATHOLOGY OBSERVATIONS



organism at necropsy

# GENERAL PATHOLOGY OBSERVATIONS

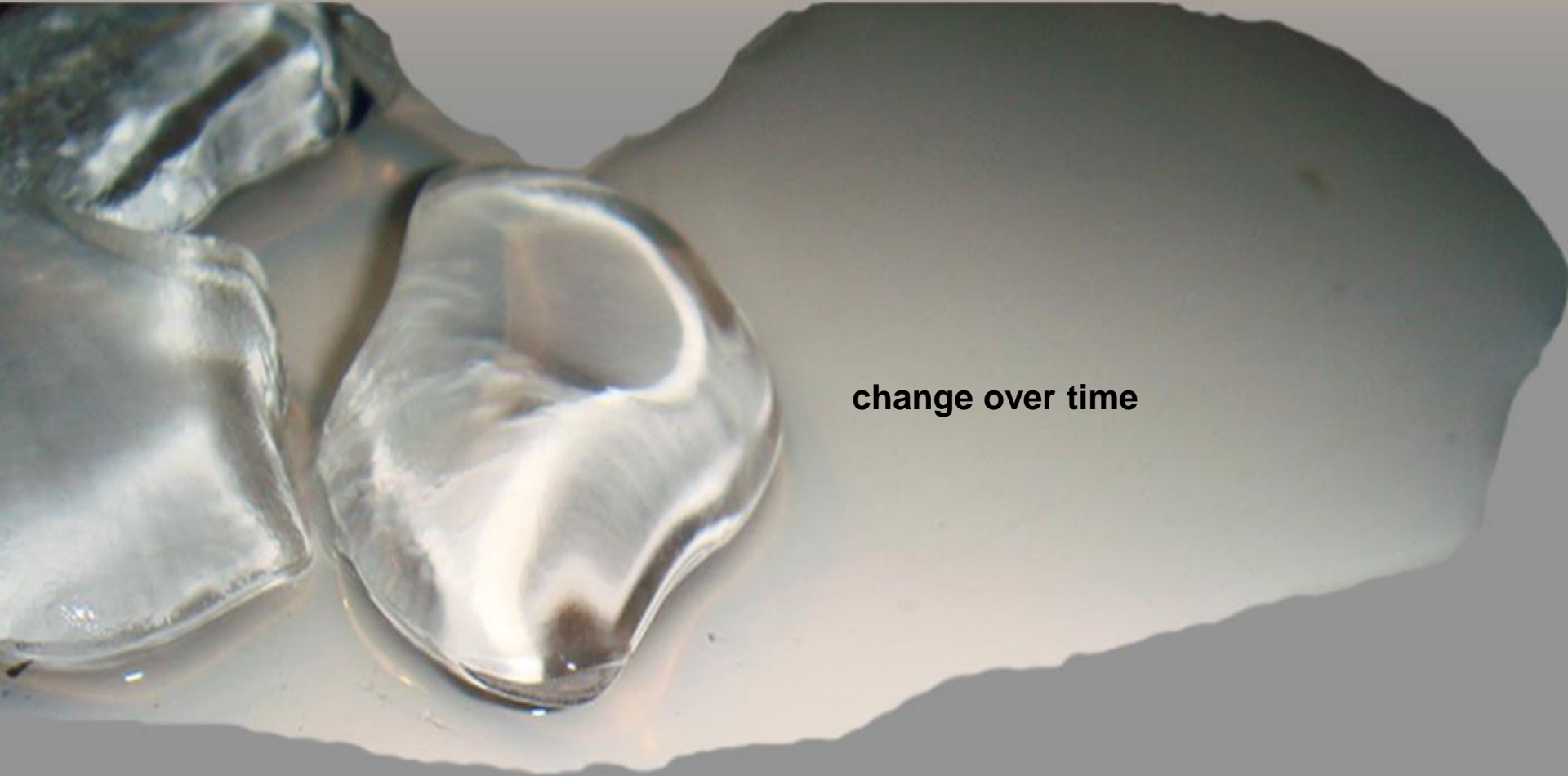


in “life” observation

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# GENERAL PATHOLOGY OBSERVATIONS

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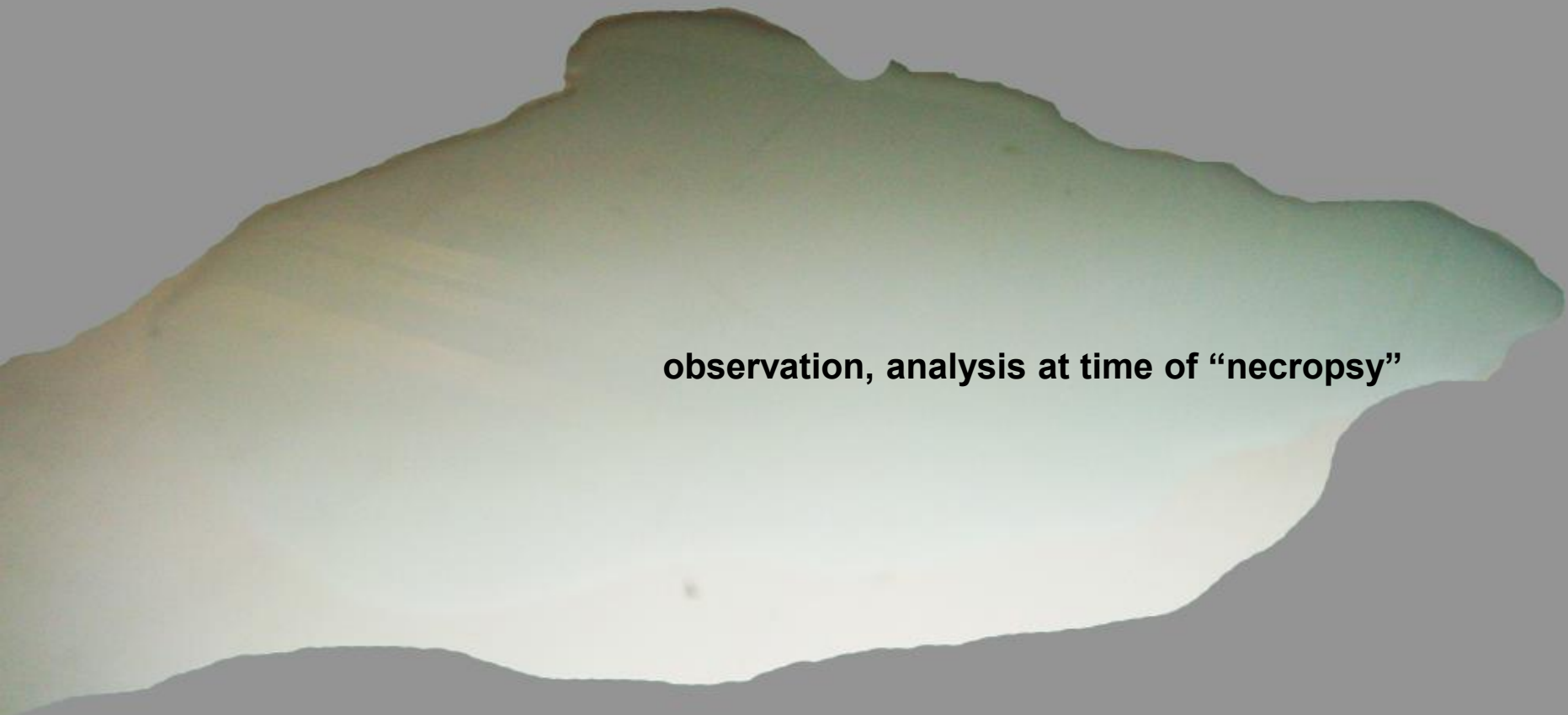


change over time

---

# GENERAL PATHOLOGY OBSERVATIONS

---



**observation, analysis at time of “necropsy”**

# GENERAL PATHOLOGY OBSERVATIONS

**70 % of body is water**

**75 % of muscle is water**

**50 % of fat is water**

**50 % of bone is water**

**Respiratory**

**Digestive      continuous new elements   exchange etc .**



# GENERAL PATHOLOGY OBSERVATIONS



# GENERAL PATHOLOGY OBSERVATIONS

**ETIOLOGY** cause

finding the culprit (i.e. germ)  
finding the primary cause



**therapy**  
**prevention**

factors to consider

**intrinsic** (i.e. genetic)

**extrinsic** (i.e. acquired)

discovery and  
knowledge of  
primary disease



**diagnosis**

# GENERAL PATHOLOGY OBSERVATIONS

## PATHOGENESIS

sequence of events leading to the observations



the pathologist describes the pathogenesis  
puts the whole story together

---

# GENERAL PATHOLOGY OBSERVATIONS

---

the study of **pathogenesis** today is more exciting than ever as new **tools** become available

the new tools allow for increased **scientific relevance** in exercising the craft of medicine

medicine is the **art of combining science and intuition** with patient care thus really helping the patient

# GENERAL PATHOLOGY OBSERVATIONS

morphologic changes are the basis  
of diagnostic pathology

changes can be structural  
physical



cells, tissues, organs  
show characteristics  
to etiologic processes

often pathologic observations infer causality

**similar observations  
variety of causes !**

# GENERAL PATHOLOGY OBSERVATIONS

## diagnostic pathology

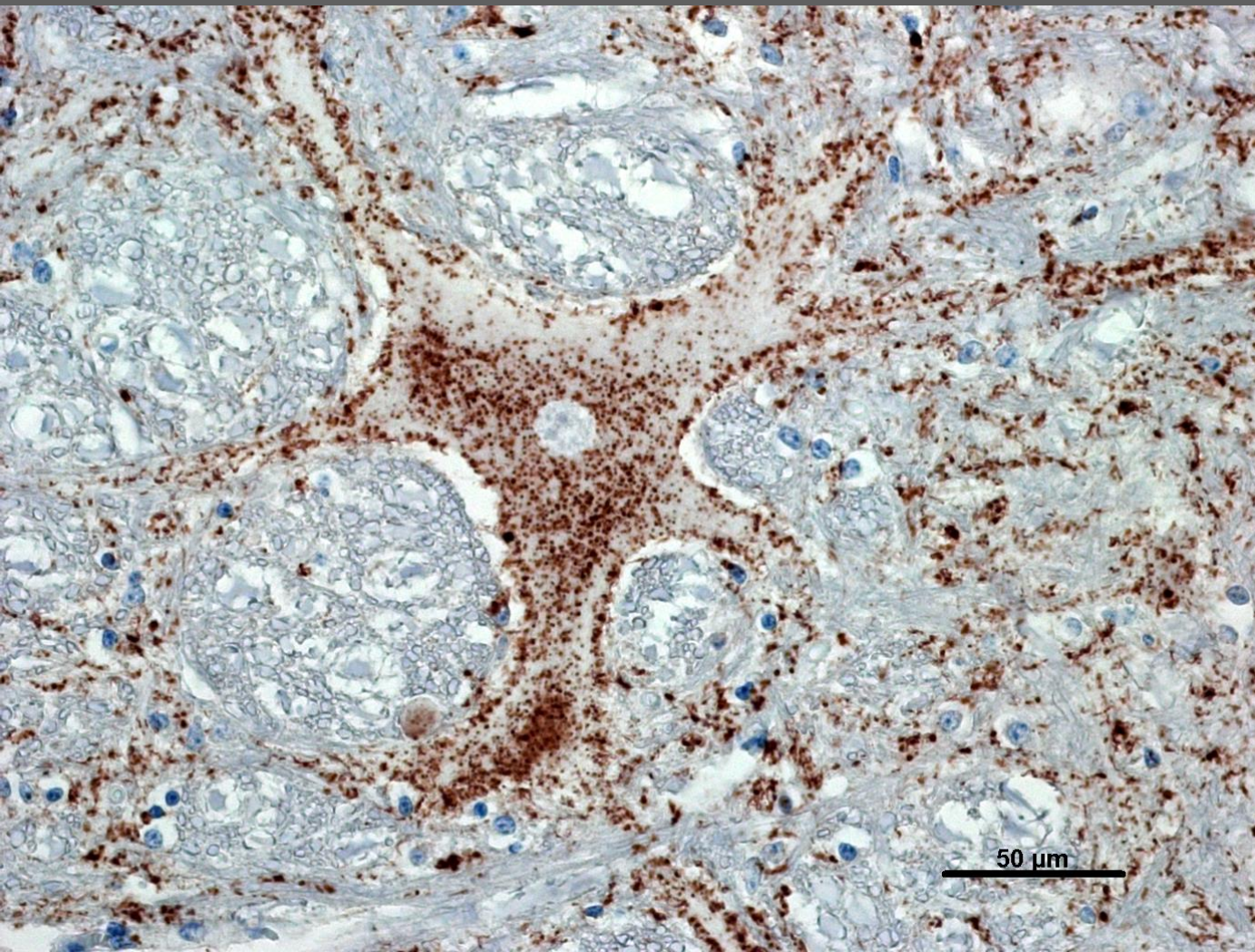
based on observation, defined by the nature  
and progression of disease

## limitation of the traditional morphology

leads to inclusion of additional investigative methods  
molecular biology

examples immunology  
immunohistochemistry  
genetics

# Immuno Histochemistry



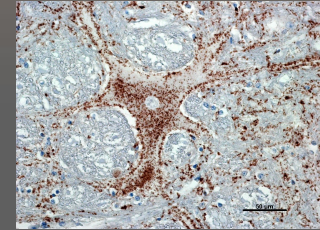
demonstration of  
prions in neurons

mad cow disease

# Immuno Histochemistry

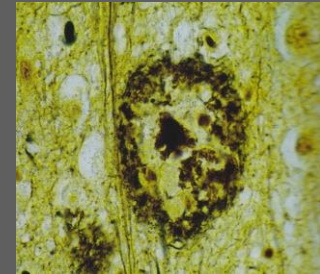
demonstration of  
prions in neurons

mad cow disease



demonstration of  
plaques

Alzheimer's disease



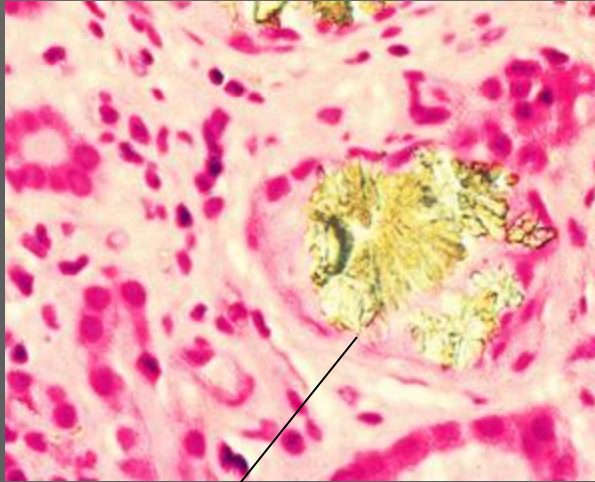
causal relationship ?

if we find scars in the skin (our largest organ)

do we conclude the patient has a skin disease with  
the scars being the cause ?

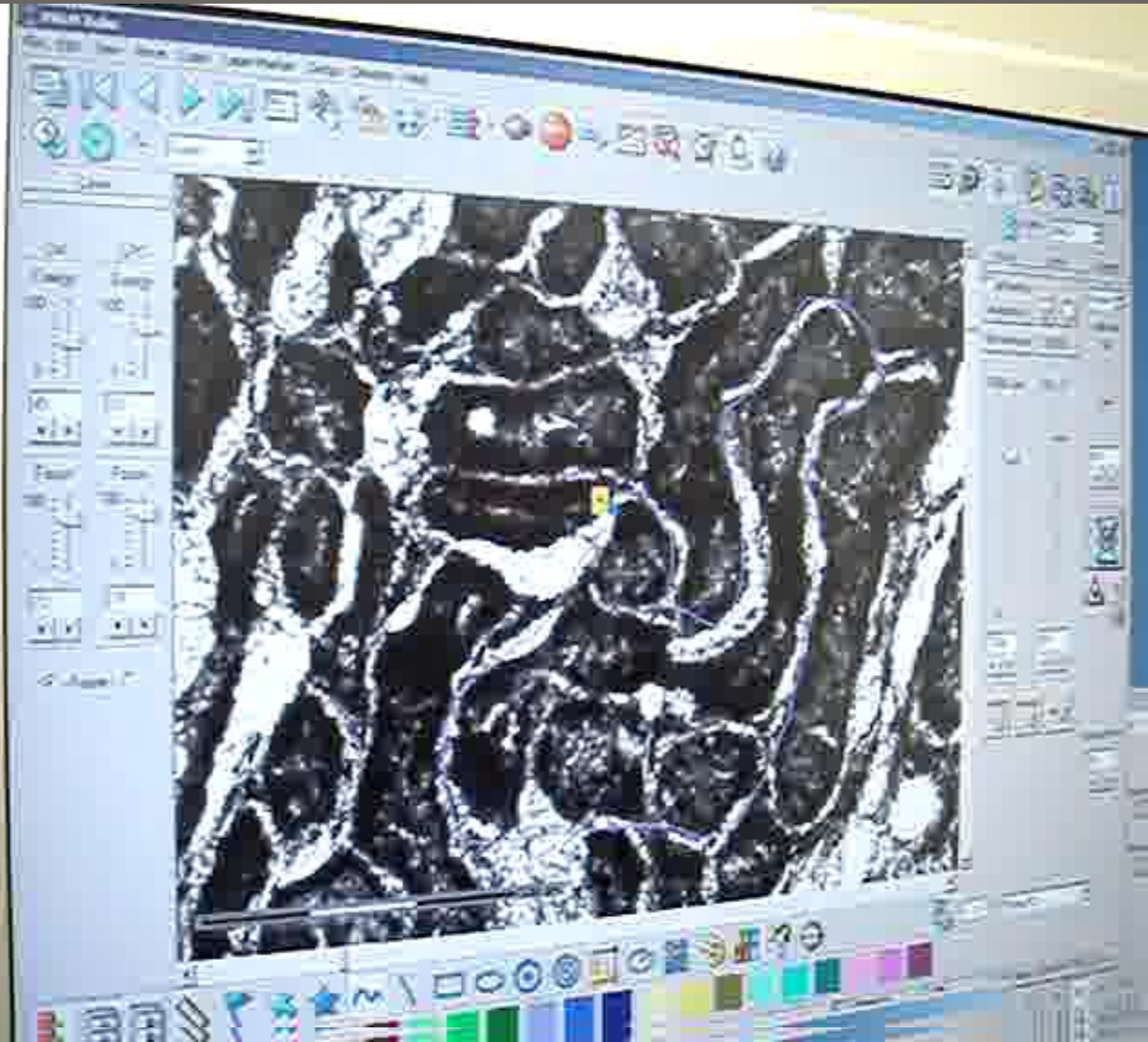


# Microscope Laser Dissection / Capture



removal of specific  
structures or cells for  
further analysis

using laser dissection  
to cut out structure and  
flipping it into a small  
container



# GENERAL PATHOLOGY OBSERVATIONS

## diagnostic pathology

based on observation, defined by the nature  
and progression of disease

most important in biopsy pathology – clinical pathology

*in vivo* sampling of tissues:

- bone marrow
- tumor biopsies (during and after surgery)

establish **prospective behavior of disease** (i.e. tumor)

# GENERAL PATHOLOGY OBSERVATIONS

there is a future in pathology  
morphology alone is not enough

future sequence of events:

1) **DIAGNOSIS** of **DISEASE**

2) **DIAGNOSIS** of **ETIOLOGY** including new techniques that  
apply genetic factors

3) **SPECIFIC THERAPY** etiology / individual / family

4) **Designer THERAPY** drug metabolism / genetic profile

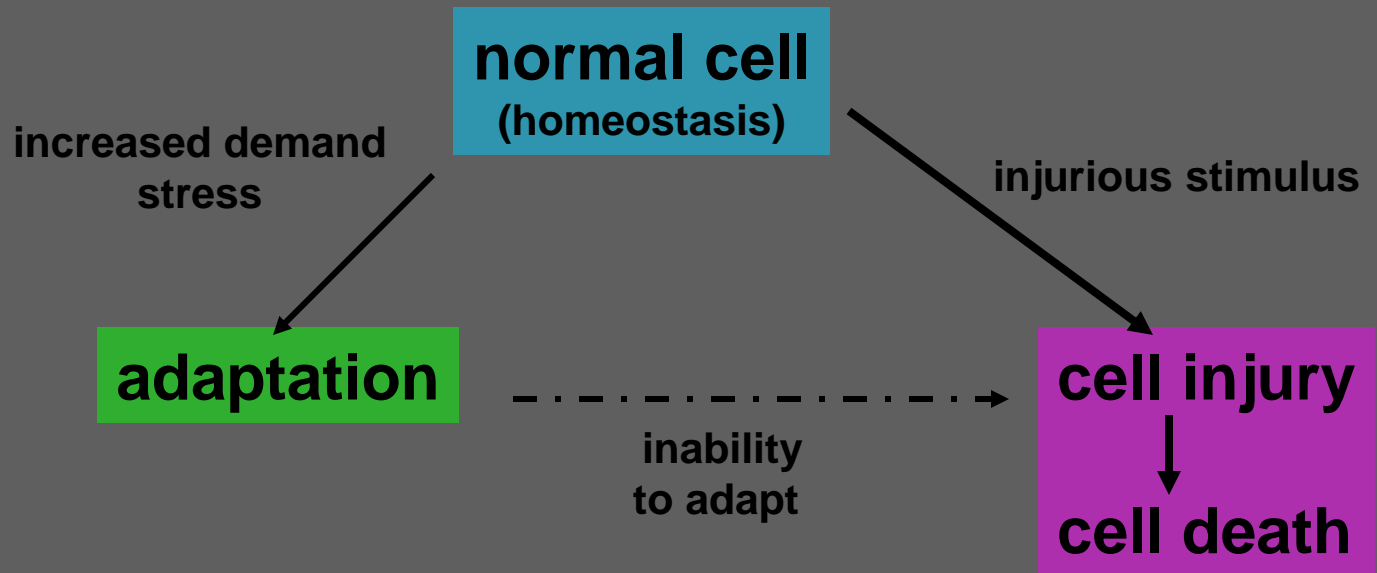
# UNDERLYING MECHANISMS

the function is deranged  
clinical manifestations  
morphologic changes  
distribution, degree

the principal changes occur at the level of the cell  
**molecular**  
**structural**

while the body reacts to injury the changes are  
happening at the cellular level

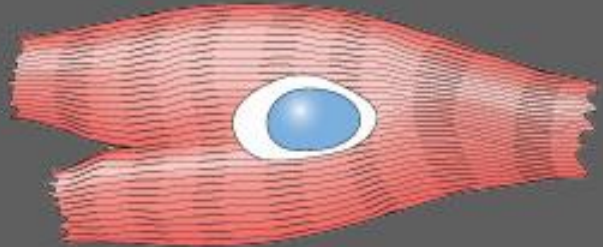
# CELLULAR RESPONSE TO STIMULI



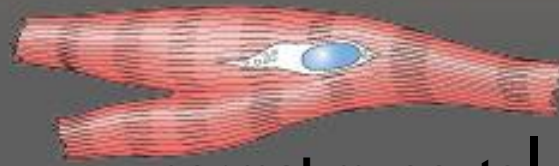
# CELLULAR ADAPTATION

heart

adaptation to increased workload



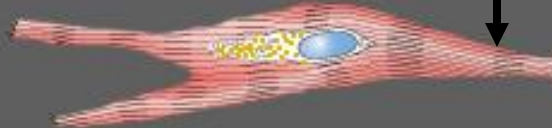
hypertrophy



normal myocyte



increased protein degradation



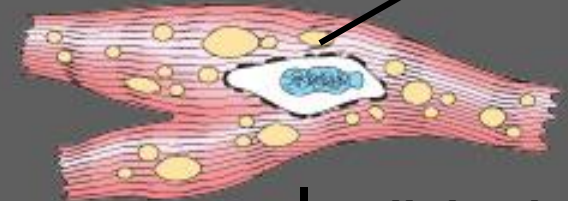
atrophy



cell injury

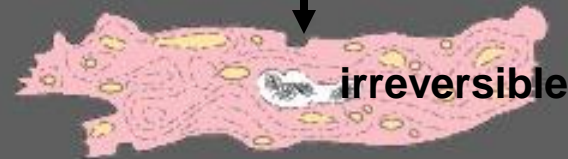


reversible injury



cell death

irreversible

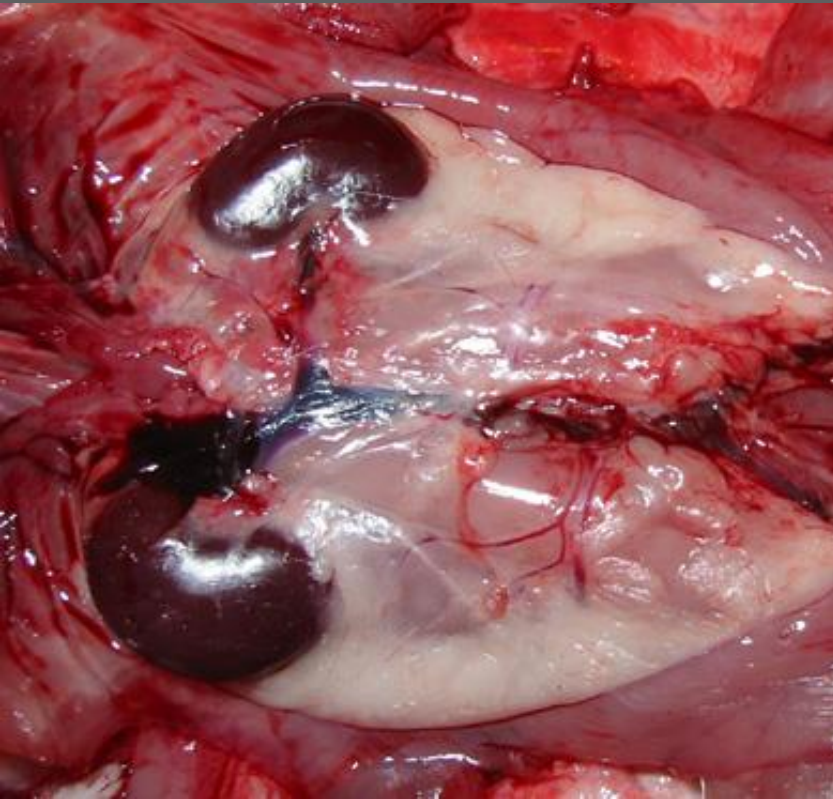


scar

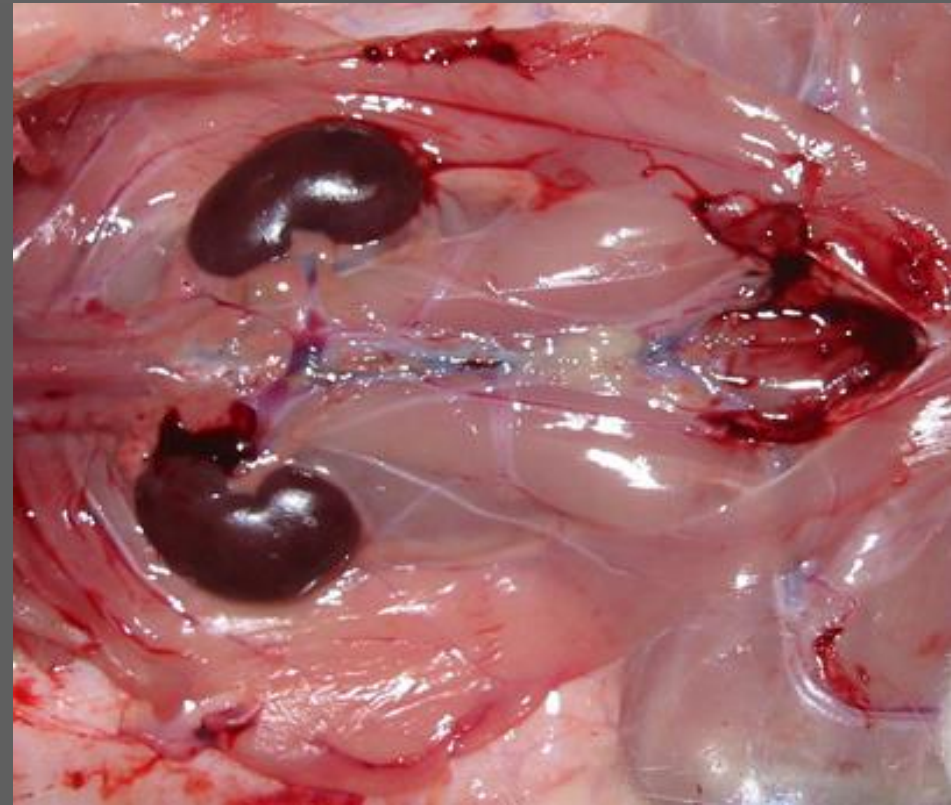


# CELLULAR ADAPTATION

normal



marginal nutrition

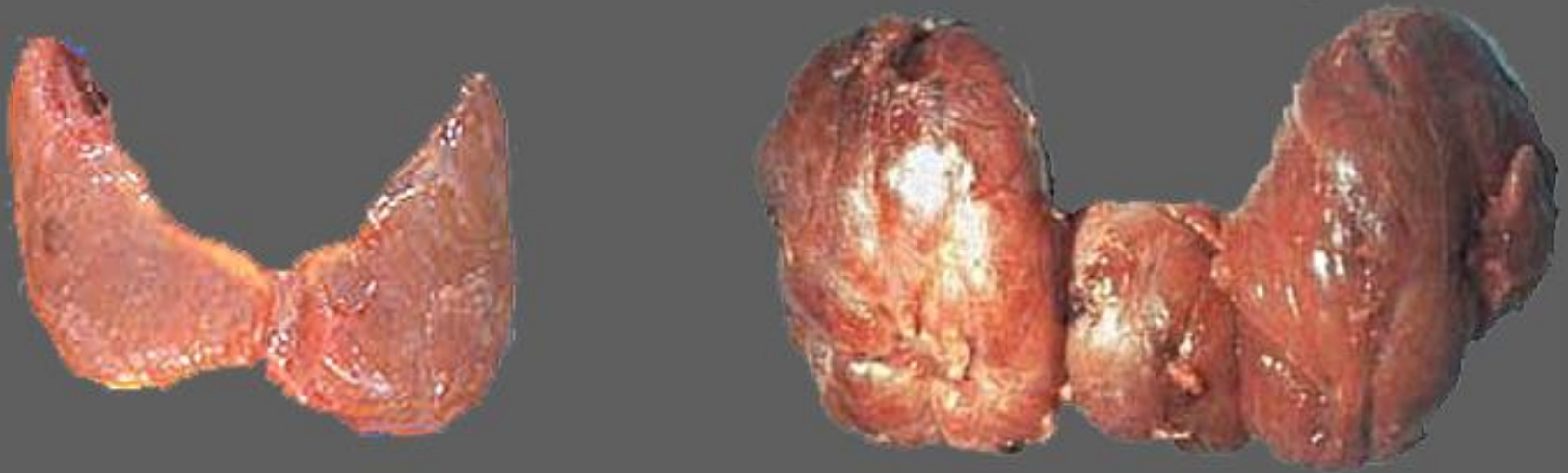


atrophy of fat reserves around kidney

# CELLULAR ADAPTATION

**hyperplasia**

**increase in growth factors leading to cellular proliferation**



**thyroid hyperplasia  
as a result of hormonal stimuli**



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# CELLULAR ADAPTATION

---

**abnormal hyperplasia**

**leading to abnormal function  
hyperplasia without control**

**could lead to tumors, cancer**

---

# CELLULAR ADAPTATION

---

**abnormal hyperplasia**

**leading to abnormal function**

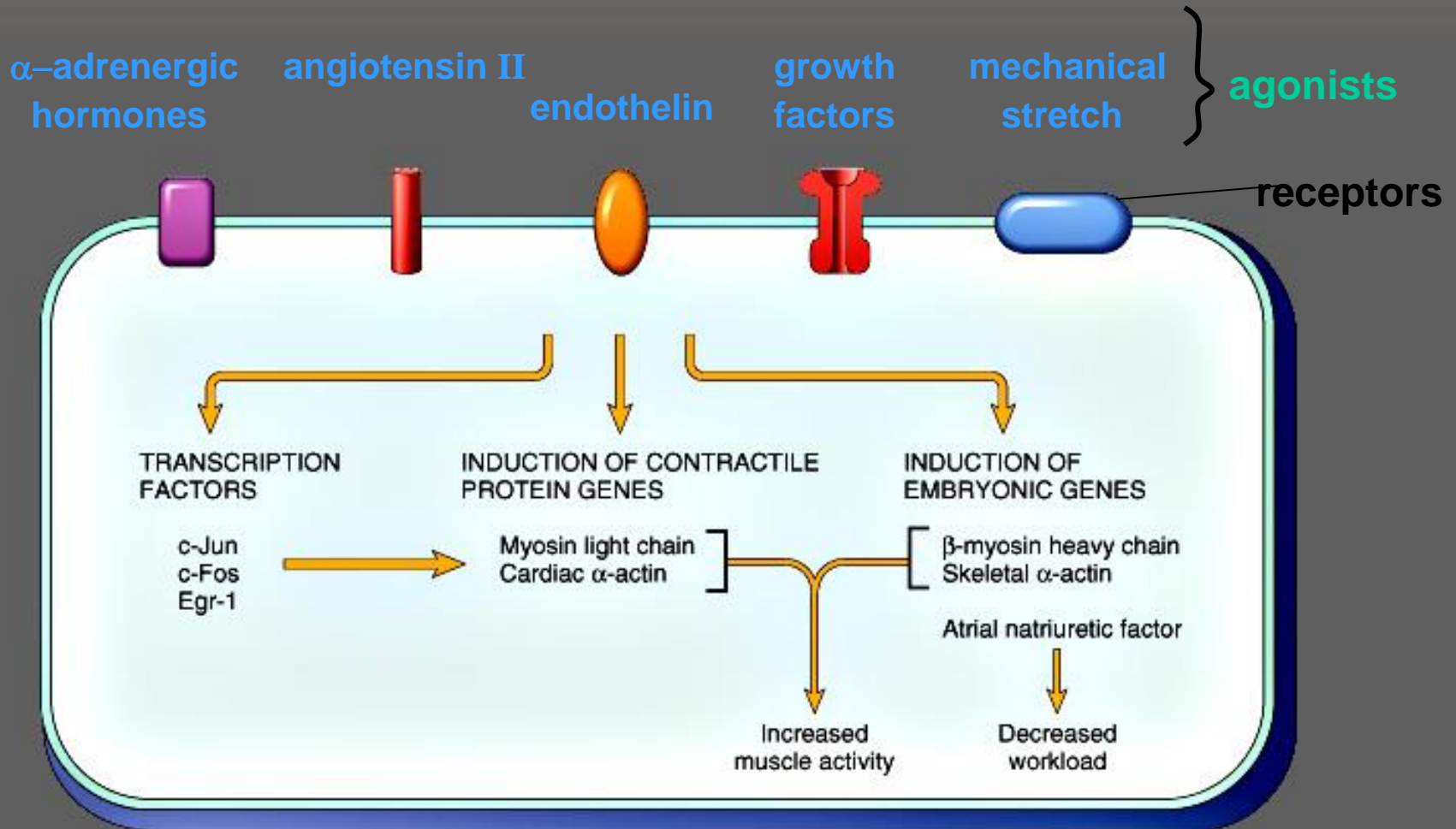
**hyperplasia without control**

**could lead to tumors, cancer**

- **beyond adaptation**
- **cells active in function**  
**measurable output**  
**with secondary systemic changes**
- **growth of cells, organs**  
**at variable accelerated speed**  
**cells with / without function**  
**space occupying**
- **secondary effects of cancer**  
**abnormal chemicals produced**  
**space occupying**

# GENE EXPRESSION IN HYPERTROPHY

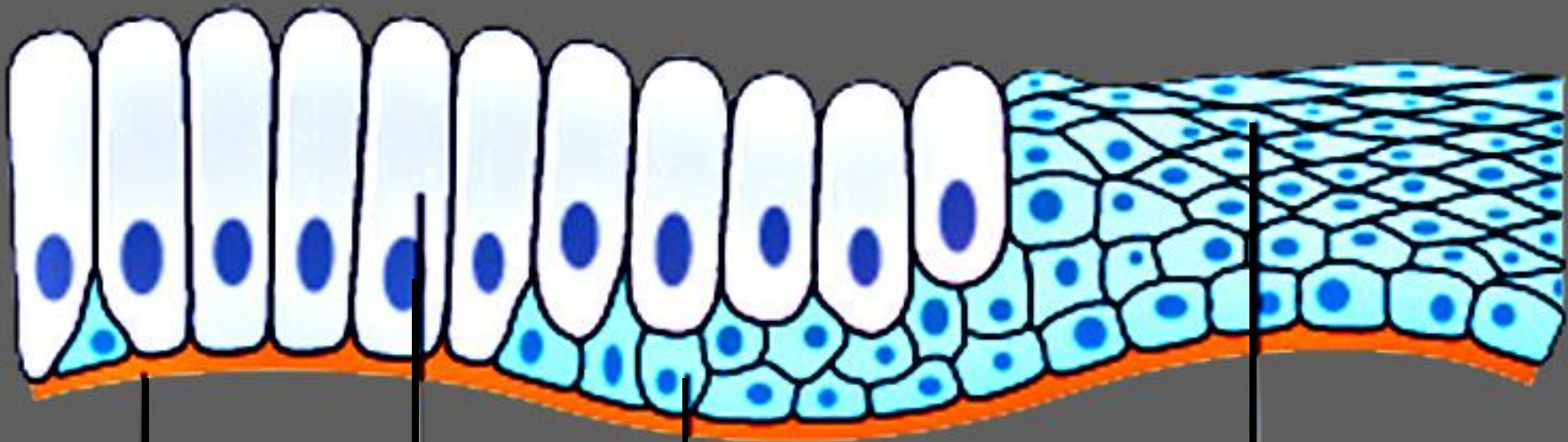
## heart, myocardium



# METAPLASIA

## SQUAMOUS METAPLASIA OF EPITHELIUM

columnar  $\xrightarrow{\text{chronic irritation}}$  squamous



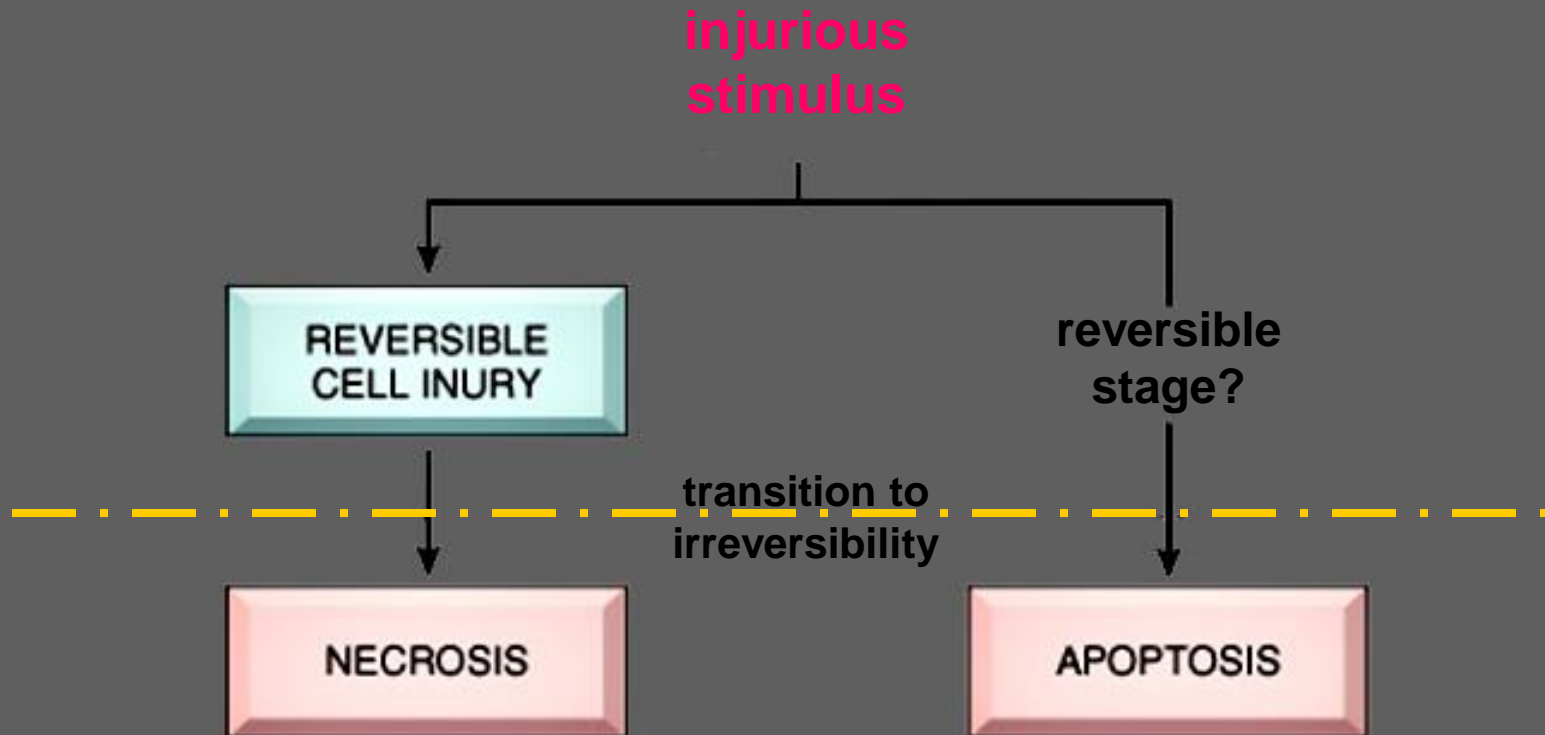
basement membrane

normal columnar epithelium

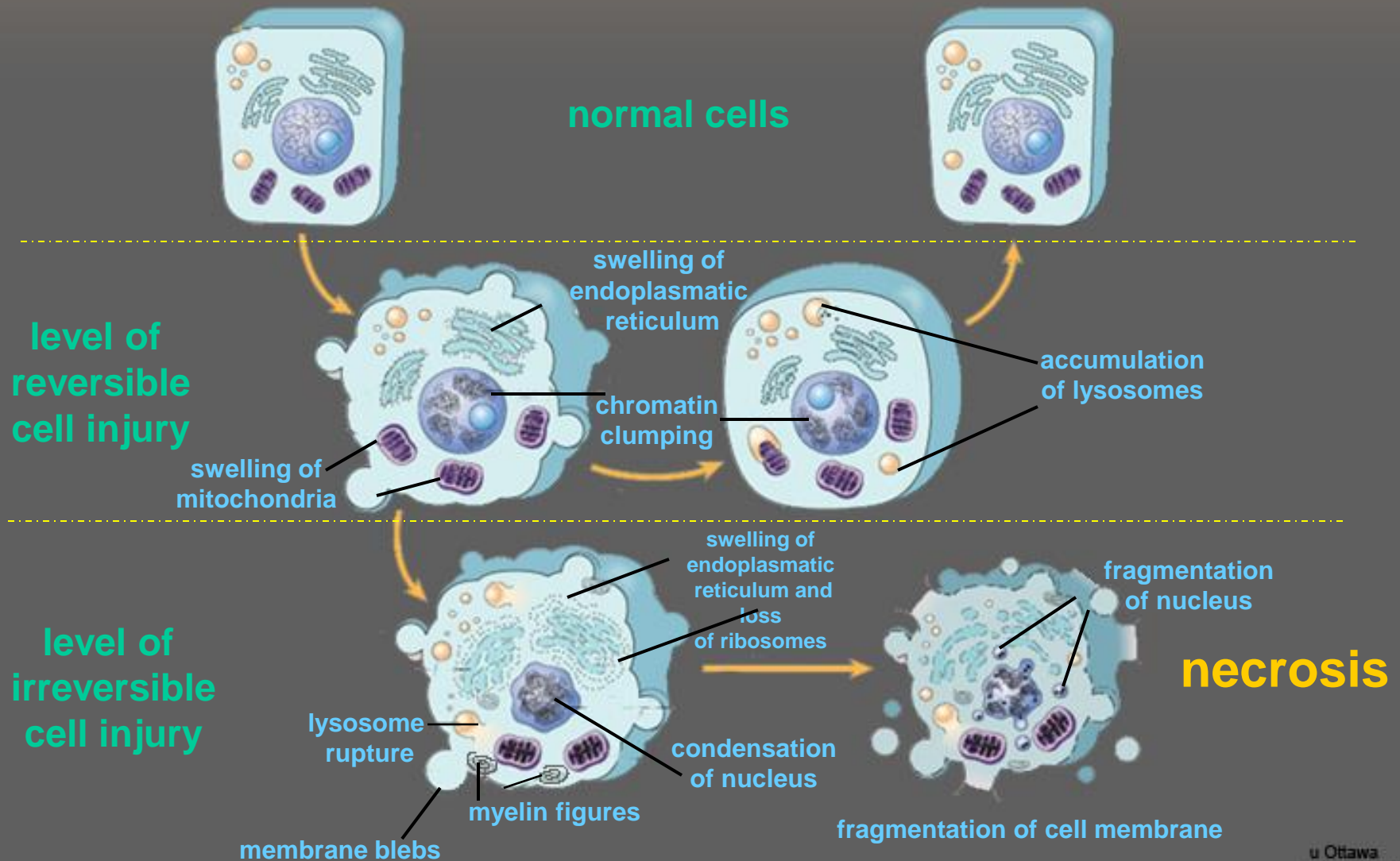
reserve cells

metaplastic cells

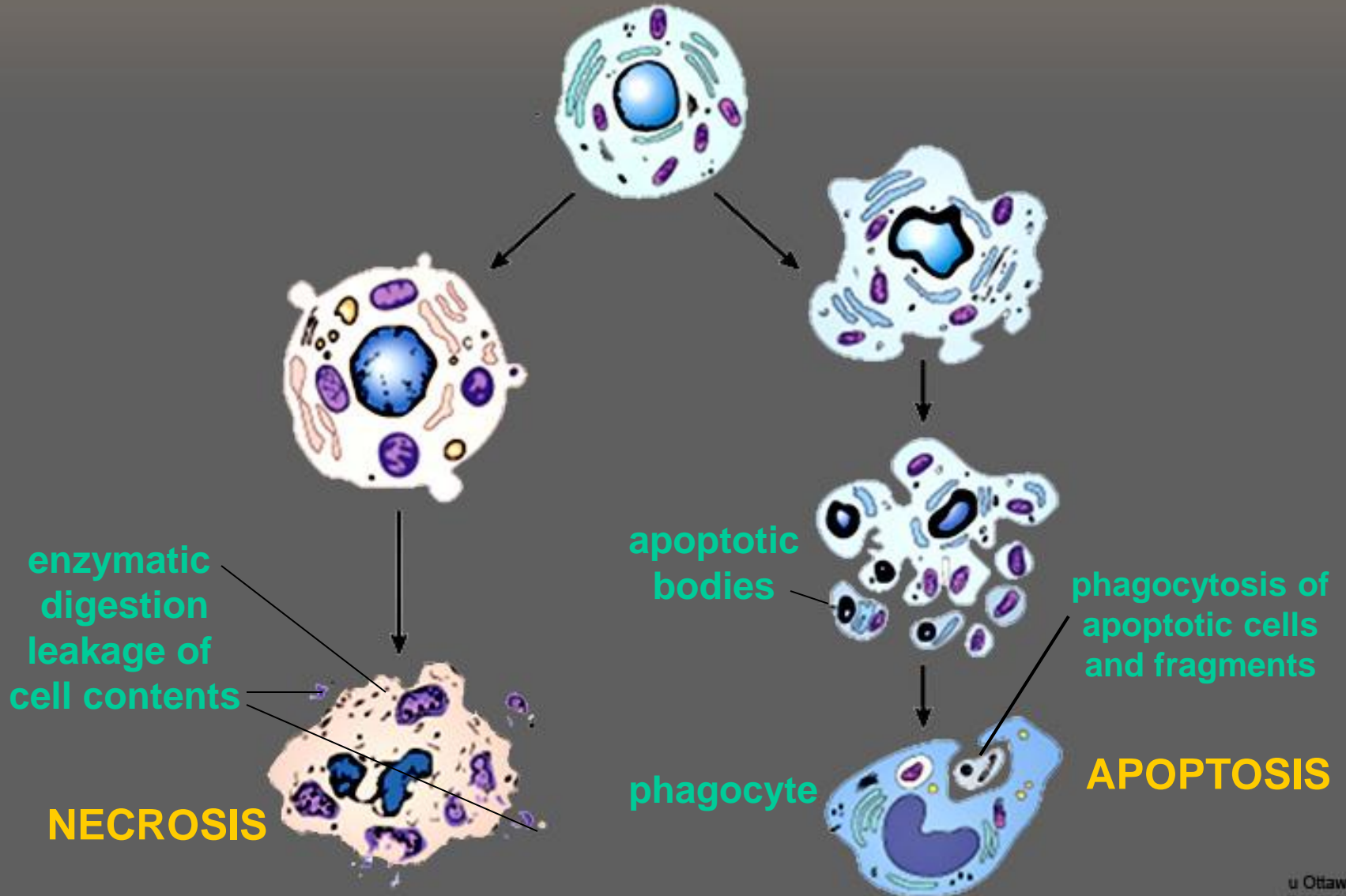
# EVOLUTION OF CELL INJURY, DEATH



# CELL INJURY

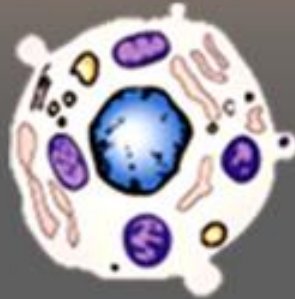


# NECROSIS vs APOPTOSIS



# NECROSIS vs APOPTOSIS

cell enlarged,  
swelling



cell size reduced  
shrinkage



nucleus  
pyknosis  
kariorrhesis  
kariolysis



fragmentation  
nucleosome sized  
fragments



disrupted  
plasma membrane



intact  
plasma membrane  
with altered structure



enzymatic digestion  
of cellular contents



intact  
cellular contents  
apoptotic bodies



inflammation

no infl.

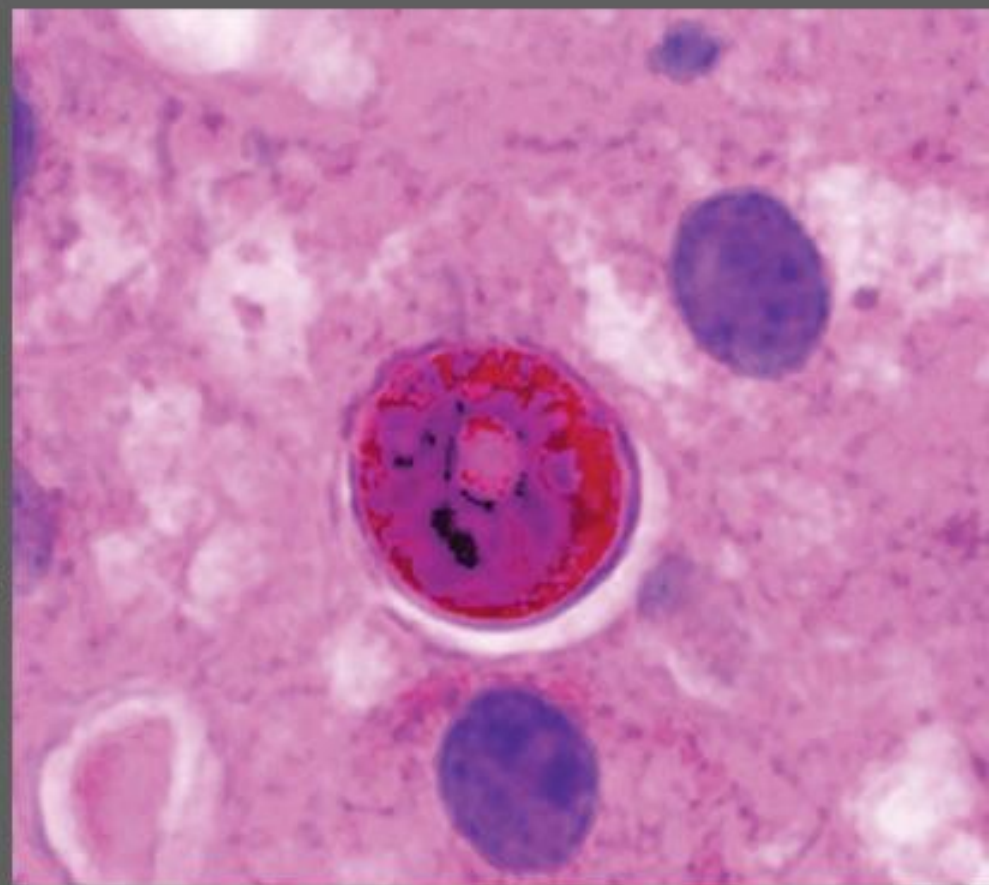
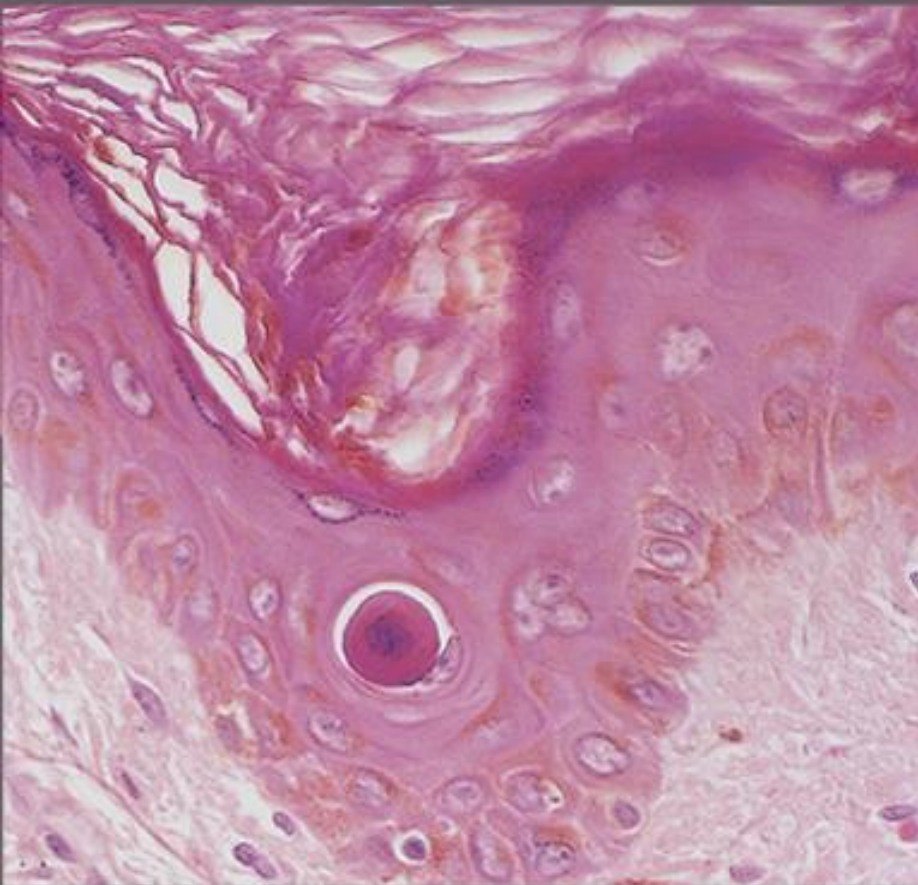
pathologic,  
related to disease

physiologic, often



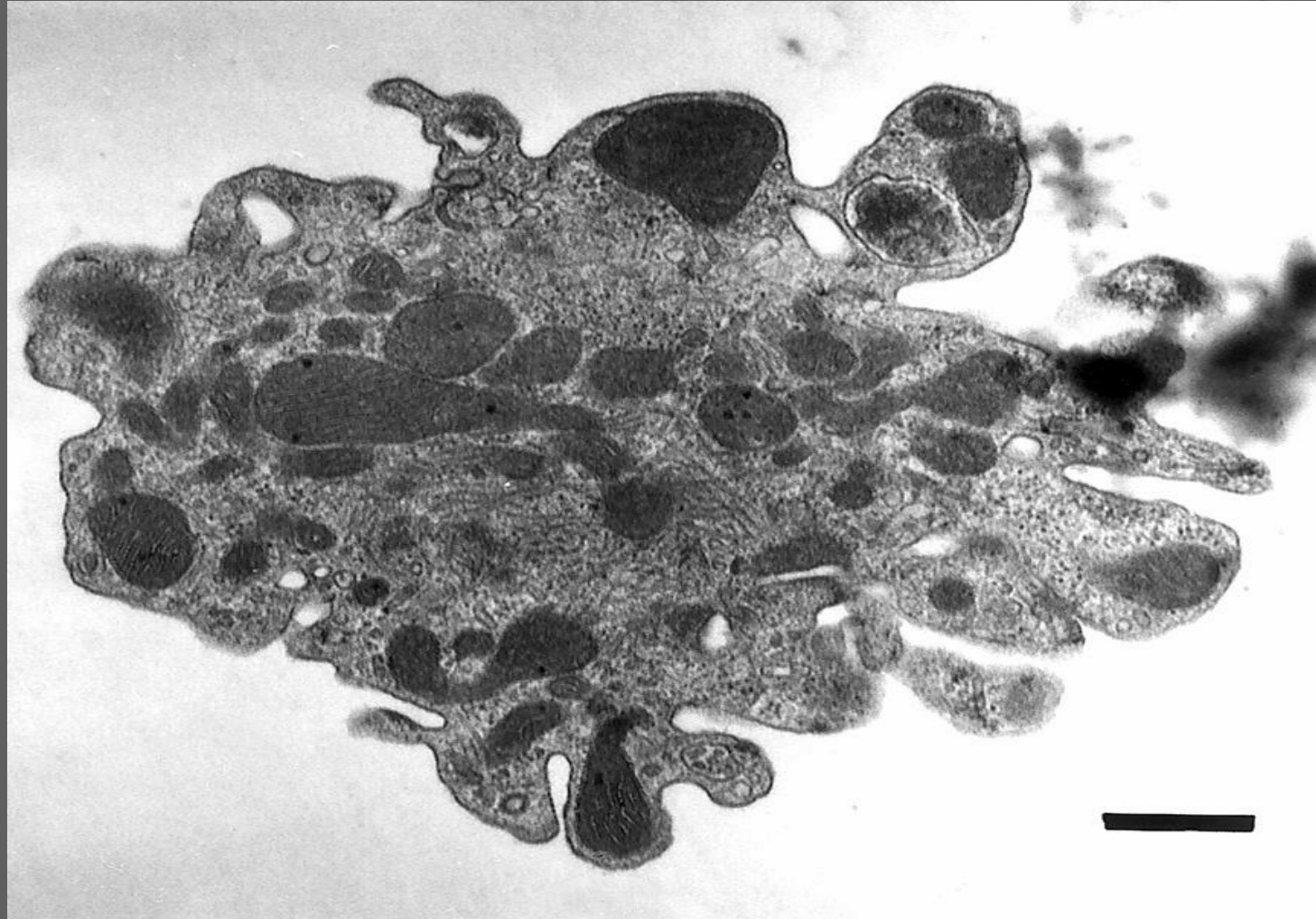
# CELLULAR ADAPTATION

## histology of apoptosis



# CELLULAR ADAPTATION

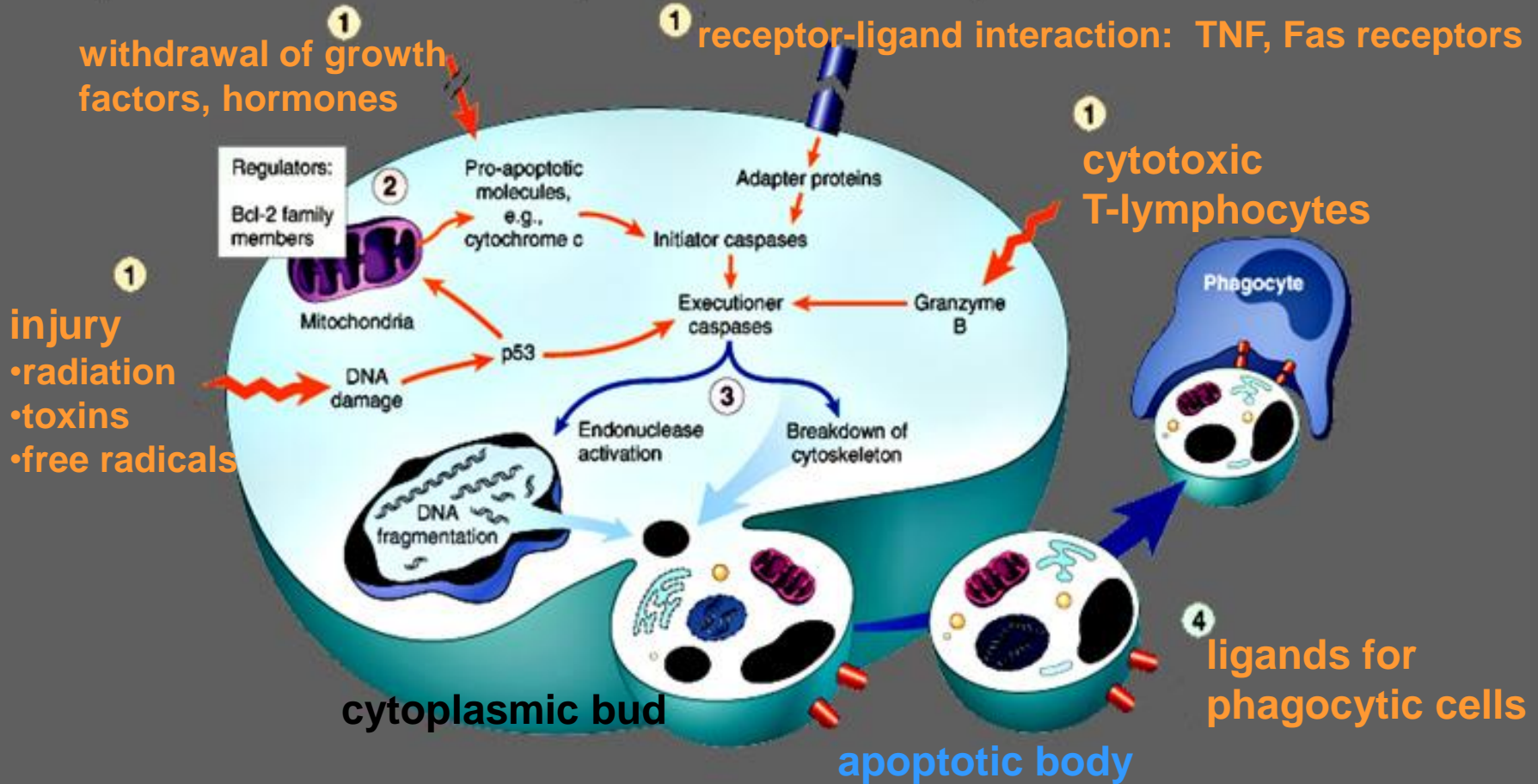
apoptosis electron microscopy



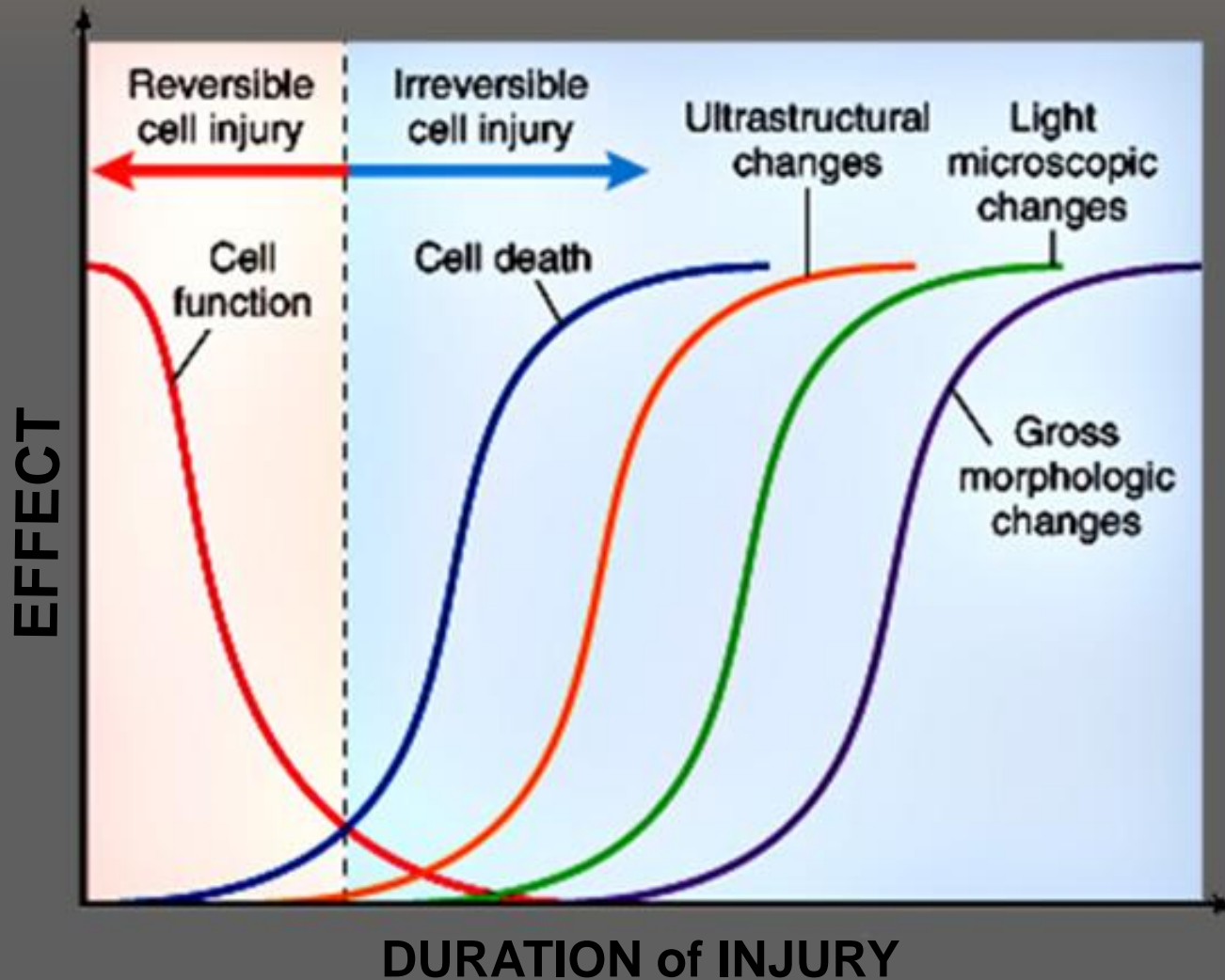
# MECHANISMS OF APOPTOSIS

**intrinsic**  
(mitochondrial)

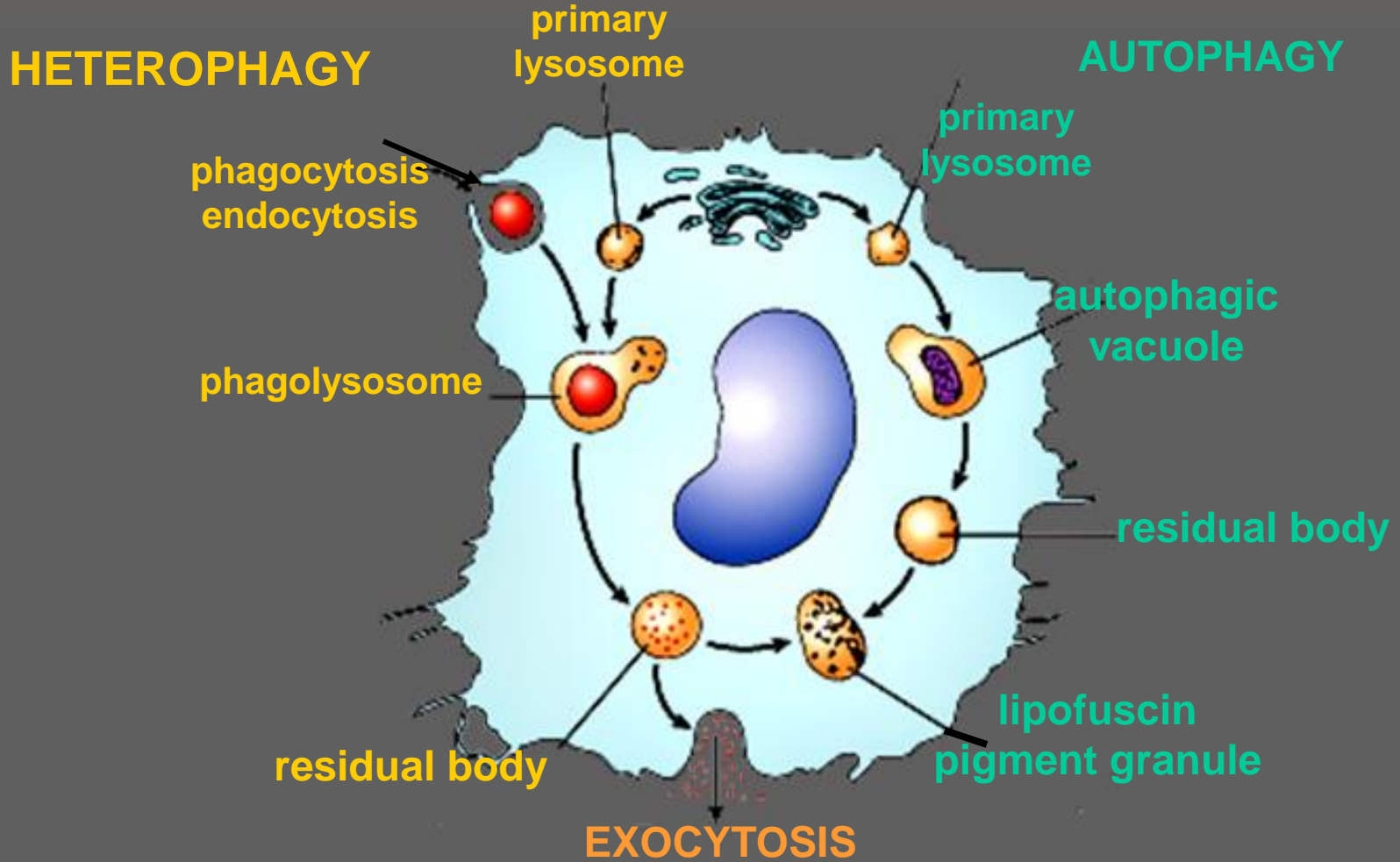
**extrinsic**  
(death receptor-initiated)



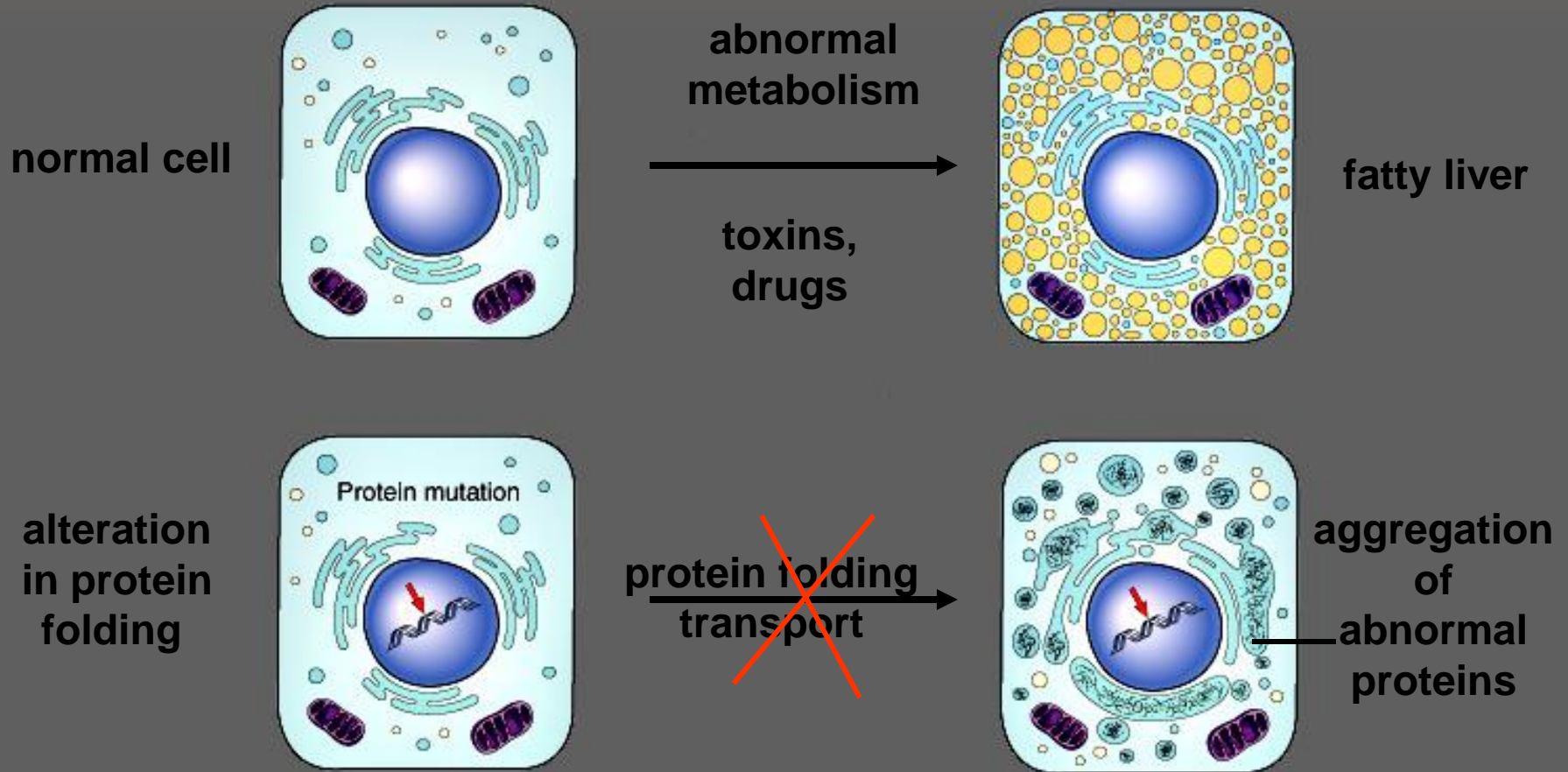
# REVERSIBLE - IRREVERSIBLE



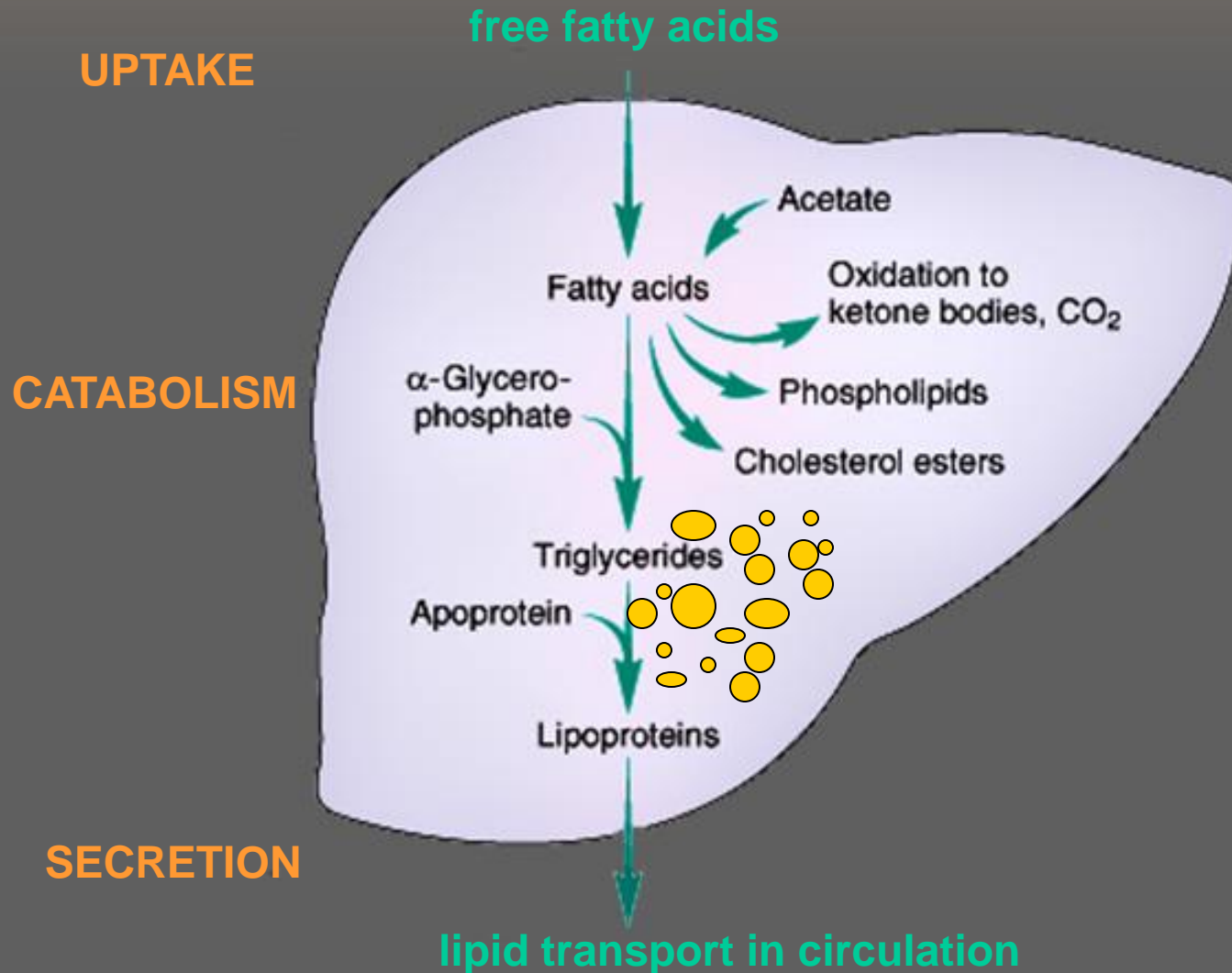
# CELLULAR RESPONSE TO INJURY



# INTRACELLULAR ACCUMULATIONS

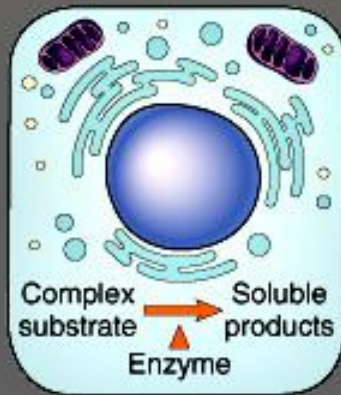


# FATTY LIVER

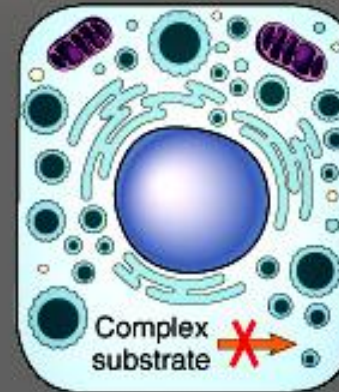


# INTRACELLULAR ACCUMULATIONS

enzyme deficiency

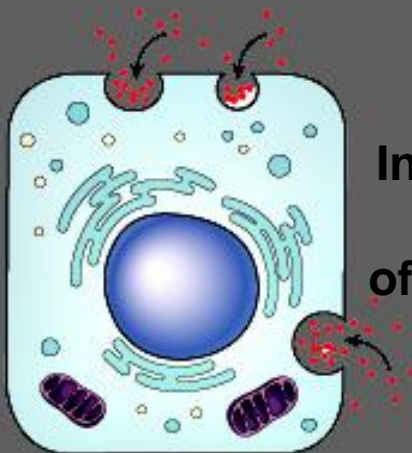


lack of enzyme  
inhibition of enzyme

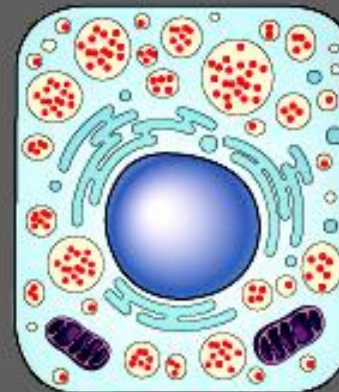


storage, accumulation of endogenous materials

phagocytosis of particles



Incorporation of indigestible materials

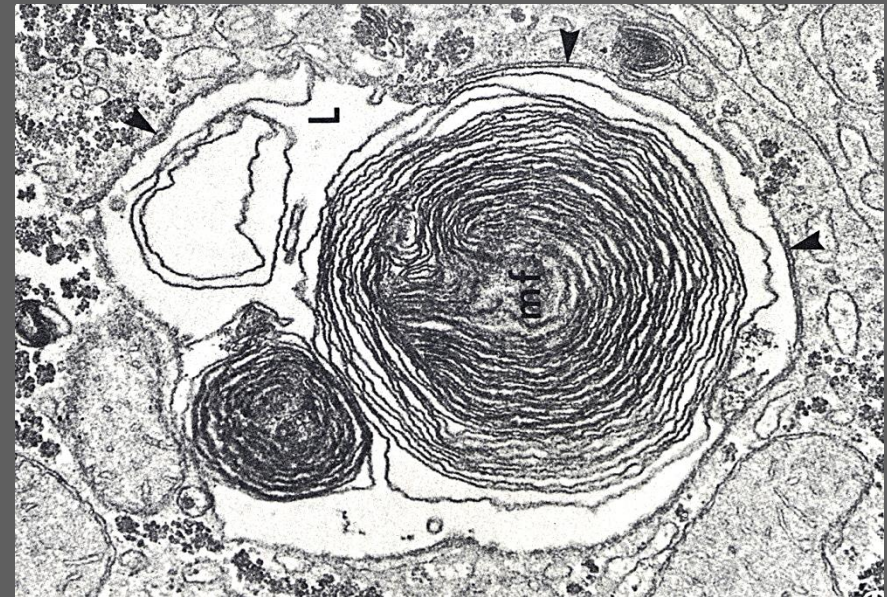
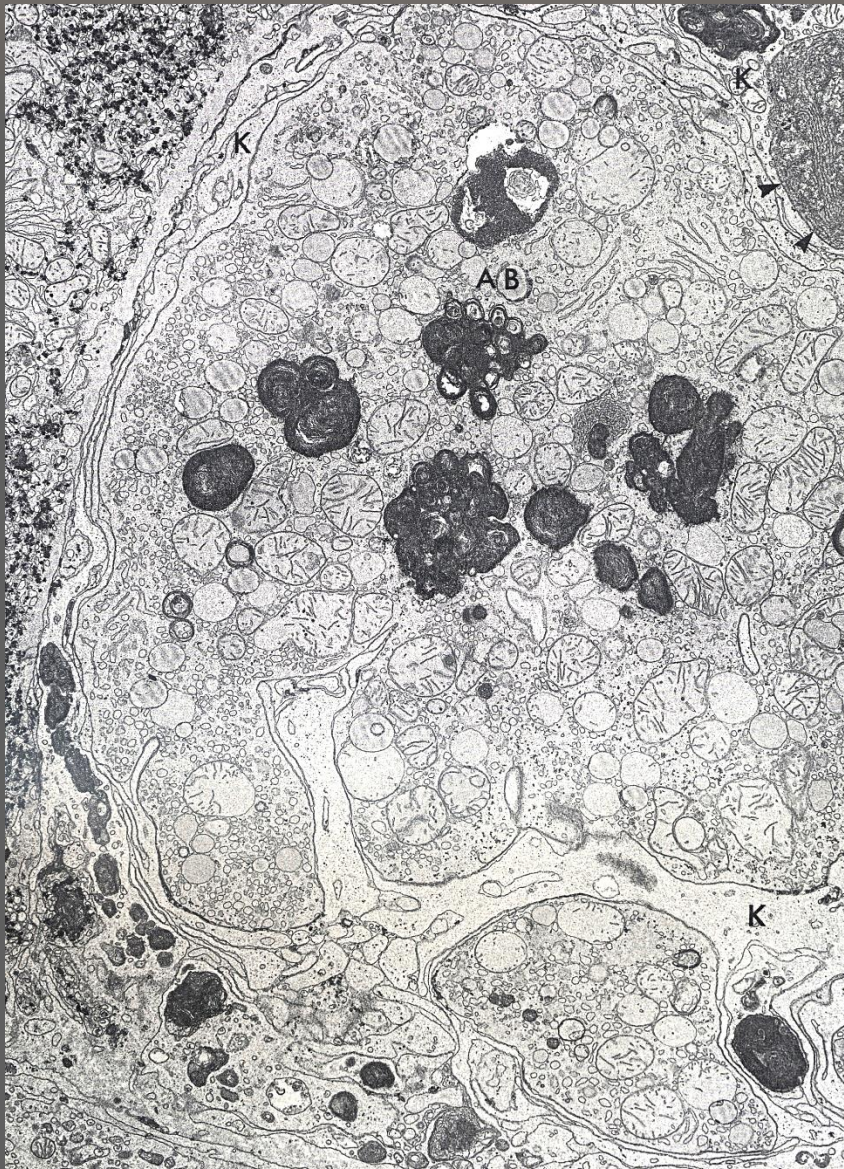


accumulation of exogenous materials



# PHOSPHOLIPIDOSIS

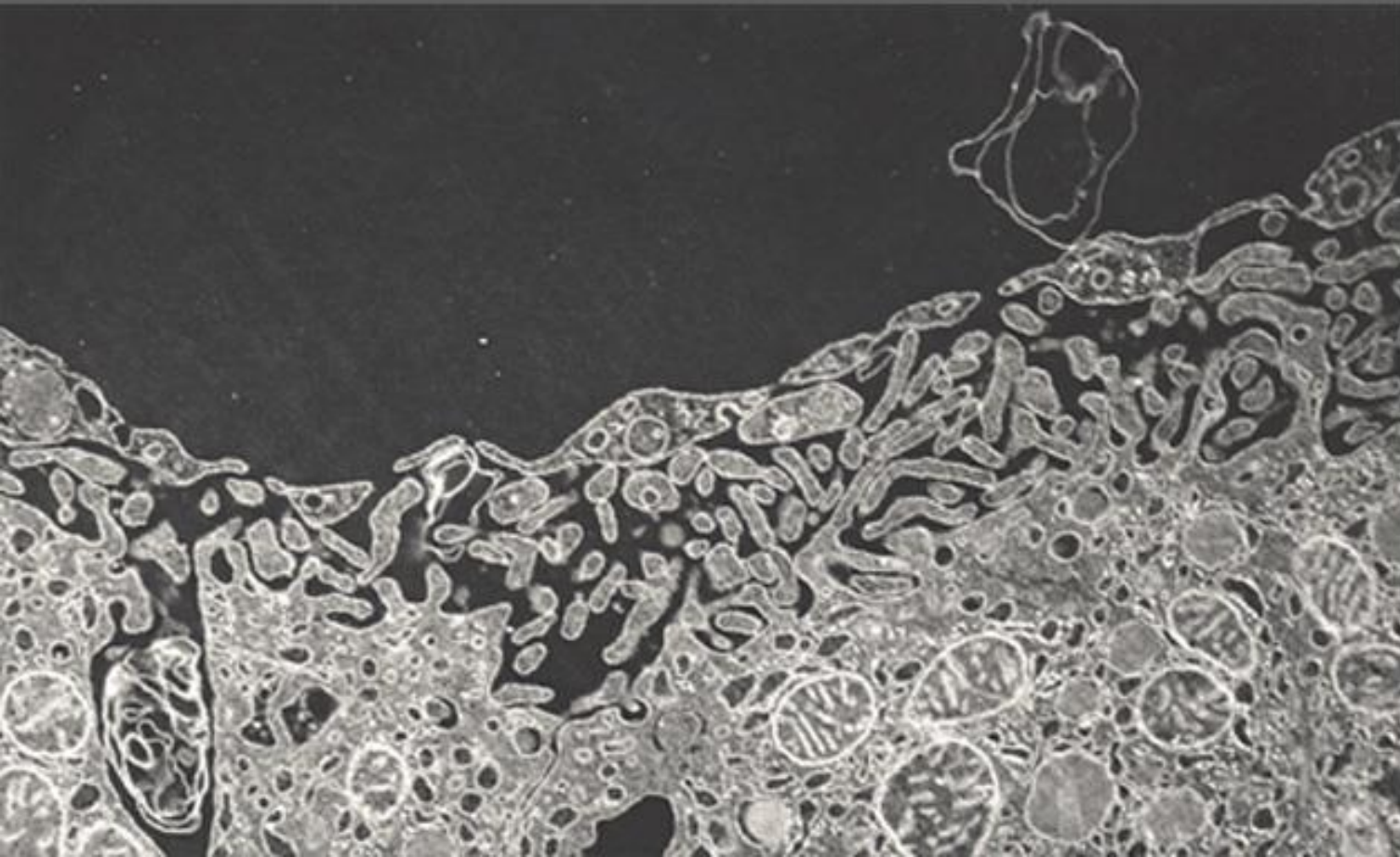
resulting from interference with lysosomal enzymes



intracellular accumulation of phospholipids, membrane remnants

# PHOSPHOLIPIDOSIS

expulsion of phospholipids from hepatocytes



# CELLULAR RESPONSE TO STIMULY

## altered physiology

- increased demand
- decreased nutrients
- chronic irritation

## cellular adaptation

- hyperplasia hypertrophy
- atrophy
- metaplasia

## reduced oxygen supply chemical injury microbial infection

- acute self limited
- progressive, severe
- mild chronic

## cell injury

- reversible
- irreversible:(necrosis)
- subcellular (organelles)

## metabolic alteration genetic / acquired

## intracell. accumulation calcification

## prolonged lifespan cumulative, sub-lethal injury

## cellular aging

# CELLULAR AGING

## GENETIC FACTORS

DNA repair defects



cumulative mutations

Genetic abnormalities



abnormal Cellular signaling

## ENVIRONMENTAL FACTORS

environmental insults



Free radical Mediated damage



reduced proteasomal activity



accumulation of damaged cellular proteins / organelles

replicative senescence



reduced ability to produce new cells



**CELLULAR AGING**

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# INFLAMMATION

---

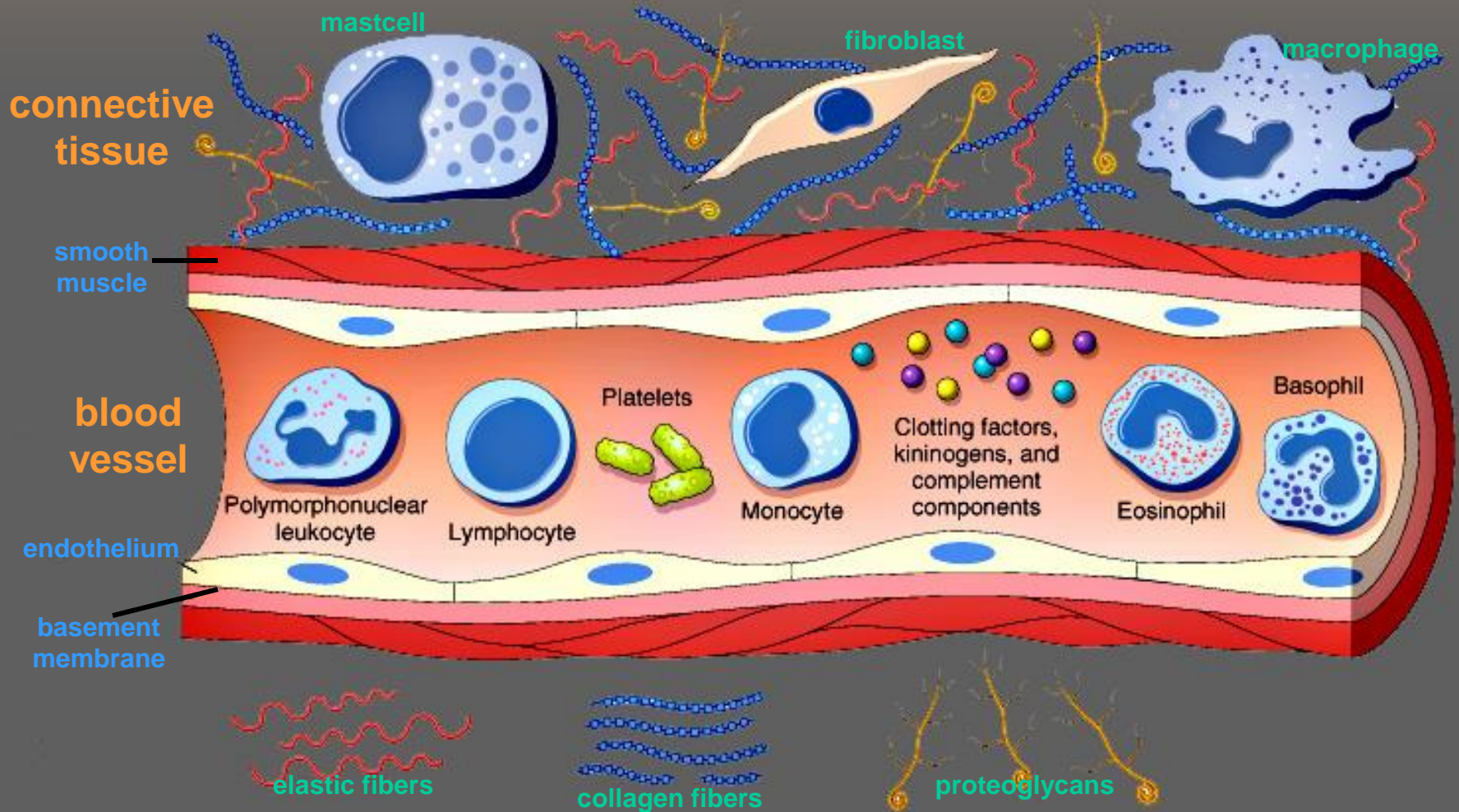
**inflammation interacts with repair**

**regenerative processes**

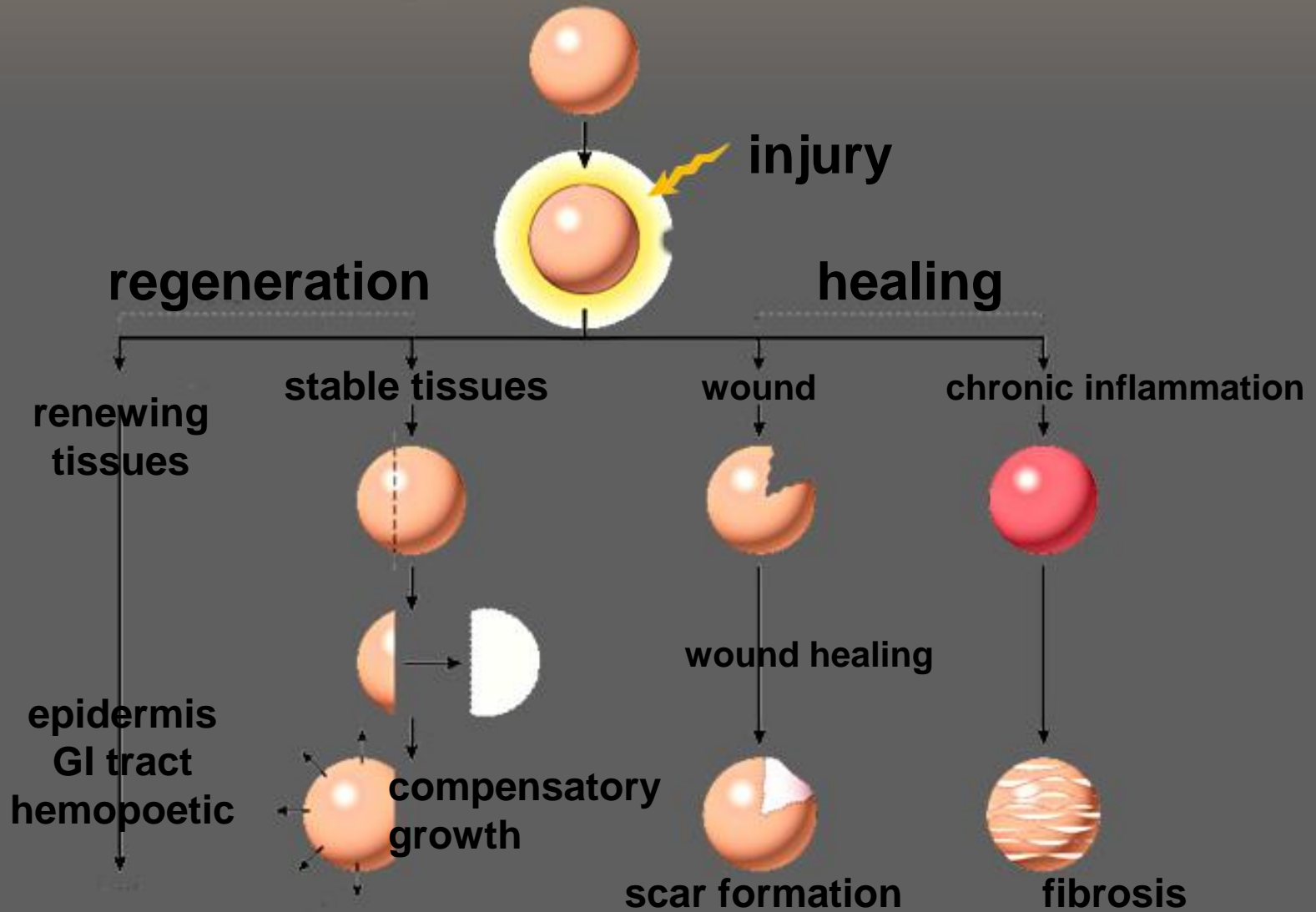
**stimulation of inflammation by**

- tissue necrosis**
- foreign bodies**
- immune reactions**

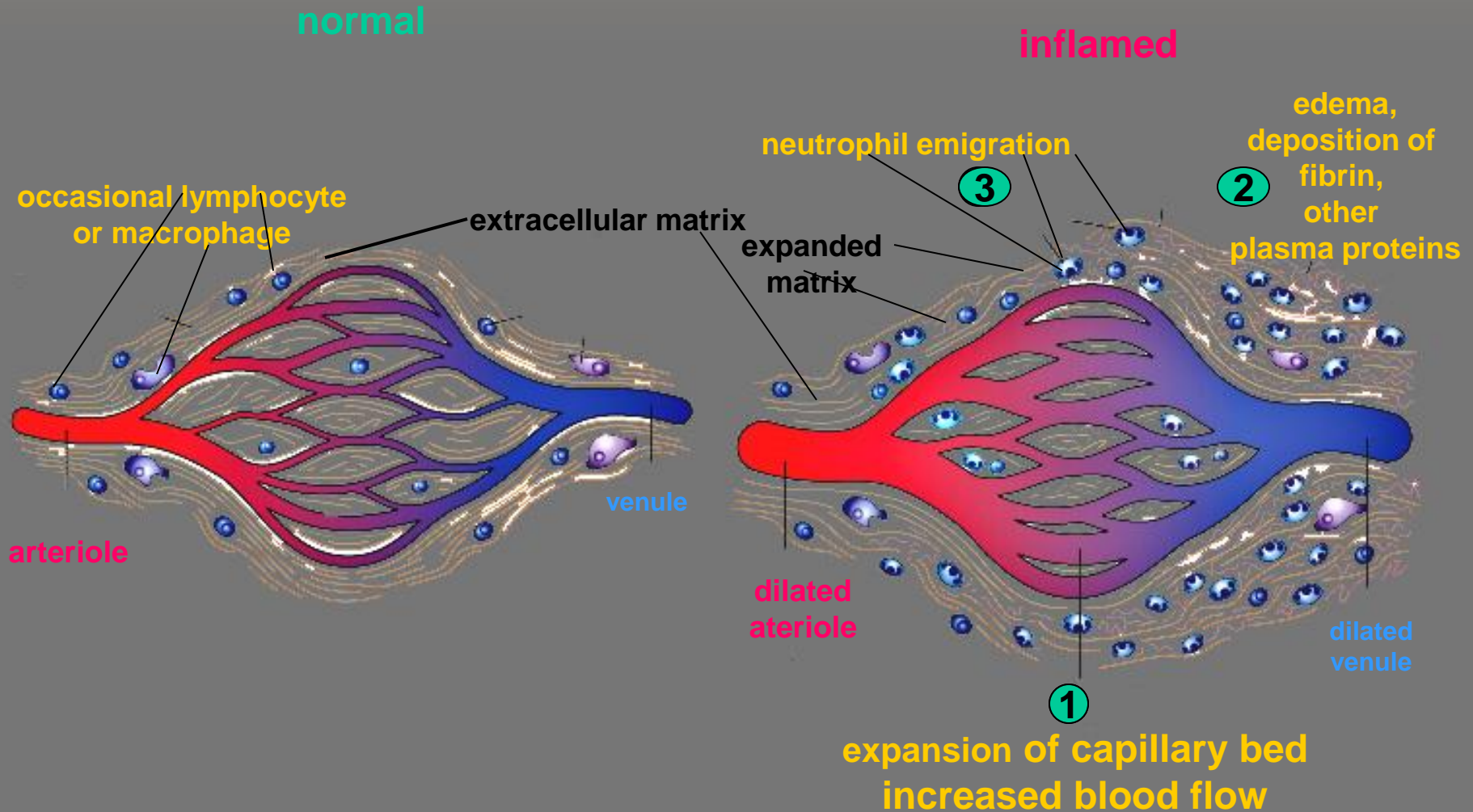
# ACUTE and CHRONIC INFLAMMATION



# TISSUE RESPONSE TO INJURY



# ACUTE INFLAMMATION

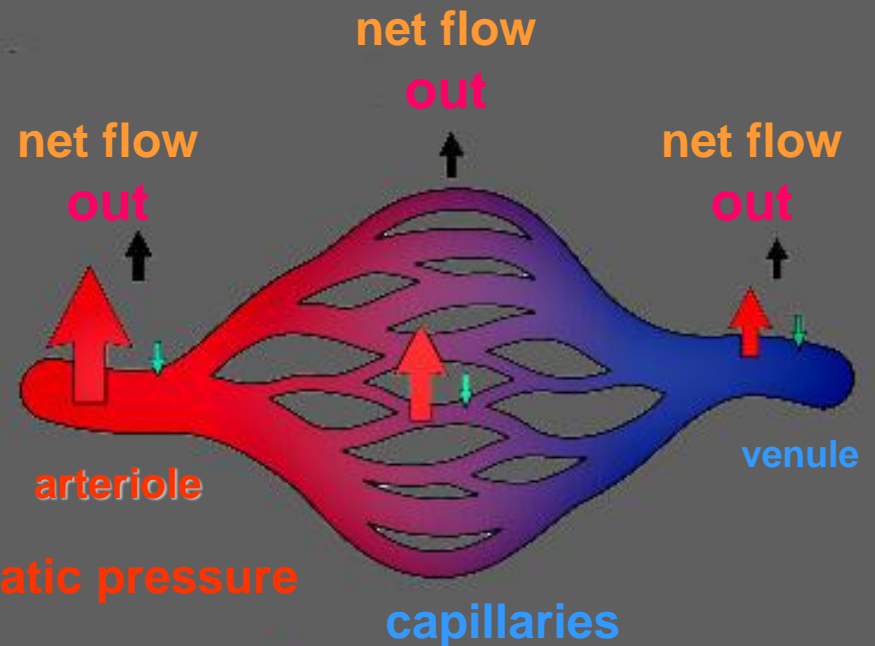
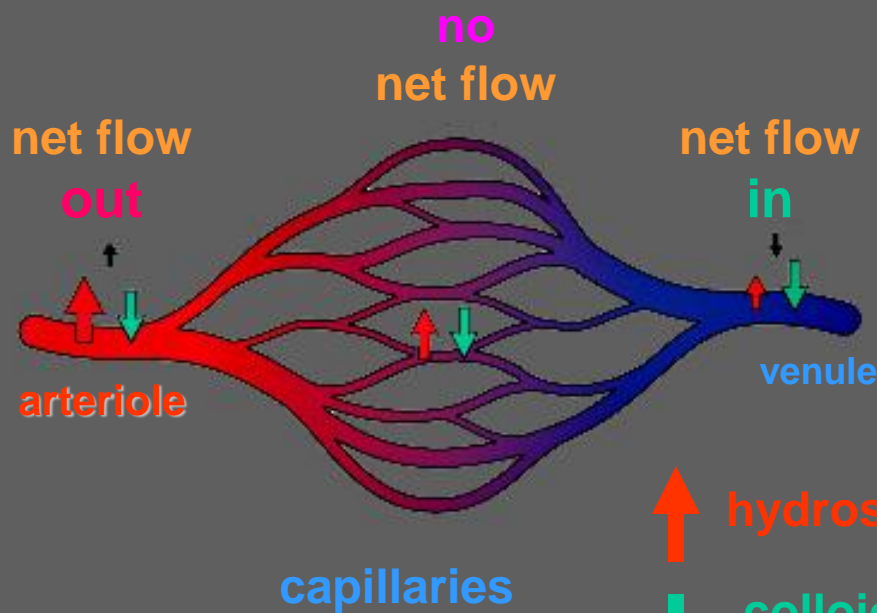




# INFLAMMATION in MICROCIRCULATION

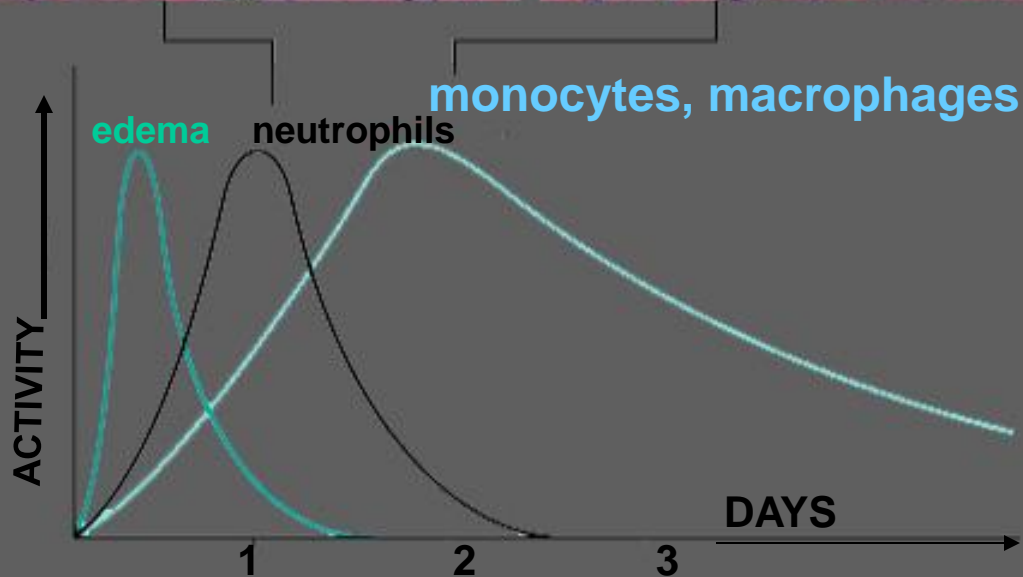
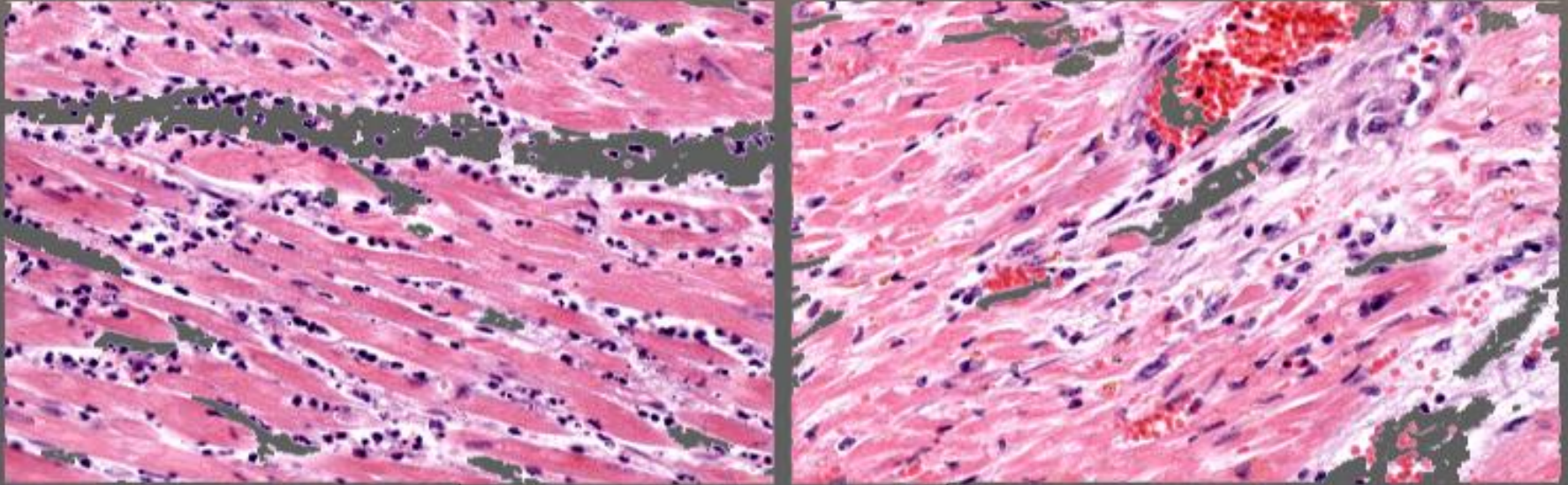
normal

acute inflammation

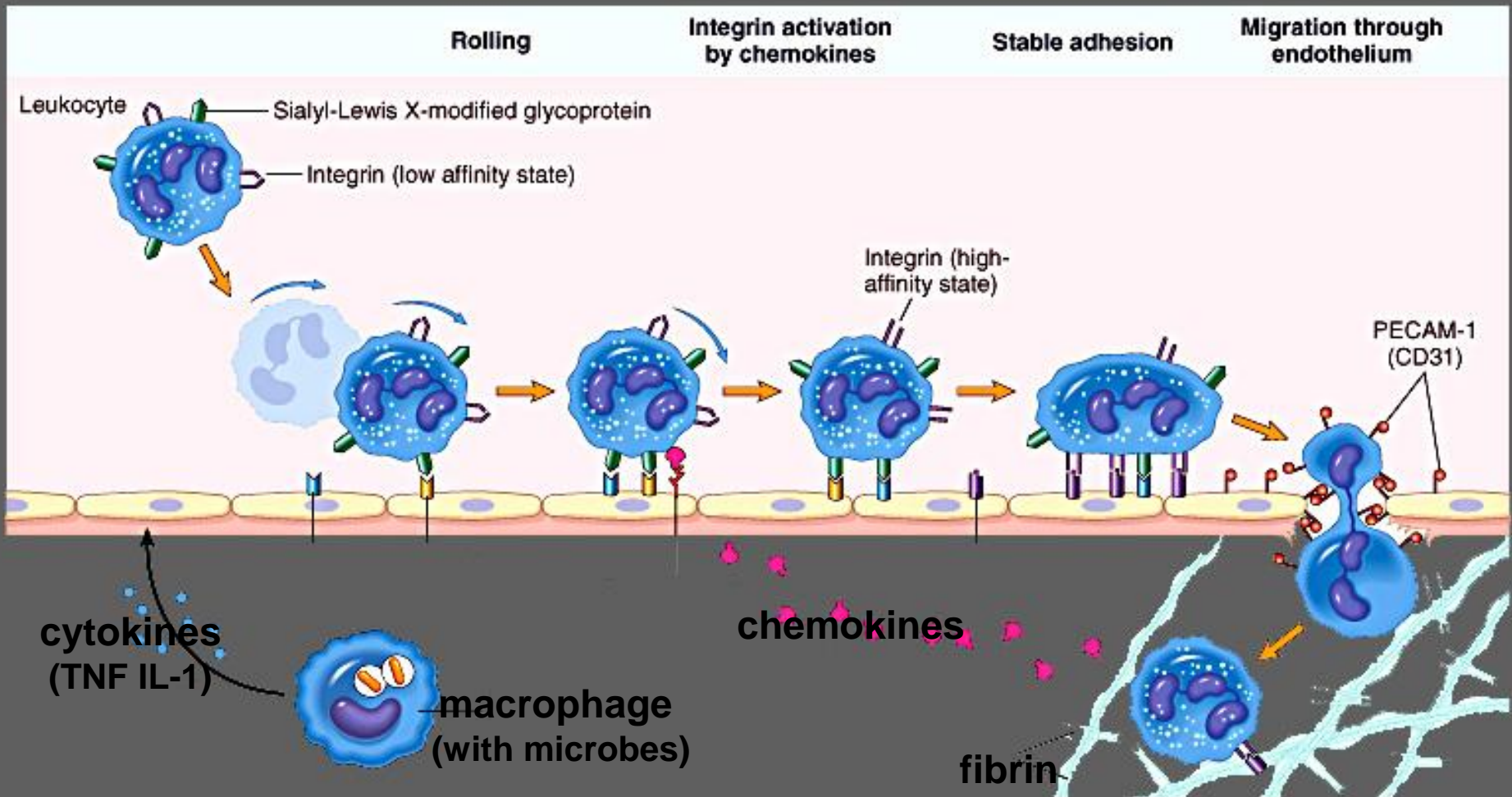


↑ hydrostatic pressure  
↓ colloid osmotic pressure

# SEQUENCE IN ACUTE INJURY

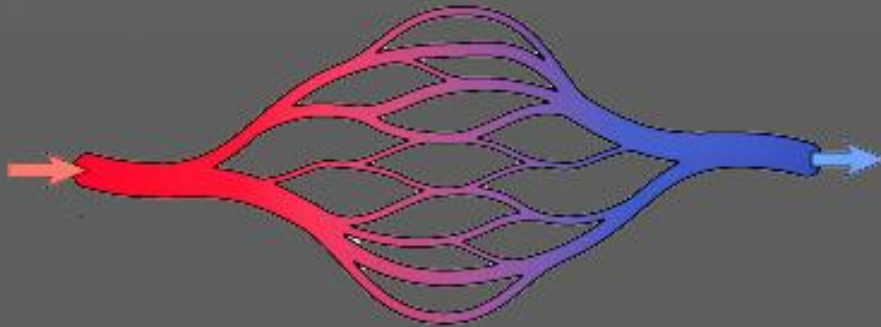


# LEUKOCYTE MIGRATION THROUGH BLOOD VESSEL WALL

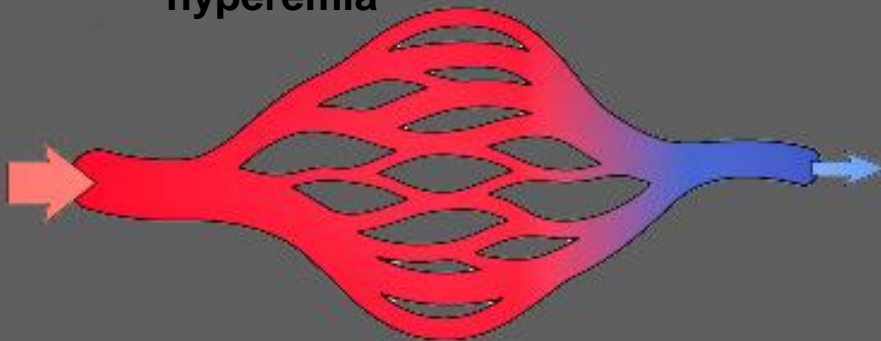


# HYPEREMIA CONGESTION

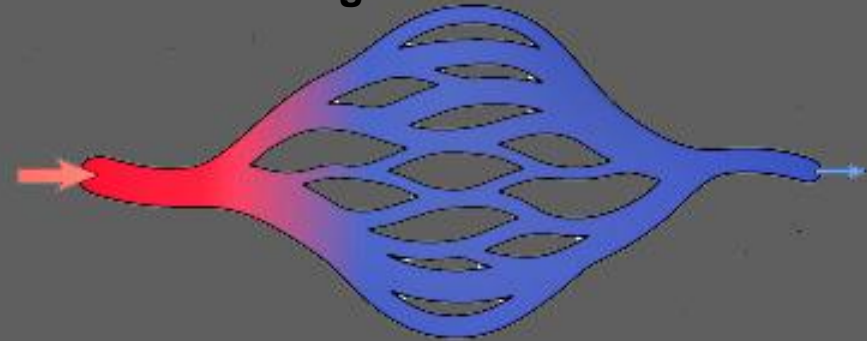
normal



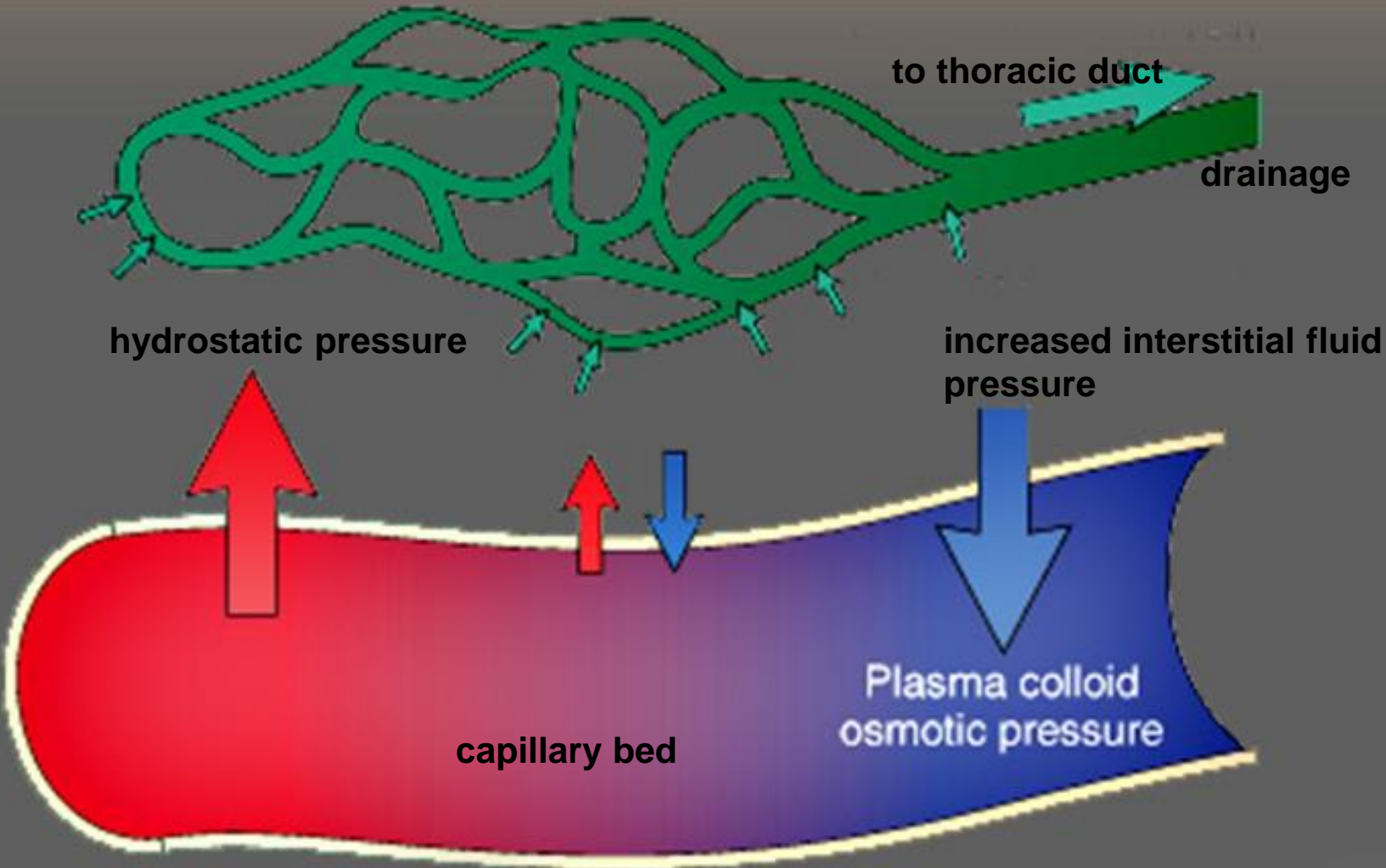
hyperemia



congestion



# FLUID BALANCE



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# FLUID BALANCE

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## *Increased Hydrostatic Pressure*

**Impaired venous return**

**Congestive heart failure**

**Constrictive pericarditis**

**Ascites (liver cirrhosis)**

**Venous obstruction or compression**

**Thrombosis**

**External pressure (e.g., mass)**

**Lower extremity inactivity with prolonged dependency**

**Arteriolar dilation**

**Heat**

**Neurohumoral dysregulation**

---

# FLUID BALANCE

---

## *Reduced Plasma Osmotic Pressure (Hypoproteinemia)*

**Protein-losing glomerulopathies (nephrotic syndrome)**

**Liver cirrhosis (ascites)**

**Malnutrition**

**Protein-losing gastroenteropathy**

---

# FLUID BALANCE

---

## *Lymphatic Obstruction*

**Inflammatory**

**Neoplastic**

**Postsurgical**

**Postirradiation**



---

# FLUID BALANCE

---

## *Sodium Retention*

**Excessive salt intake with renal insufficiency**

**Increased tubular reabsorption of sodium**

**Renal hypoperfusion**

**Increased renin-angiotensin-aldosterone secretion**

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# HEMODYNAMIC DISORDERS

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**hyperemia**

**edema**

**hemorrhage**

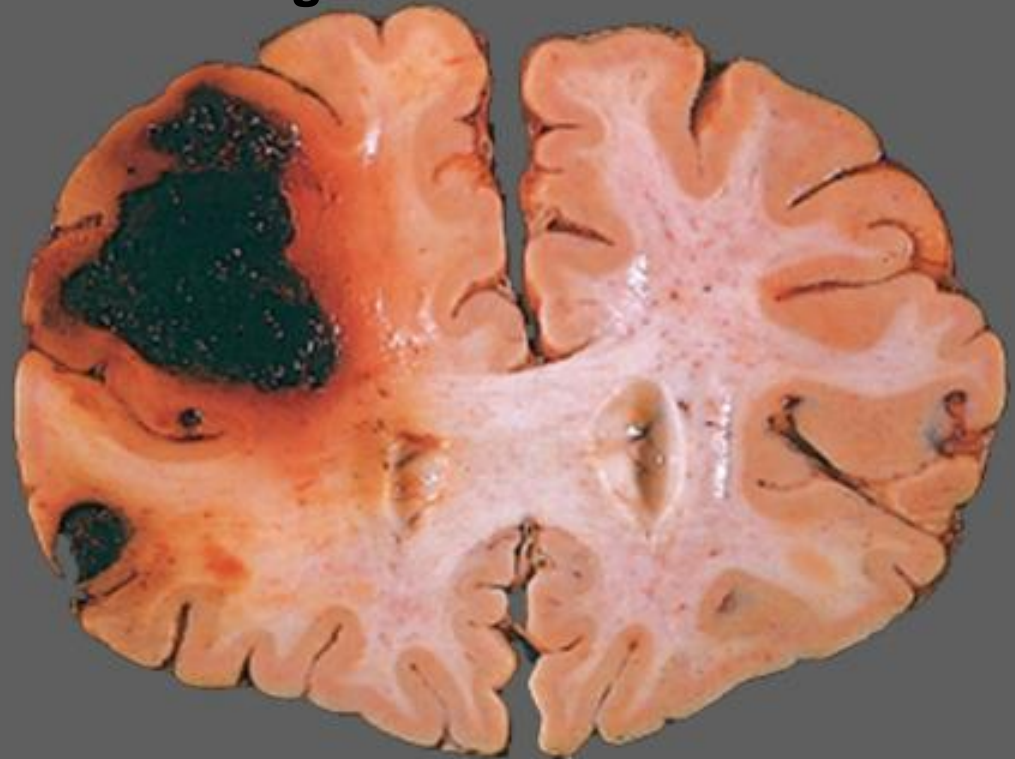
**thrombosis**

# BLEEDING HEMORRHAGE

petechia

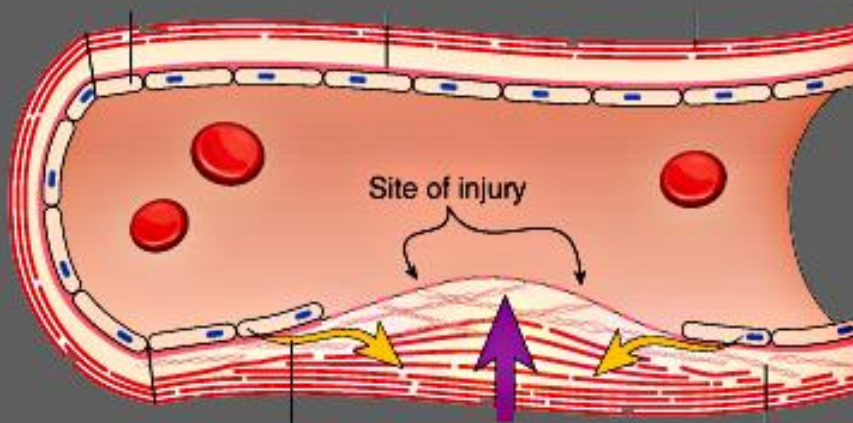


hemorrhage



# HEMOSTASIS THROMBOSIS

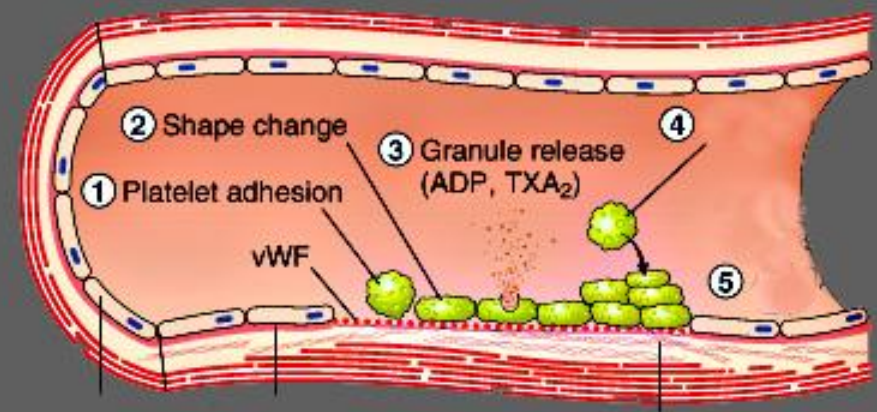
## PRIMARY HEMOSTASIS



Endothelin  
release

extracellular  
matrix exposed

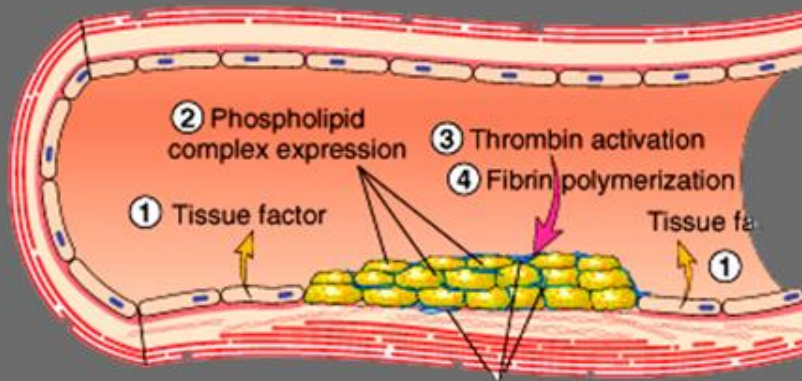
vasoconstriction



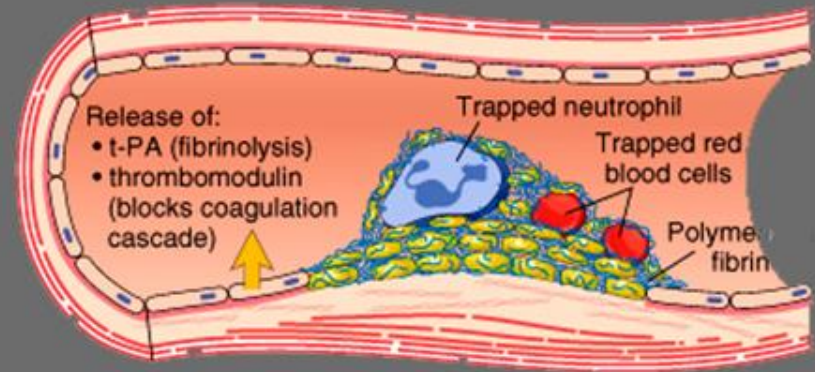
AGGREGATION  
HEMOSTATIC PLUG

# HEMOSTASIS THROMBOSIS

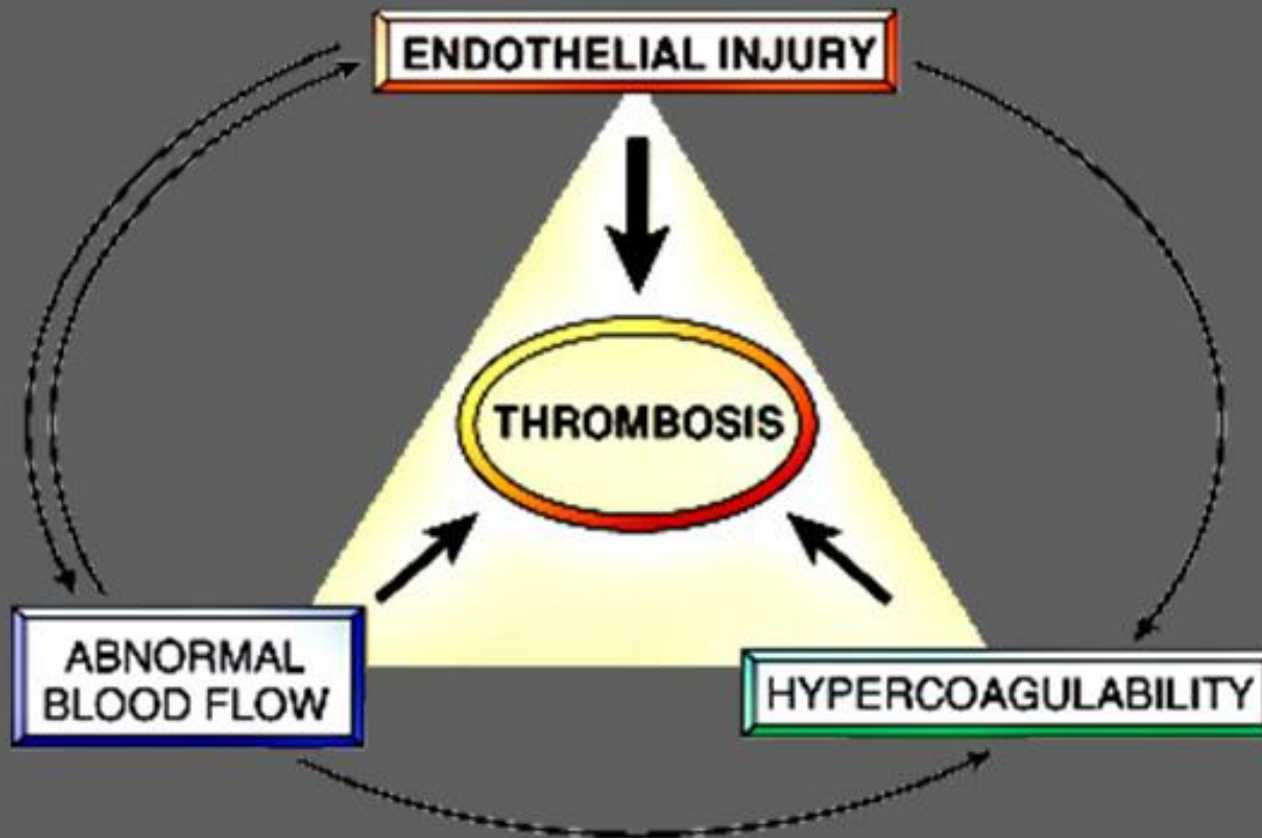
## SECONDARY HEMOSTASIS



fibrin

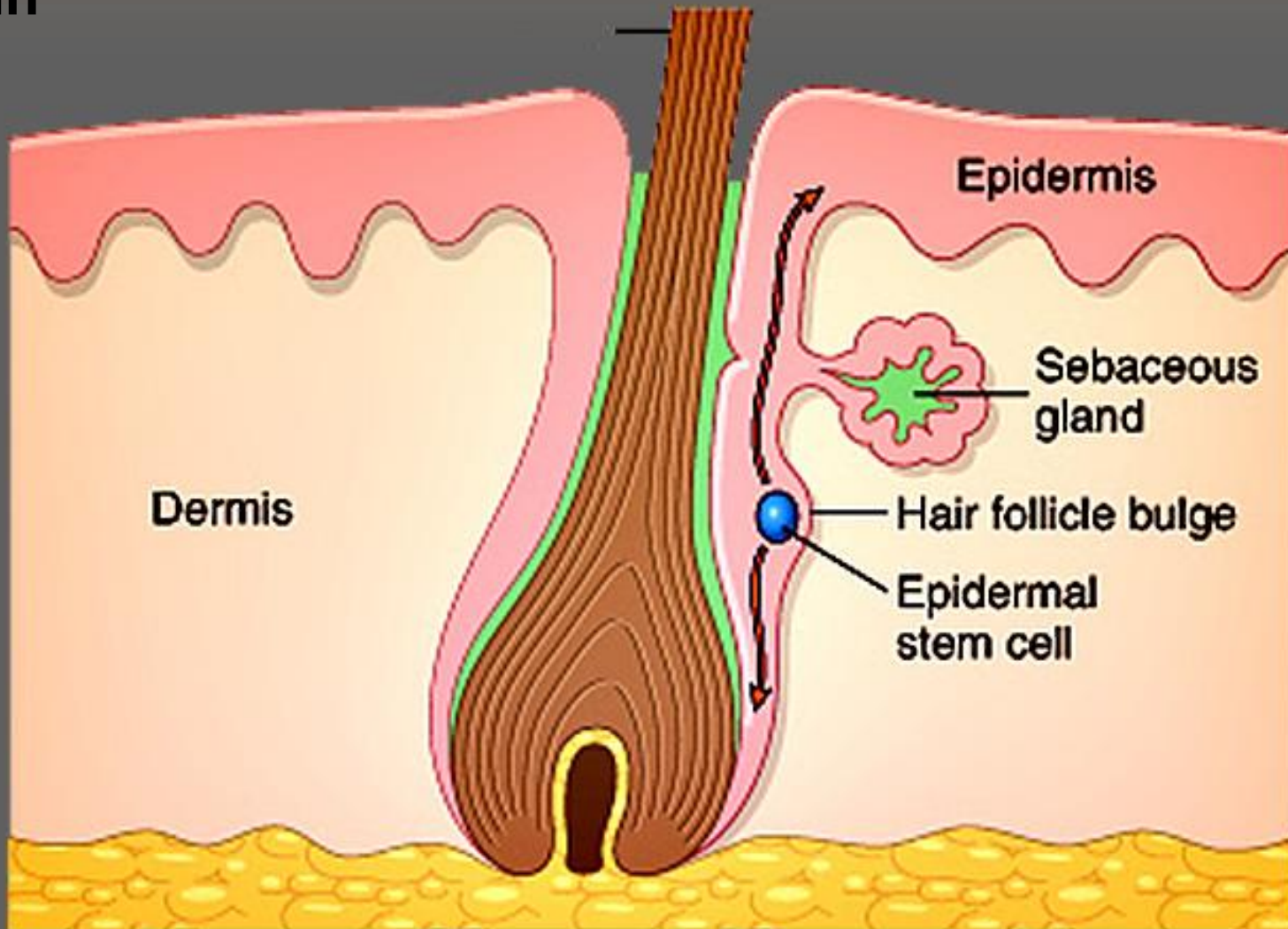


# HEMOSTASIS THROMBOSIS



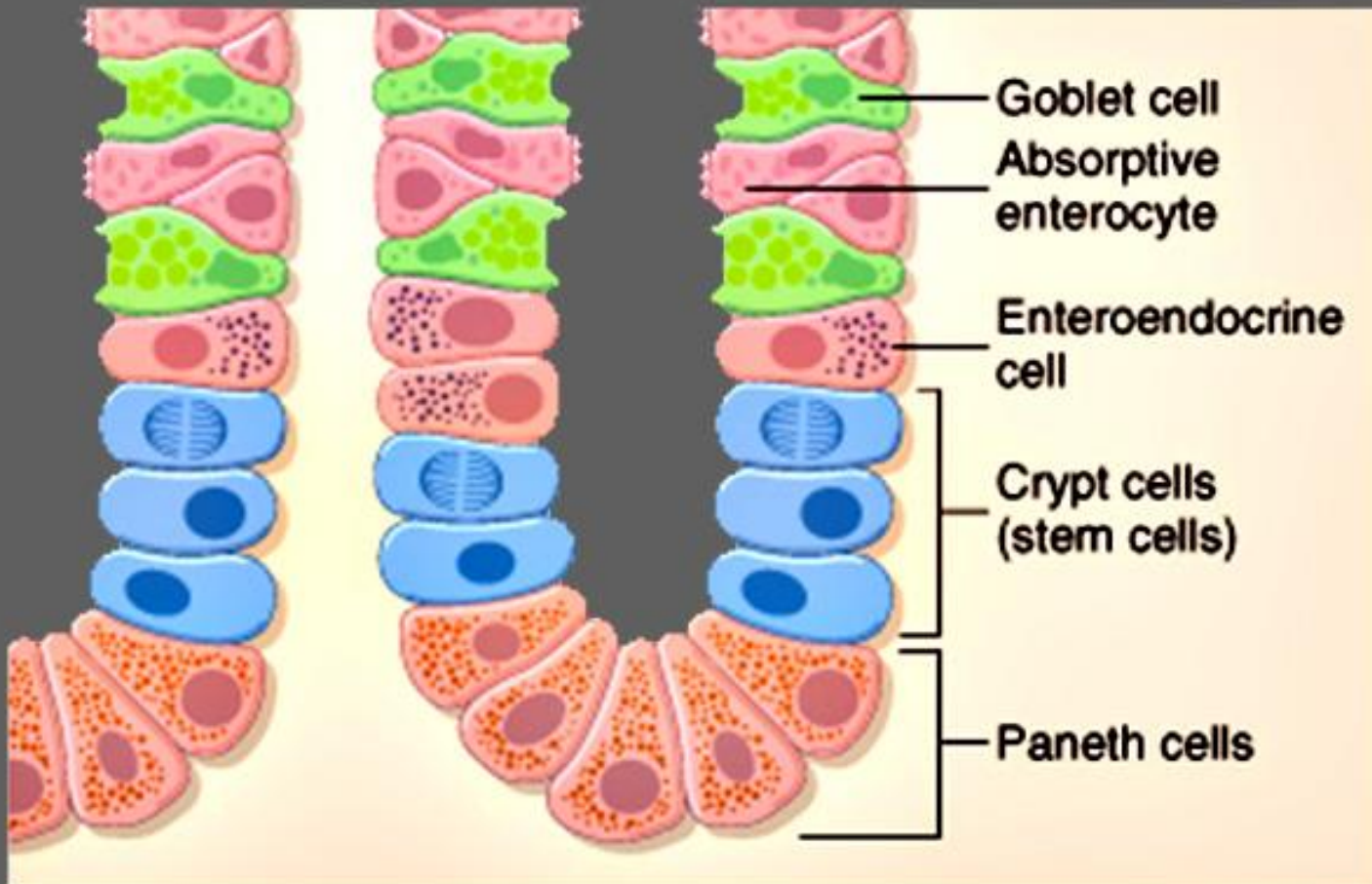
# TISSUE REGENERATION

skin



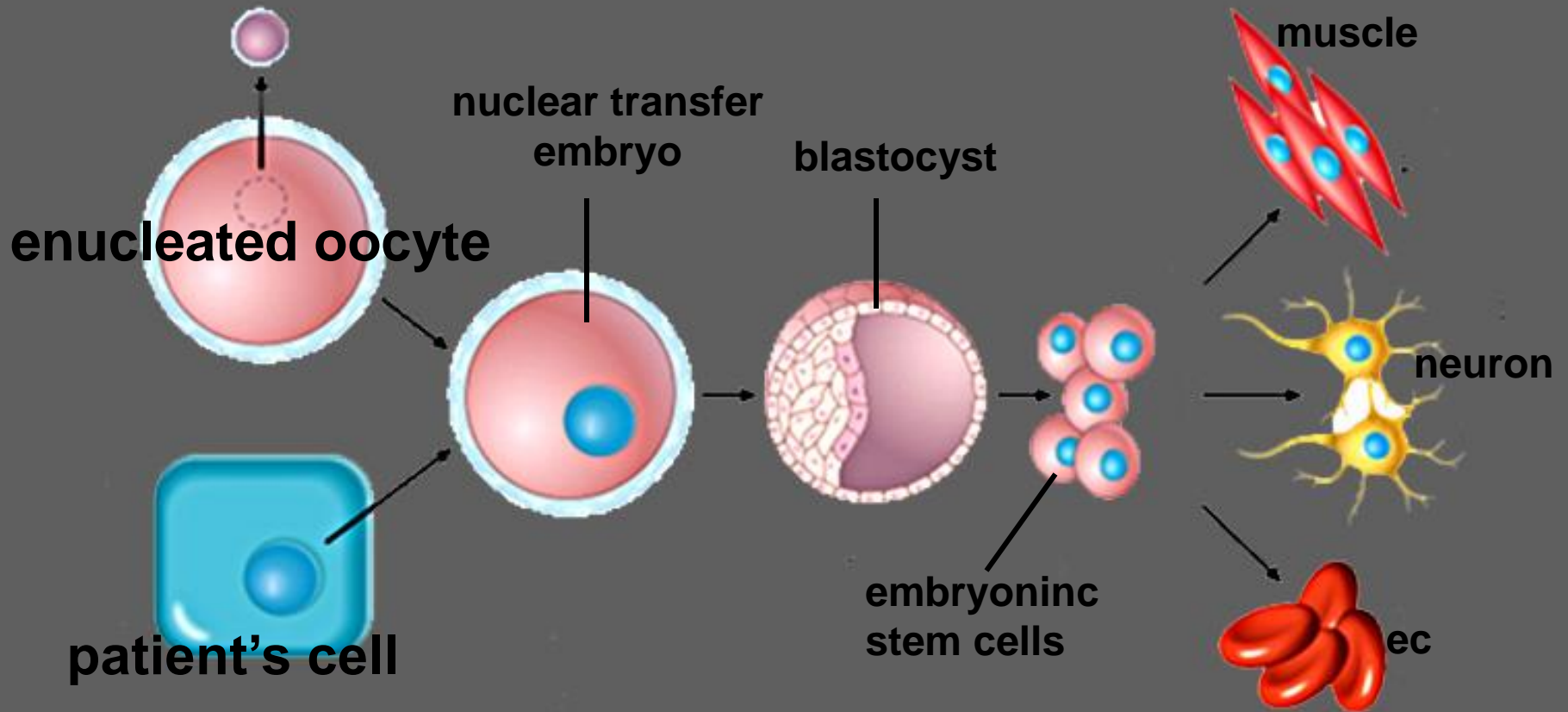
# TISSUE REGENERATION

intestine





# THERAPEUTIC CLONING



# TISSUE REGENERATION

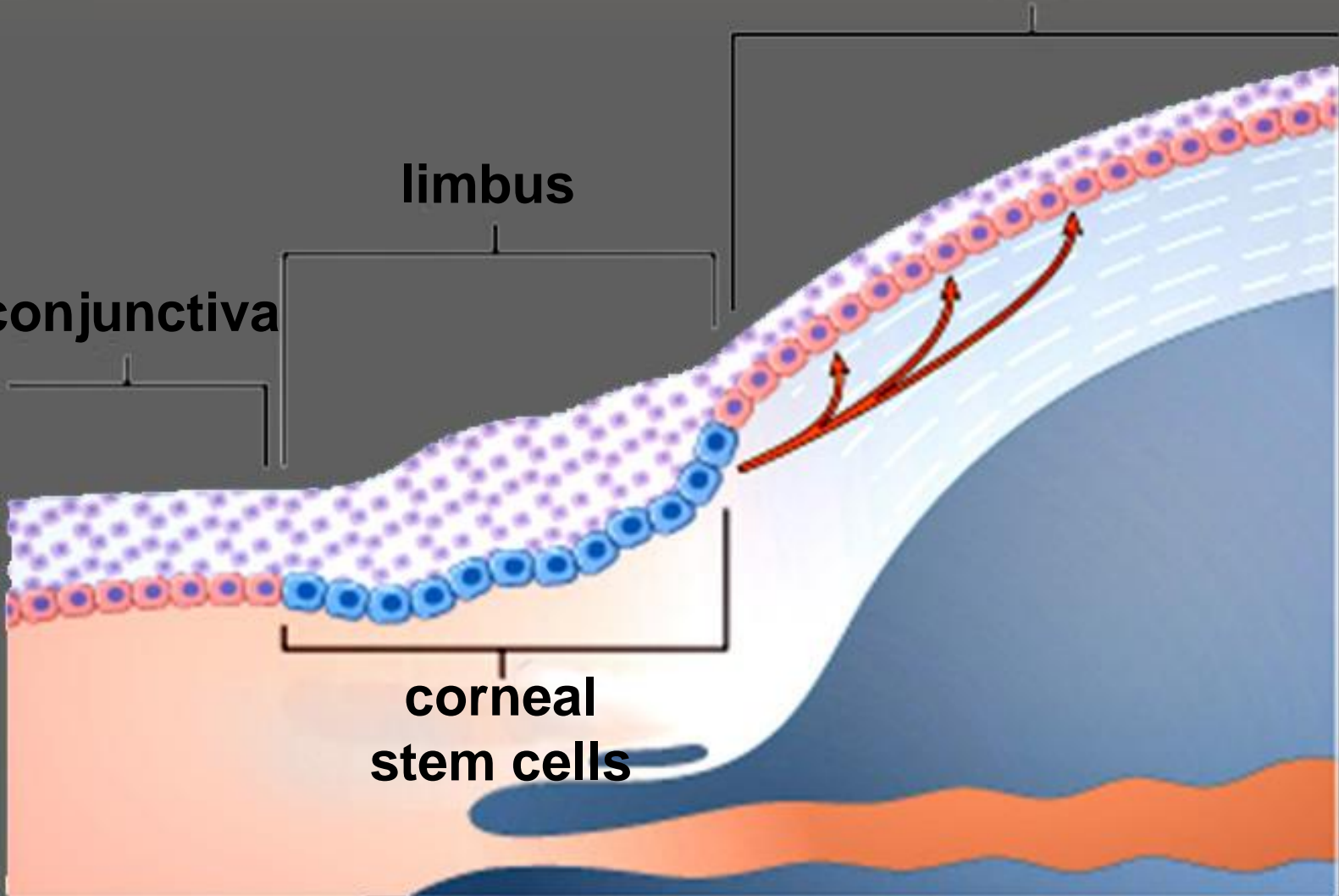
eye cornea

cornea

limbus

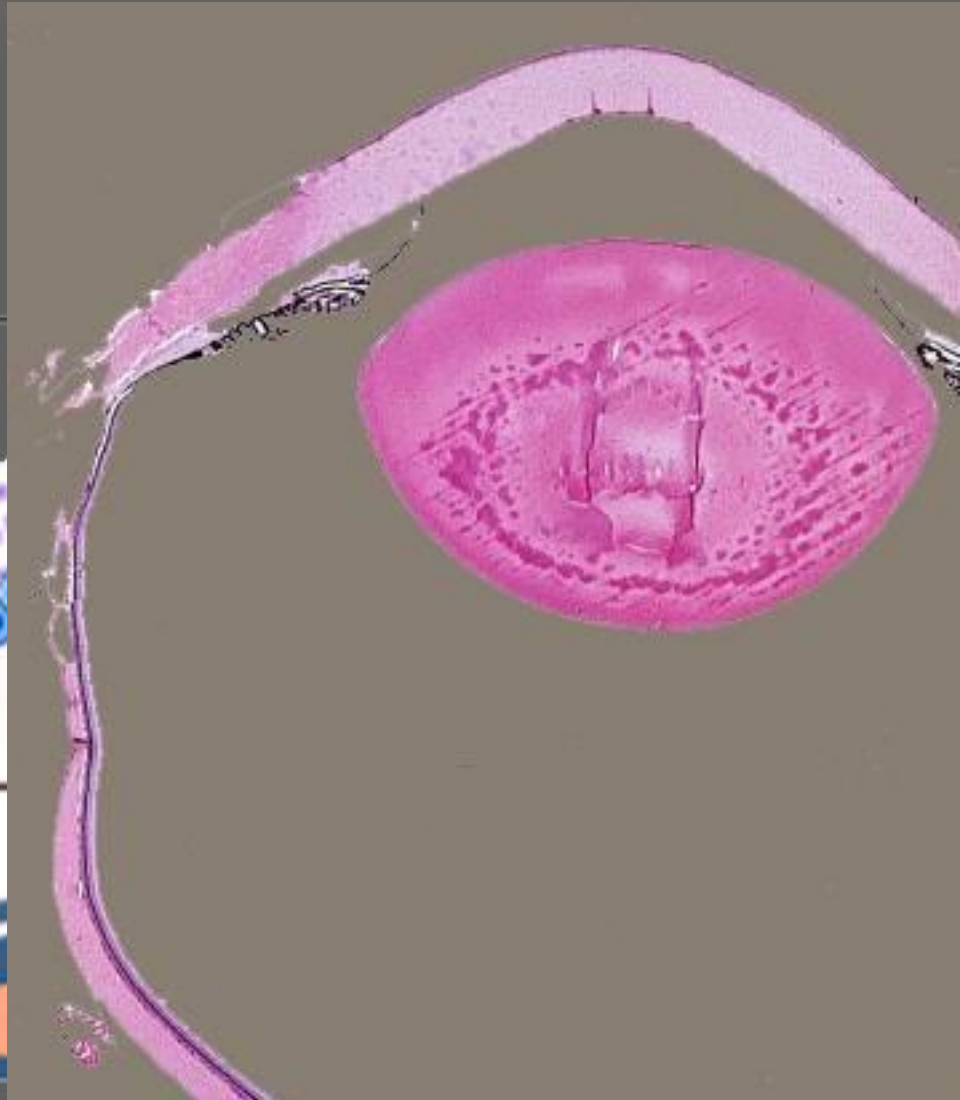
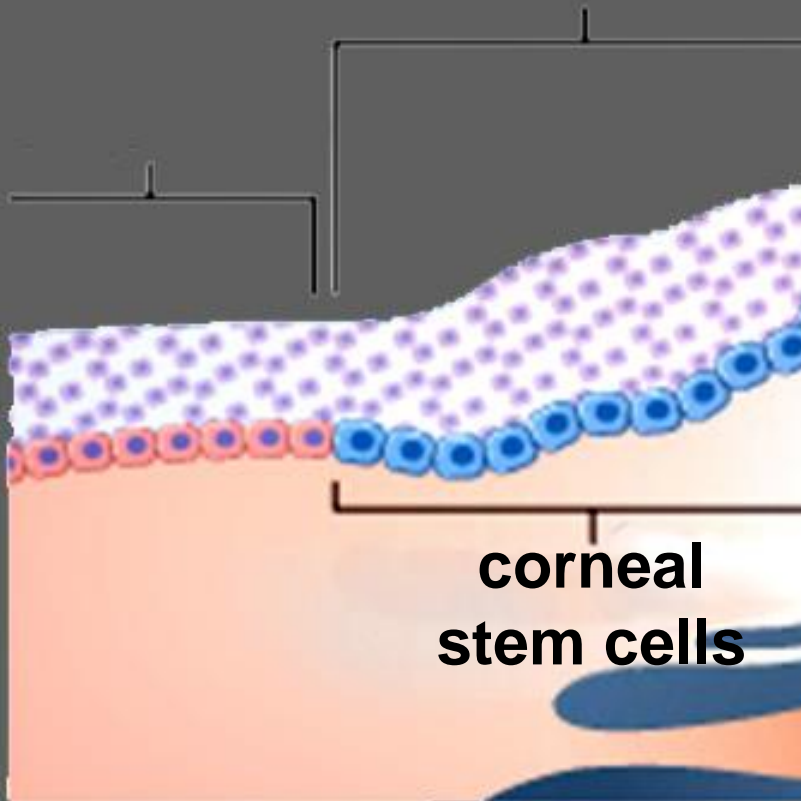
conjunctiva

corneal stem cells



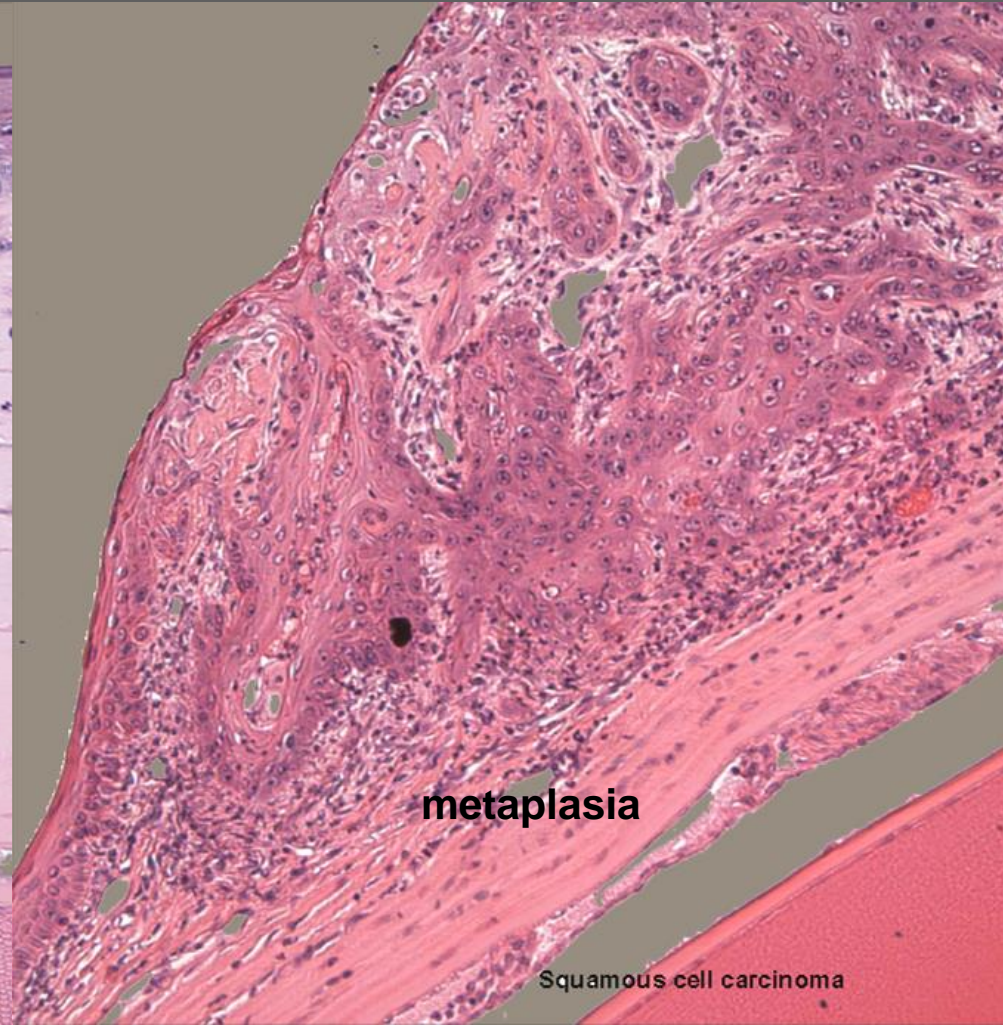
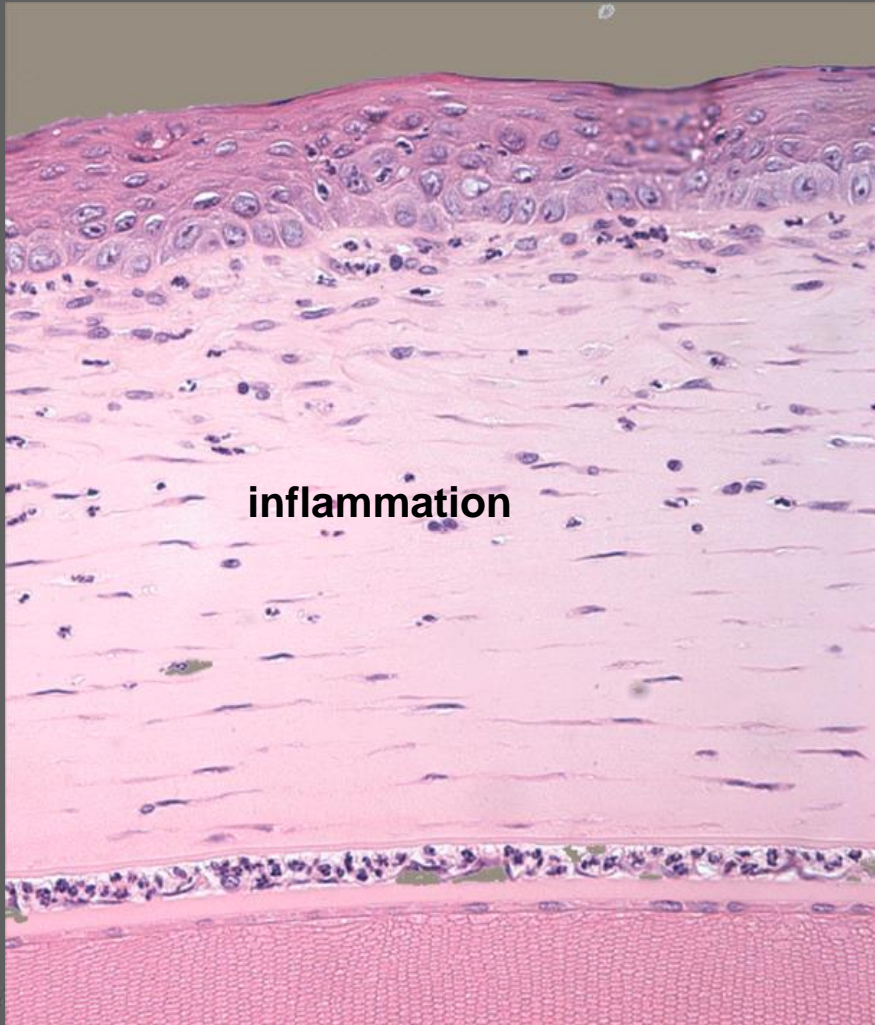
# TISSUE REGENERATION

eye cornea

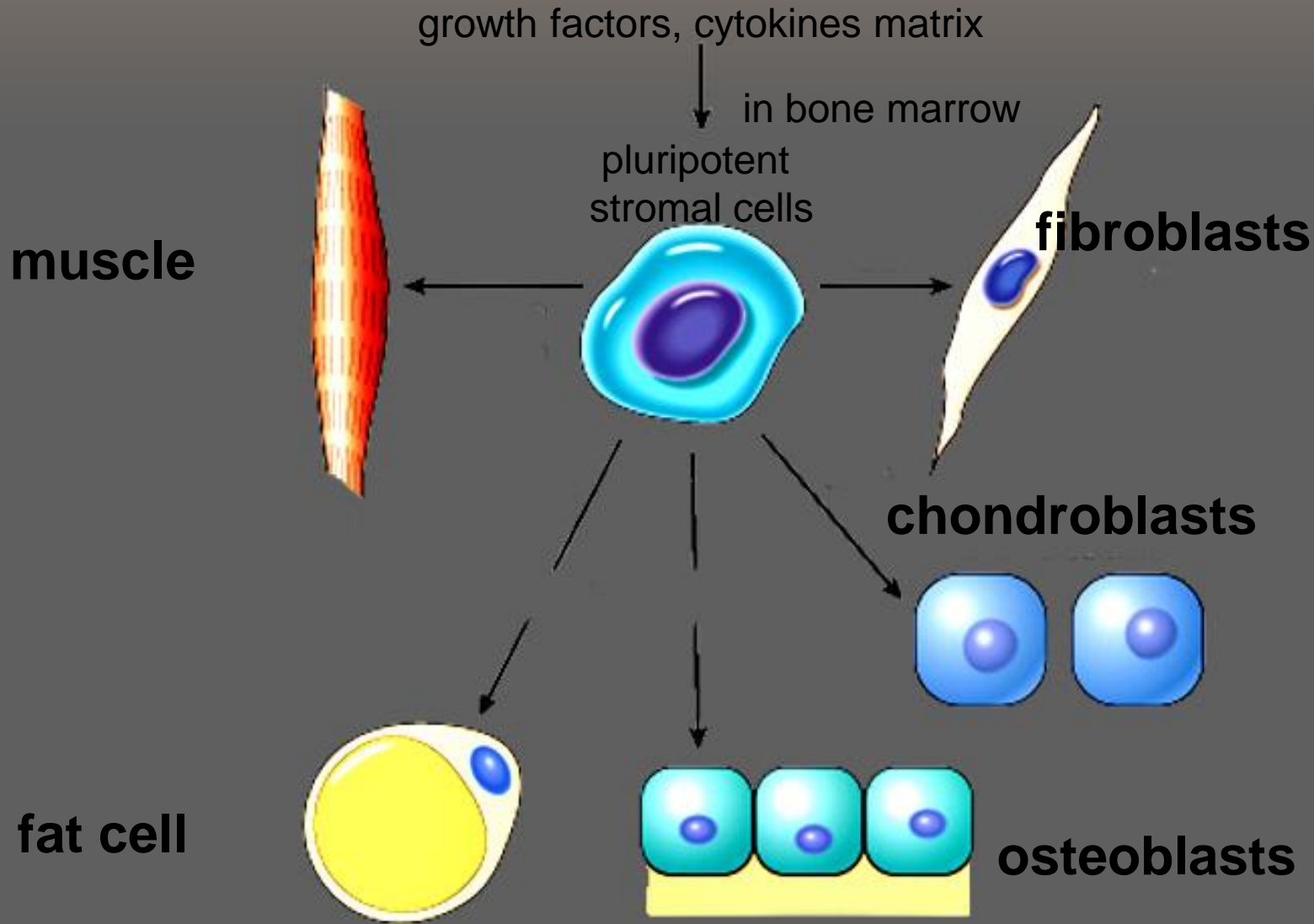


# TISSUE REGENERATION

## eye cornea

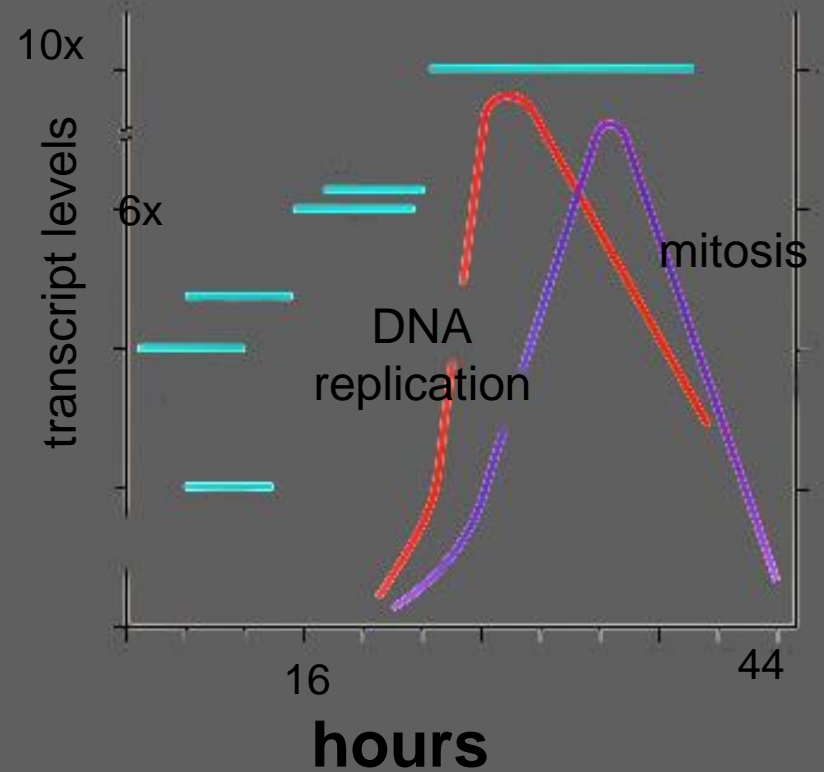
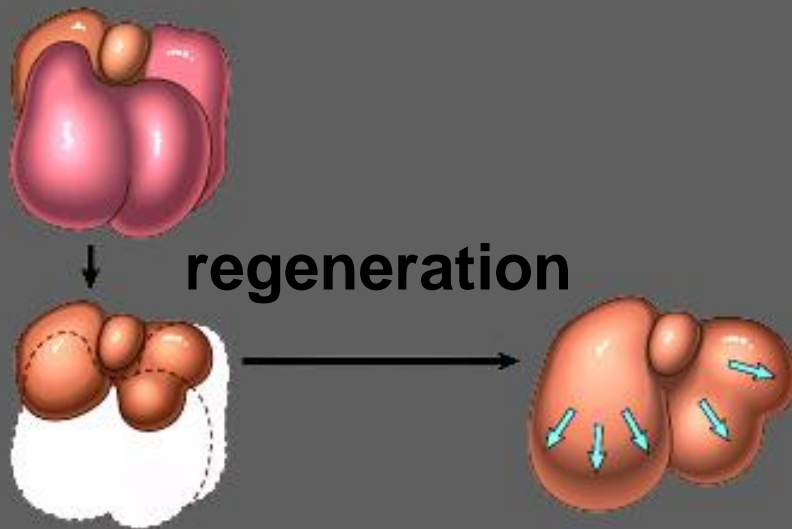


# TISSUE REGENERATION



# TISSUE REGENERATION

## liver regeneration

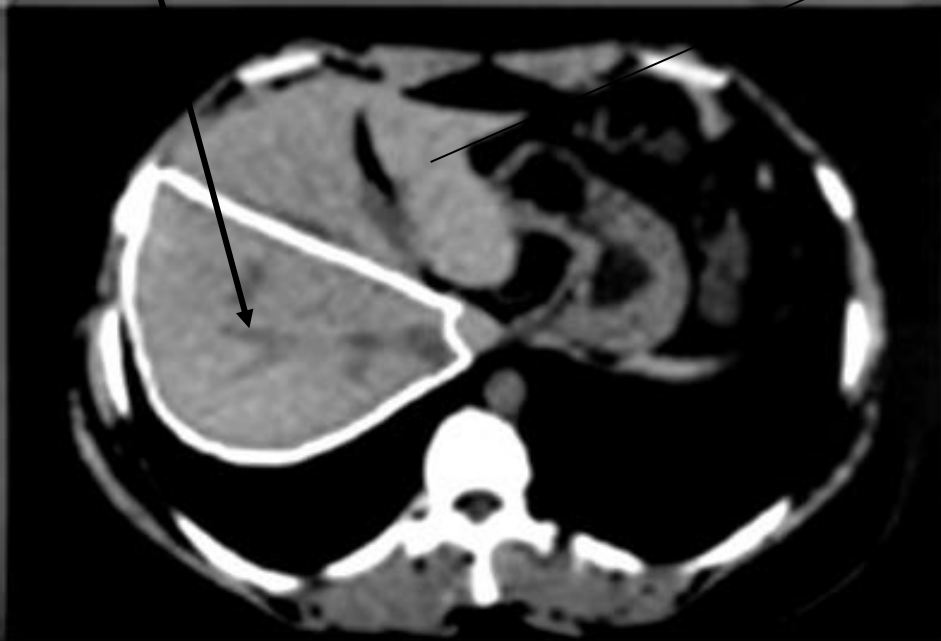


# TISSUE REGENERATION

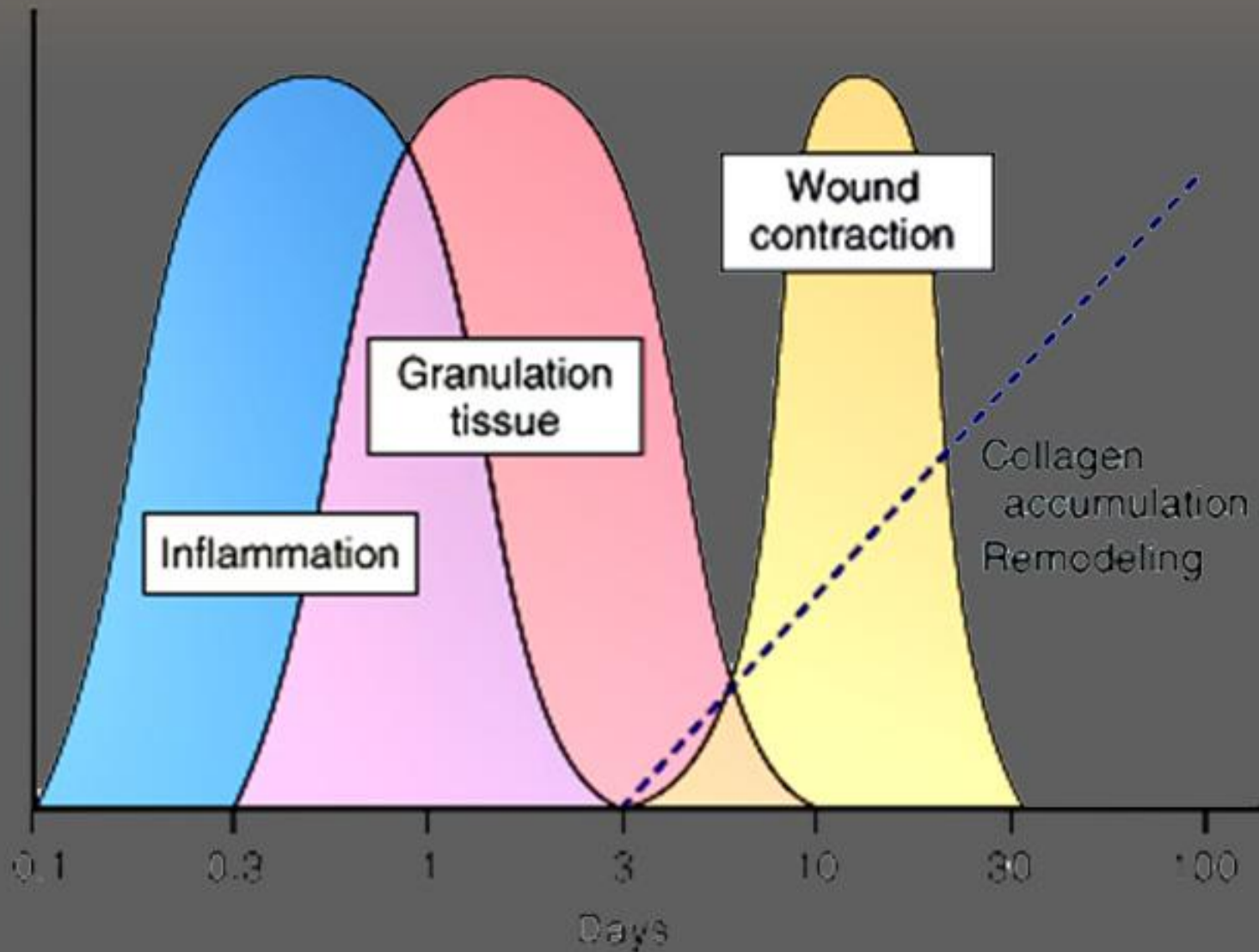
tomography

donor liver sample

regeneration



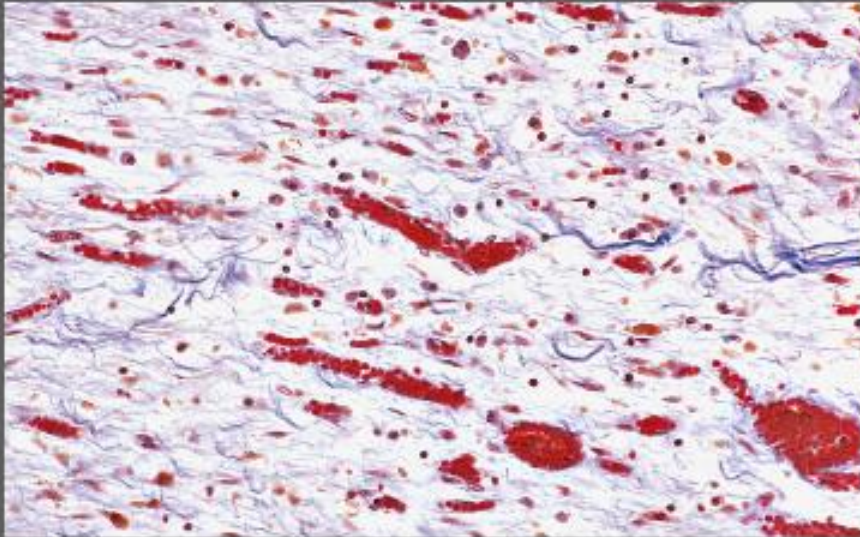
# TISSUE REPAIR



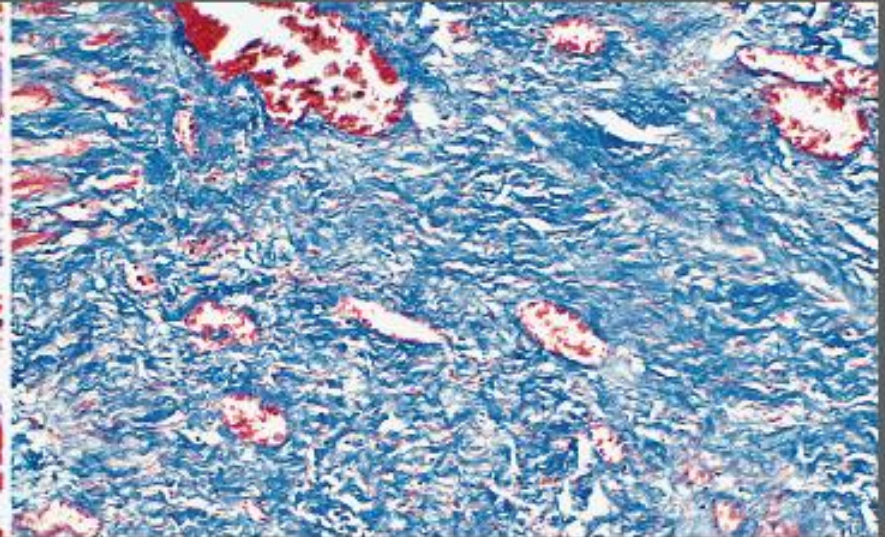


# TISSUE REGENERATION REPAIR

granulation tissue

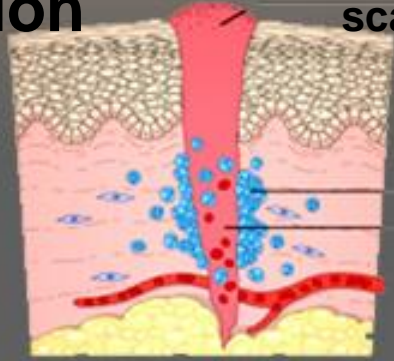


fibrosis, scar



# TISSUE REPAIR

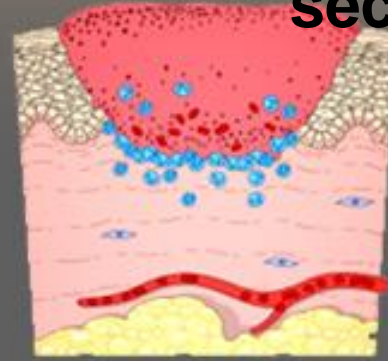
first intention



scab

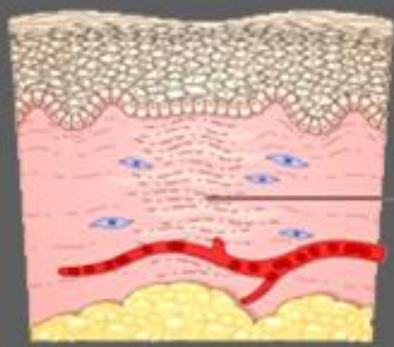
neutrophils

second intention

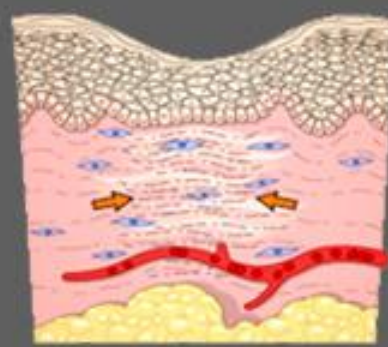


mitoses

new capillaries



fibrous union

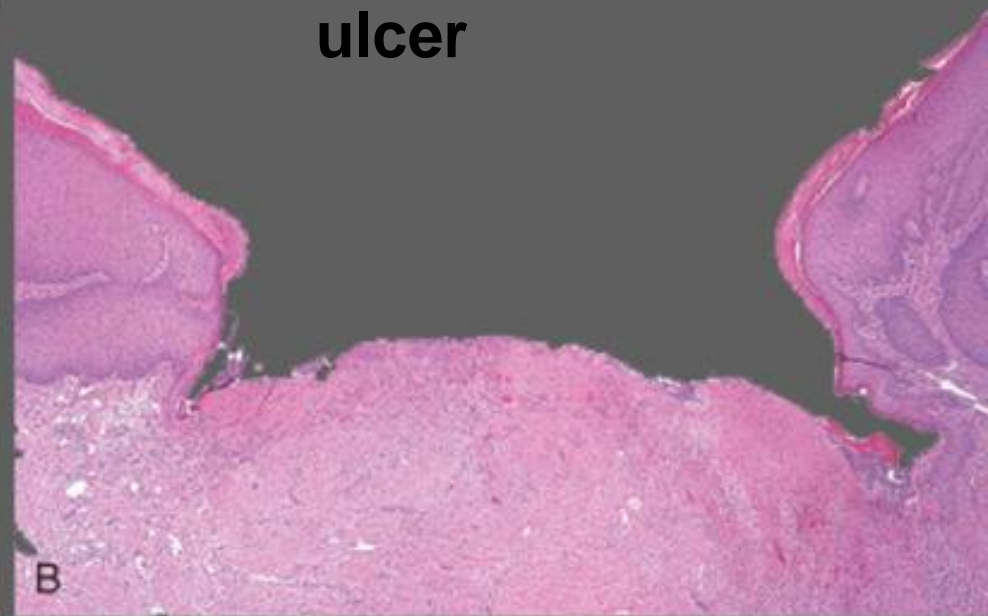


wound contraction

# TISSUE ULCERATION

healing by second intention

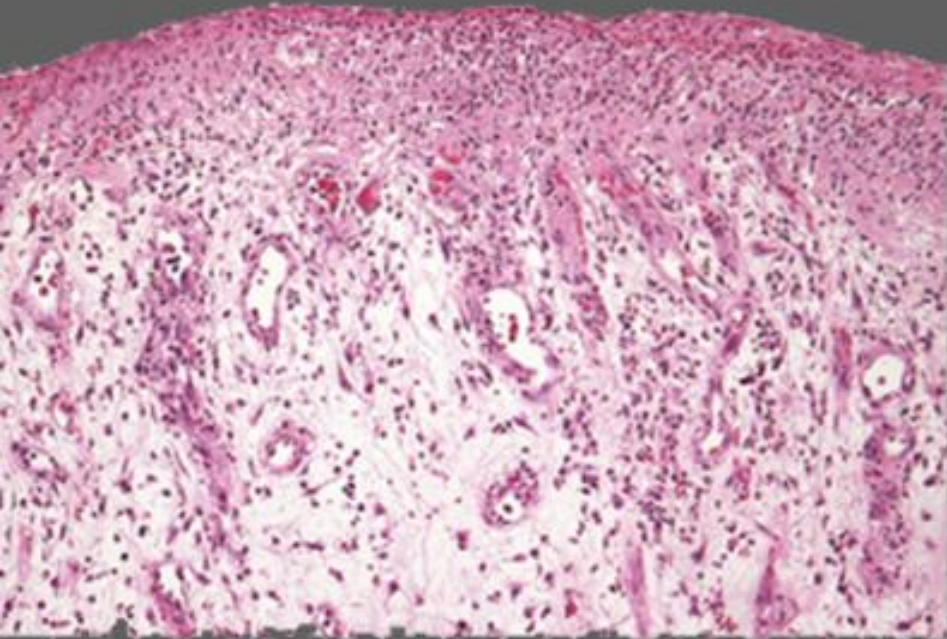
skin ulcer



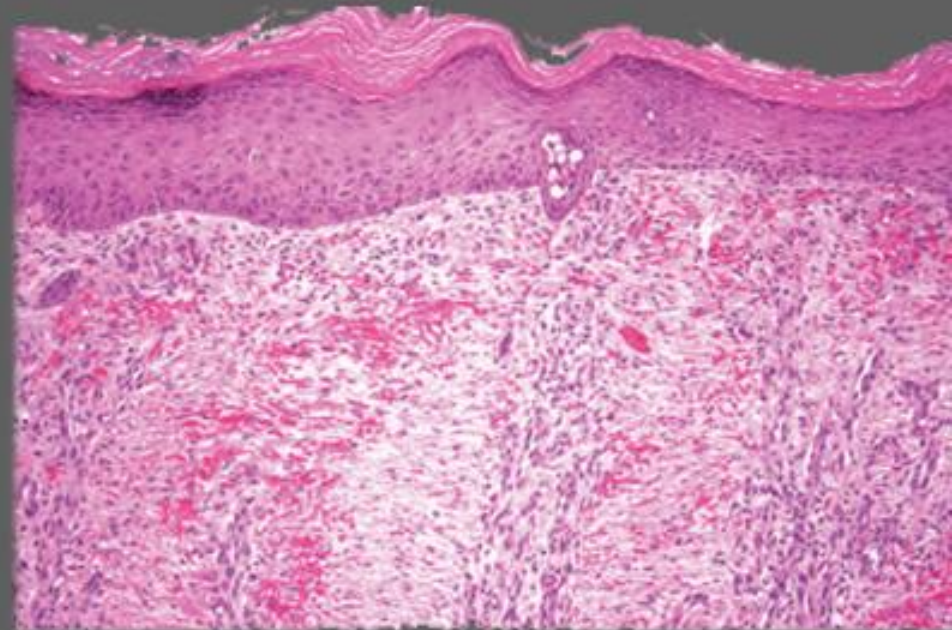
ulcer

# TISSUE REGENERATION

granulation tissue



reepithelialization



# TISSUE REGENERATION

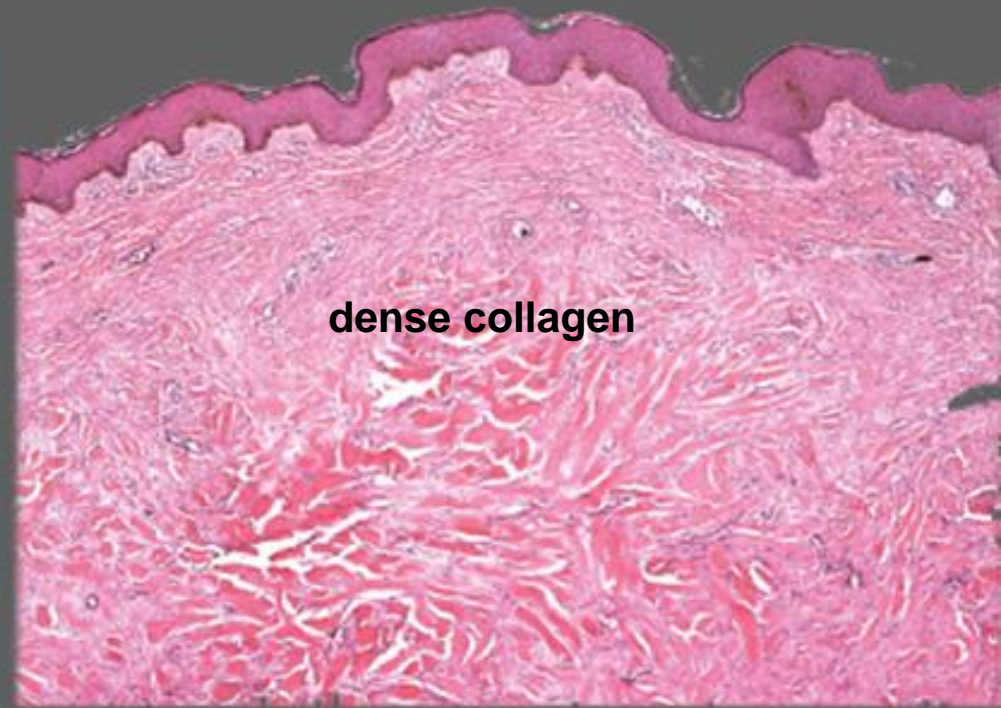
## Factors That Retard Wound Healing

Local Factors	
Blood supply	Mechanical stress
Denervation	Necrotic tissue
Local infection	Protection (dressings)
Foreign body	Surgical techniques
Hematoma	Type of tissue
Systemic Factors	
Age	Malnutrition
Anemia	Obesity
Drugs (steroids, cytotoxic medications, intensive antibiotic therapy)	Systemic infection
	Temperature
	Trauma, hypovolemia, and hypoxia
Genetic disorders (osteog. imp., Ehlers-Danlos syndromes, Marfan syndrome)	Uremia vitamin deficiency (vitamin C)
Hormones	Trace metal deficiency (zinc, copper)
Diabetes	
Malignant disease	

# TISSUE REPAIR

abnormal tissue reaction with excessive fibroplasia  
collagen deposition

keloid



# TISSUE REPAIR

## Growth Factors and Cytokines Affecting Various Steps in Wound Healing

<b>Monocyte chemotaxis</b>	PDGF, FGF, TGF- $\beta$
<b>Fibroblast migration</b>	PDGF, EGF, FGF, TGF- $\beta$ , TNF, IL-1
<b>Fibroblast proliferation</b>	PDGF, EGF, FGF, TNF
<b>Angiogenesis</b>	VEGF, Ang, FGF
<b>Collagen synthesis</b>	TGF- $\beta$ , PDGF
<b>Collagenase secretion</b>	PDGF, FGF, EGF, TNF, TGF- $\beta$ inhibits